



By Mr. Cole Dweather
C.D./ Section Editor/ Staff Writer

WONDERFUL WINTER WEATHER

By this time of the year, these shenanigans that winter has been playing on us have been getting rather annoying, somewhat hated by some, but, oddly enough, still loved and even worshipped by others. When first thought about, the thought of a freak snow storm hitting the area, coating the earth in a beautiful blanket of white ice, is a pleasant one filled with smiles and laughter and the possibility of class being cancelled. This is the thought that is loved. The one that thinks only in the “now” and ignores everything that comes with it. Sure, getting to sleep in a bit longer than normal is nice, and hitting the biggest hill on campus on a piece of plastic brings forth a laugh or two, but looking at the situation holistically, one will realize that there is a lot more than comes with this slice of pie.

For one, driving conditions become hazardous in a heartbeat when the slow decides to be mischievous. While you may be out playing in the lovely powder, you may have a loved one trying to get to work in order to make a paycheck to pay the heating bill and slide off the road, get stuck in a ditch, and have to vacate the protection of the their vehicle in an attempt to get their car out of the sticky situation and return to their game plan. Snow doesn’t sound as good now does it? However, maybe all your loved ones live in Florida or Texas where there is no threat of dangerous driving conditions. Let’s look at the situation from your point of view. You don’t have anyone in danger to worry about, and you are safe in your residence hall room. You leave your room to go out and make a snowman or snow rhino or other such statue, and don’t have class to worry about because they got cancelled. Sounds like a perfect situation, right? Wrong! What happens when you finally get back to class after the whole charade has ended? In the syllabus of most classes, the exact schedule for the semester is posted, down to the day. When one of those days are taken out of the equation, the teacher must accommodate for that, as to remain on the original schedule. So unless you used your snow day to do whatever it was the syllabus said you were supposed to do that day, which, let’s be honest, is extremely doubtful, you now have twice as much work as you ordinarily do for one class day, and you must find a way to catch up on everything. Again, snow days don’t sound so good anymore, do they?

The fact of the matter is that these pop up snow storms which hit at the end of

January presented problems, not only for Montgomery, but for basically the entire state of West Virginia. Schools in all 55 counties, were closed on Tuesday, January 21st, including our beloved home, WVU Tech. Kanawha county was one of the counties whose schools were closed, and is the same county whose schools were closed for the water issue, as you may remember was a huge issue during January. These schools haven’t been open since January 9th, and once finally cleared to have their doors reopen, snow decided to alter those plans, and give those kids some more days away from their lockers.

For those students who live and breathe in high school to play sports, your plans were also strongly altered due to the snowfall. Basketball games were cancelled left and right due to hazardous road conditions, and the athletes were forced to staying inside and practicing, something they may love to do, but are getting tired of doing. With the sectional tournaments already scheduled, cancelled games in the regular season present a huge problem. The tournament date is a deadline in which all regular season games must be completed by, and with 8 boys games and 3 girls games already cancelled locally, this feat may be challenging to complete.

Schools aren’t the only thing taking hit with the weather issues. While they are often the first to be thought of, airports also have trouble operating with high amounts of snowfall. Yeager Airport, located just outside of Charleston in Kanawha County had a hard hit during January, and departing flights were forced to be delayed for up to three hours, while arriving planes suffered up to a four hour delay. This is, of course, if you were lucky, for other flights were simply cancelled completely, forcing their passengers an unhappy travel while they searched for alternative methods to get where they were going.

Whatever your opinion is of the snow filled weather conditions, you can’t deny that it is a hit on our state and causing a lot of misfortune for a lot of people. We, as students, may enjoy our time away from the classroom, for it allows us much more time to hit the books and catch up on homework assignment and projects, which is, of course, what we are all doing with our free time. As we sulk in the fortunate string of events which brought us where we are, we must think how this affects others, mostly negatively, and be thankful that we are not affected as hard.

ENTER TO WIN A CHANCE TO GET A \$20 GIFT CARD TO EL JALISCO FOR A SPECIAL VALENTINES DAY DINNER

Turn this Coupon into Karen Skaggs in Old Main Room 325 by
February 12th with your name and phone number on it. Drawing
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By Brian Warden
Section Editor/ Staff Writer

DON'T DRINK THE WATER

The old statement “Don’t Drink the Water” took a new meaning in the heart of the state recently. Anyone who has seen a news broadcast, logged on to Facebook, or has spoken to anyone surely knows about the chemical leak that left Charleston and surrounding area “hanging high and dry” for a week.

West Virginia American Water experienced a leak that left 300,000 plus customers with contaminated water. 7,500 gallons of water was contaminated by the time the leak was detected and before the plant could stop all water distribution. Over 100 people have gone to hospitals with complaints of rashes and irritation. Of those 100 plus victims, 46 of those victims occurred after the customers were told they could flush their pipes.

It is safe now for all contaminated areas to use the water now that the chemical, “Crude MCHM”, has reached the 1-part-per million threshold established by the Centers of Disease Control. 1-part-per million threshold means that the chemical is still present in the water, but at the estimated levels of 0.0001% The repercussions of the leak go farther than

innocent people not being able to use the water that they pay for: companies have taken serious losses, restaurants have lost business, and federal moneys have been spent on importing clean water to West Virginia American Water customers in the contaminated region. As the situation grew and “flushing” began, the contaminated area swelled in size. The chemical expanded as far down river as Cincinnati, Ohio.

This is the third major chemical leak in five years that has occurred in the region, and this has drawn the attention of legislatures to draft stricter regulations. These regulations, in theory, will make the water safer to use in the future and reduce the chances of a leak occurring again. In turn, these stricter regulations will ensure that companies be more responsible with harmful chemicals or face fines or other punishments.

See Water on page 8



By Daniel Eisenberg
Staff Writer, Co-Editor

GRIN AND BEAR IT: TOBACCO POLICY

As most of you already know, there is a new policy on campus which impacts a decent size of the on campus population, as well as some of those who commute to campus. Undoubtedly hated by some yet loved by others, this policy is a perfect example of a “grin and bear it” circumstance. The residence halls are probably seeing the worst of the controversy, for some residents wish to continue in their normal habits, yet are unable to due to the changing ways of the campus. What is being spoken of is, of course, the new tobacco free campus policy which was put into implementation beginning this calendar year, January 1st.

By the authority of W. Va. Code §18B-1-6; W. Va. Code §18B-2A-4(a), the policy states “Subject to section 3.2 below, beginning January 1, 2014, use of tobacco products, in any form, including electronic cigarettes, by a member of the University community located on or visiting the WVU Tech campus is prohibited. Members of the University community shall be required to comply with this prohibition on the use of tobacco products.”

In basic and simple terms, no student, staff, or faculty member may use any tobacco product, including electronic cigarettes on WVU Tech property, or any property directly adjacent. If you want to smoke a cigarette on the way to class, you are required by the University to cross 2nd avenue (the road in front of Orndorff and Engineering) to the sidewalk and smoke there. This sidewalk is not adjacent to school property, and therefore does

not fall under the policy as tobacco free property. Tobacco chew is also prohibited, and is not to be used on campus at any time.

Kevin Lawhon of WVU Tech Human Resources served on the committee which approved the Tech adoption of the policy. West Virginia University adopted a tobacco free policy campus wide this past July. Once this happened, Tech decided to do implement a similar, and ended up being almost identical, policy.


The biggest issue that has been stirring around with this implementation is the inclusion of the “electronic cigarette” in the policy. Those who partake in the smoking of e-cigs do not understand why they are being banned due to they have no tobacco in them at all, and some don’t even have nicotine. “This was a highly discussed topic” says Lawhon. “The conclusion was that there are so many unknowns relative to the e-cigarettes that we decided to take a conservative approach and try to protect our campus from these unknowns. Also, even if we wanted to allow electronic cigarettes on campus, how and where would authorize and allow it? Would we have to designate specific areas on campus which allow the practice, or would an alternative have to be reached? With these questions being unable to be answered, we simply concluded that it would be best to include the prohibition of electronic cigarettes in the tobacco free policy.”

See Tobacco page 4.



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Tech Collegian

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The *Tech Collegian* is West Virginia University Institute of Technology's weekly open forum for discussion of campus, local and national issues, and welcomes letters and opinions submissions from all readers. Letters to the Editor should not exceed 450 words, and they usually respond to a particular item or debate from the previous week's issue. Opinions articles are longer pieces, up to 800 words, and take the form of a longer column. No letter or opinions article may be printed anonymously. If you are interested in contributing, e-mail tech-collegian@mail.wvu.edu.

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CHURCHES AROUND TECH	
Church of Immaculate Conception Denomination: Catholic Where: Beside E-Lab Hours: Saturday mass 8:30pm, Sunday mass 5am.	Montgomery Presbyterian Church Denomination: Presbyterian Where: just around the corner from Frank's pizza and diagonal from City National Bank Hours: Sunday school 10am, Sunday Worship 11am.
Montgomery Baptist Church Denomination: Baptist Where: Beside Brown's Chevrolet Hours: Sunday school 10am, Sunday worship 11am and 7pm	Living Waters Family Worship Center Denomination: Non-denominational Where: 514 5th Avenue in the old Montgomery high school building Hours: Sunday worship 11am, Bible study Wednesday 7pm
Montgomery United Methodist Church Denomination: Methodist Where: On the corner of Washington Street and 5th Avenue Hours: Sunday school 10am, Worship 11am, Bible Study Wednesday 6:30 pm	

MONTY'S WEEKLY AGENDA	
<u>Tuesday February 4th</u> Student Government Budget Meeting @ Student Activities Room 1 p.m. Student Success Seminar- "Tame your Texts!" @ Tech Library 1-1:45 p.m./ 5-5:45 p.m.	<u>Tuesday February 11th</u> Student Government Association meeting @ Student Activities Room 1 p.m.
<u>Wednesday February 5th</u> Dean of Students drop-in hours 2-4 p.m. SAB Ski Trip. Meet behind COBE @ 4:30 p.m. Men's basketball game @ Baisi Gymnasium 7 p.m.	<u>Wednesday February 12th</u> Dean of Students drop-in hours 2-4 p.m. Women's basketball game @ Baisi Gymnasium 6 p.m.
<u>Friday February 7th</u> BINGO @ Bear's Den 11:30 a.m.- 12:30 p.m.	<u>Thursday February 13th</u> Comedian Tracey Ashley @ Tech Ballroom 8- 9 p.m.
<u>Sunday February 9th</u> Women's basketball game @ Baisi Gymnasium 2 p.m. Men's basketball game @ Baisi Gymnasium 4 p.m.	<u>Friday February 14th</u> BINGO @ Bear's Den 11:30 a.m.- 12:30 p.m.

MEET THE STAFF....



Staff Writer and section editor Brian Warden is a freshman here at WV Tech. He is a West Virginia native of Mingo County. He loves to be outdoors, learn history, play sports and write. Warden is a graduate of recently consolidated Mingo Central where he played baseball and ran cross country, and participated in the National Honor Society and Beta Club. He was raised by two loving parents, Brian Sr. and Marsha Warden, that instilled strong Christian values and morals, and ultimately made him the character he is today, he says. "I owe my parents and my God everything, without them, life would be unbearable." He also has a younger brother, Alex, and sister, Abigail, at home. His major is History and Government and plans to attend law school after obtaining his undergraduate degree. He plans to stay 4 years and receive his degree as a part of the Golden bear family. "Going off to college was a little nerve wracking at first, while it is still a challenge but the

staff and other students have made it feel like a family setting ." Since a young age his fascination had been split between history and the power of words. He has always loved writing "It's my way of expressing myself: my views, and my beliefs; it's me, on paper "quoted Brian. Brian has a fascination, in a historical sense, with John F. Kennedy. "[John] Kennedy and Camelot, as his presidency was affectionately named, really began to shape the makings of modern America. He was a very influential person and a leader both in battle and in the White House." Warden admires the character and grace the Kennedy's ran the country even through trying times such as the loss of their infant son, the Bay of Pigs, and several other controversies they had to overcome. "I like to think of myself as unapologetically American, I am a patriot and show loving support to my country. If it weren't for the men and women on the frontlines defending the freedoms that were instilled into our great nation many of us would not have the opportunity to be who we are today." He has a very strong interest in politics and sees himself as a conservative. " I am fascinated by the way this country is ran. I love the political process, not that I always like everything that occurs, but it is mainly a fair and just system." "Life to me is like a journey down a river. Anything between the banks is fair game, storms will come and the trip will be tiring. There will be points that you think you can't make it, but you will. There will be others that join you on your journey and stick it out, weather the storms, ride the rapids, and help you keep between the shores. Others will come and go, just to use your company for a little while. Tides will change and so will the situation. One thing is for sure, this long crazy ride will all be worth it in the end."



By Daniel Eisenberg
C.D./ Section Editor/ Staff Writer

STARTING THE SEMESTER OFF RIGHT

For most of us, January 8th marked the first day of classes of the new semester. Some of us were here last semester, so we already know the hoops we need to jump through in order to succeed. Others however, were not here last semester, and January 8th marked the first time they stepped into a college classroom and received the ever so precious syllabus. If this is not your first go around at the college thing, you should know what you need to do in order to start this semester on the right foot, based on how your last semester ended. Now maybe you were able to attain a decent grade point average, and you think you are a professional college student, but there are always areas in which you can improve, and getting off to a good start is the key to having a great semester.

First things first, you have to simply go to class and get the syllabus. The importance of this collection of papers cannot be expressed strongly enough. The syllabus contains tons of important information which you will need to know for the remainder of the semester. Your professors contact information and office times are listed on the front page, as well as the required textbook for the class. If, in your previous college career, you have not journeyed up to your professor's office to speak with them outside of class, it is highly suggested that you do so to speak with them about the course expectations or about specific assignments. This will not only give you a step up on the assignment, but will allow your professor to put a face with your name and will make them realize that you care about the class and your grade. Another thing the syllabus is good for is for the class outline. A lot of courses will have the entire class schedule right on the syllabus, including test dates, assignment due dates, specific required readings, and extra credit opportunities. The very first thing you should do when you get back to your room after you have the syllabus is copy all those dates into your personal calendar and highlight the important assignment and test due dates. By the way, it doesn't need said, but get a calendar. Now. Every morning when you get up, look at your calendar to see what you need to do in the near future, and adjust your day to meet those guidelines.

Another way to get off to the right start during the new semester is to simply be organized. Way too many assignments get forgotten about or lost due to a lack of organization. You should have a folder for every class which includes your notebook for taking notes on lectures, a designated area for handouts, and a section for anything else

which may be needed, such as study guides or old quizzes to study with. Color code each of these sections for quick access, and keep it up to date. This will make it easy for you to keep everything for the class in one place and a perfect study tool when it comes test time.

Time management may be the most important aspect of a successful college student. If you have the ability to discipline yourself to get all your homework finished before the due date, and use some free time to get some bonus studying before your next class, and then start doing fun activities if you have the time to do so, then you will pass every class with flying colors and get straight A's. The issue with this situation is that you will most likely not follow this model at all. So maybe you will get your homework turned in on time, but did you wait until the night before to start it? Did you do any reading in the textbook at all prior to the class lecture about it? Most students go to class and back to their rooms, and ignore that their school work still exists. They began embarking on other activities, whether those be video games or a Breaking Bad marathon, and the school work doesn't get done until just before the due date, or not all. Either way, it is not your best work, and your grades will reflect these habits.

Following the tips mentioned about can help you get off the right start during this semester, and for all upcoming semesters. Another key thing to remember, though, is that you do have a life beyond the classroom. Following all the tips above will ensure you to get a good grade and will allow you to excel in your academics, but will also cause a stress rise in your daily life. Sometimes, it is beneficial to just take a break from the books and do something that relieves your mind and your body. Go to the movies with some friends. Hit the weight room and see how many pull ups you can do. Go for a run across campus. Hike up Tech trail. Attend some great campus events such as the SAB movie nights or one of the fun RA programs. There are plenty of ways to relieve some stress and get some laughs in, and don't be afraid to participate in them, you deserve it.

In conclusion, college is a very important part of your life, and you need to take it seriously in order to succeed. Getting off to the right start and keeping to your good habits is the best way to ensure success, and while it may seem annoying, it is necessary if you don't want to waste your time here. So suck it up, bite the bullet, and gear down for a successful semester, and be sure to do all you can to get your final grade come back with a big fat A+.



THE NATIONAL SOCIETY OF LEADERSHIP AND SUCCESS

By Janet Cunningham
Guest Writer

The National Society of Leadership and Success (NSLS) is an academic organization that supports students in achieving their goals and developing as leaders. Here at the WVU Tech Society Chapter, we cultivate interpersonal skills, teamwork, and dedicate ourselves to building leaders who make a better world. As a member, students have the privilege to attend live webcasted videos by some of the most influential people of our time, which have included Rudy Giuliani, Common, and Nigel Barker.

So you have been asking, "What exactly could I get out of this organization?" Take it from those who are already in it. NSLS president Janet Cunningham says "The National Society of Leadership and Success has given me an opportunity to serve as an executive board member to hone my leadership skills and offered me the chance to meet and learn from influential people of many disciplines as to how to set goals and achieve them."

On October 29, 2013, The National Society of Leadership and Success hosted a mixer in the Student Activities room. The mixer was a huge success with over 100 students and faculty in attendance. We served a variety of sandwiches, desserts, and refreshments. While the students enjoyed a delicious lunch, our executive board led everyone in an interactive activity to learn how to achieve small successes. Students joined in groups of 3-4 spoke about a goal they wanted to reach within the next week, and then worked their partners to create small steps they could take to realize these goals. The executive board then presented how this small exercise represents the ideals of leadership

and achievement. The board then provided students with information about the benefits of being a member of the society, such as scholarship moneys, private job listings, personalized job recommendation letters, and career counseling along with the training for success. The mixer closed with an announcement about the criteria needed to be a part of this fantastic honor society.

Advisor Dr. Maus says "The society offers students many opportunities. [They learn] how to structure their thoughts to motivate themselves to achieve a goal, organize their thoughts to create steps to achieve, and then provide a support network throughout the process, that will provide positive feedback [and] keep members on the road to progress. I'm honored to be a part of it."

As an official chapter of the NSLS, we are devoted to offering students the opportunity to become members of our society in order to build their leadership skills and to accomplish goals in order to realize their greatest dreams. We are working at making ourselves more present on campus. We have planned some upcoming events that include orientation for new members, live broadcast videos, a social mixer for our members with food, friends, and fun activities, reading to children at a local elementary school, a weekend trip to WVU, and a possible trip to Washington D.C. If you have any questions, like our page on Facebook, write us on Twitter, contact the advisors Dean Carpinelli or Dr. Maus, or stop one of the executive officers, Janet Cunningham or Shae Shamblen.

THE KEVIN HURLEY SHOW



By Daniel Eisenberg
C.D./ Section Editor/ Staff Writer

On January 16th, 2014 at precisely 7 pm, the Tech Ballroom was completely filled with interested and curious students waiting eagerly for magician/ hypnotist Kevin Hurley to take the stage and bury himself into the minds of some brave volunteers. After asking the crowd to stand up if they wished to be put under, the stage was filled with courageous students, 13 to be exact, and the show began with soft words and comforting music, beginning the trance and blocking out any distractions. What started as mere relaxation, turned into energetic pets, sexual dancing, and an intense pregnancy.

13 (3 of which didn't fall completely under and were asked to return to the crowd) students from the crowd were chosen to take the stage and follow very specific instructions of how to fall into the trance. After Mr. Hurley took each one of them lower and lower into hypnosis, he began to have a little fun with them, making them drink magic juice, shoot a look of sexiness to an attractive person across the room, and fly an airplane. Students in the crowd watched with laughter as the show went on, and one student, freshman Andy Frohnappfel, fell into the hypnosis from his crowd seat, and was later called up to the stage to continue the show.

The creation of pets was the first act which brought about serious laughter. A large variety of animals came into play at this point, including Jimmy the rhino, a lion, a tiger, a parrot, and a purple chinchilla. After playing with their animals, those under hypnosis then became the animal they imagined, and the stage became a playground for all walks of wildlife to roam and even buck each other. Once this was concluded, SGA President Amy Haddix was chosen to do some counting. Right before the counting began, Mr. Hurley explained that the number 6 no longer existed, and the number line went from 5 straight to 7. Hurley asked Haddix to count her fingers. Out loud, she counted them, 1, 2, 3, 4, 5, 7, 8, 9, 10 ... 11? Baffled and confused, she tried counting down. 10, 9, 8, 7, 5, 4, 3, 2, 1...0? Fear took over her body as she realized that her whole life of math classes were a lie.

Frohnappfel, which you may remember was the one who fell under hypnosis from the

crowd, was chosen by Hurley to be the next victim of fun. Kyle Polczynski and Alyssa Capon were chosen to be medical experts and were to deliver a baby from Frohnappfel's stomach on the count of 5. 1, 2, 3, 4, 5! Panic entered Frohnappfel's body as he realized it was time to push out the baby! Polczynski and Capon aided the delivery and shouted words of advice such as "Push!" and "Breath!" After a considerable amount of pain and screaming, the baby was delivered, and Polizcynski stated that in his 42 hours of professional experience, he wasn't sure how a man could have a baby. Capon took a look at the baby and stated in looked just like Andy but had 12 fingers. Frohnappfel held his baby in his arms with a look of love and named him Lucas. His one wish for his child was for him to live a long and happy life.

The world's best dance contest then took place on stage. All contestants in the contest showed their stuff and laid their hearts on the line in an attempt to take the crown. At the end of it all, campus favorite Joe Jackson received the loudest applause, giving him the victory and the opportunity to have a solo dance with the sexiest woman he's ever seen, which was propped with a microphone pole. The music kicked on and Jackson approached his partner and began moving his hips seductively. Without any worry, the sexy dance took place, becoming too hot to stay upright. The microphone stand (sexy woman) was lowered to the ground and some horizontal thrusting moves were put on her by the super smooth Jackson.

Once the dance was over, it was time to wake up the brave contestants, and end the show. With some comforting words to reassure the students of safety and another count to 5, all those under the spell woke up with baffled looks on their faces. Some of them realized what happened, only thought of it as a dream and not reality, and others blacked out, not believing what they were told they did until watching a recording of themselves and laughing hysterically. The Kevin Hurley show is beyond entertaining, and the Tech campus looks forward to his next visit.

TOBACCO CONT.

By Daniel Eisenberg
C.D./ Section Editor/ Staff Writer

This new policy is the first of its kind to be practiced in the city limits of Montgomery. Due to its recent creation and lack of testing, there is no telling really how the campus will react to it. There are a few gray areas in the written policy, which, if challenged, may call for a need to amend the writing in order to have in writing what is exactly expected and desired. The policy is not perfect, and does not please everyone, but its intentions are strictly for positive purposes. As is seems at the moment, the Tech community is reacting well to the new rules and expectations, and for the most part, students, staff, and faculty are locating themselves off campus to light up.

Sanctions for violation of this policy were not specifically stated in the writing itself, nor was it really discussed within the committee. As the policy reads in section 5, “All members of the University community must comply with this policy. Violation of the policy by students may subject them to disciplinary sanctions, up to and including expulsion. Violation of this policy by employees may subject them to disciplinary action, up to and including termination of employment. Violation of this

policy by other members of the University community may subject them to removal from the WVU Tech Campus.” Sanctions will most likely be considered on a case by case pattern, and will take into consideration all aspects of the violation, including what number offense it was (1st time offense, 2nd time offense, etc.) or the attitude given when being told to stop using the product.

To those of you who fall into the groups of people who partake in the practice of smoking or chewing tobacco products, this is a matter which you must simply grin and bear. While you may believe there is plenty of clean air around and your pollution of a small area doesn’t affect the rest of campus, the committee in which decided to adopt the policy disagreed. The policy is now in full effect, and is not going away. Those who do not use tobacco products are not affected by the policy, but should still remain respectful of those who do, as not avoid a quarrel. The future of Tech looks bright, and only good things are to come, we must simply bounce over the current hump we are in, and once we are used to this new policy, smooth sailing is what will follow.



By Scotty Stone
Staff Writer

BOOK REVIEW- A GAME OF THRONES –
GEORGE R. R. MARTIN

This is the first book in the series known famously as A Song of Ice and Fire. This book, being the opening to the series, doesn’t waste it’s time explaining all the different ins and out of the politics and controversy within the fictional universe of Westeros and leaves the reader to draw their own conclusions. A lot of the time this really helps the story keep a realistic point of view and is definitely a nice change of pace. However it might prove to be a little overwhelming for some of the younger readers who are used to the writing styles used in books targeting young adults like Harry Potter or The Hunger Games.

That’s not as to say that this book isn’t a fun read, because it is. The problem is that there are multiple perspective switches and tons of names to remember, and this is just the first book. Not only are there hundreds of characters but some of them even share the same first and last names. Martin is very good at keeping the context from becoming too muddled, however, which is nice. Another small problem with the book is that it has a few subplot hints that have yet to be discussed in the books. This is a very real problem, as it makes readers highly anxious and can barely wait for the last two

books to finally be released, which, from a marketing standpoint, is highly desired.

The book actually covers the better part of three arcs which will eventually intertwine in the later books. The first arc takes place in the far north at a huge wall of ice. These chapters mostly cover a rebellion that is being planned and the return of The White Walkers. These chapters are a little slow at first but really pick up steam near the end of the book. The second arc takes place at King’s Landing, as the politics of managing a kingdom and honor collide as Ned Stark tries to outwit the queen and the small council. The third arc follows a princess who is trying to build her army to take back King’s Landing from Robert Baratheon, the usurper.

The problems in this book are minimal and really don’t detract at all from the amazing universe that Martin has created. However, this book is not a single afternoon read if you actually want to soak in all the details. It really is a treat for history lovers as well because of the amazing back-story behind every single character. It is a highly recommended read, with an HBO series to go along with it.

NERDING IT UP!

VIOLENCE IN VIDEO GAMES



By Scottford The Wise
Staff Wizard

When gamers hear about violence caused by video games in the news they almost always cringe. It’s not because the violence based on “games” is overtly *violent*, it’s because the news almost always portrays the connection to violence *wrong*. Recently it was in the news that a man had let his six month old child drown due to an obsession over the popular game Call of Duty.

What kind of person actually blames the game for that death? The child was *six months old*, that’s not even old enough to walk, let alone be left in a full bath alone. A fully grown adult should know that a child of this age is unable to be left alone really anywhere in the house that isn’t its own crib. Not only this but to be stupid enough as to walk away knowing full well it could be another 25 minutes before you could get back to your kid is just plain negligence. This man was never fit to be a parent to begin with. It should be common knowledge that children that can’t even set up on their own yet clearly couldn’t be left unsupervised in a bath tub. The neglect here is no longer video game based, even though the game was there. Had this man been outside mowing the lawn or checking the mail then the child’s death wouldn’t have made the news *anywhere*.

Another fun argument that makes claims toward violence in games is that somehow gaming increases gun violence. While it may be true that video games desensitize most people to violence that would otherwise make them uncomfortable, it may not be true that it makes the average person want to commit those violent acts. In fact there is evidence that it may be the opposite. Many people play video games so that they may either escape the real world or to wind down after a long day. Some people do this by playing Tetris, some play Farmville. Most teens will go home after a long day and play Call of Duty or Battlefield so that

they can insult each other’s mothers and throw grenades. This allows them a way to release some stress in a safe way and at the same time stimulate themselves with a challenge. If anything these violent video games actually decrease violence.

Gun Violence in America is currently at a low since 1993. Fun Fact: Doom. The game that basically invented the “SHOOT! SHOOT! POW! BANG! BLOOD! VIOLENCE! WATCH OUT FOR THAT GRENADE! WOOOOOO!” genre, was released. Many gamers have noticed a correlation between this and real world violence. The more violent games have become overtime, the less violent the real world has become. Coincidence? Honestly I think it might be (due to generation X finally having kids, and us “millennials” are kind of boring in comparison). Still, the argument is compelling, and maybe the fact that the millennial generation is the first to have video games is part of the reason we are so relaxed.

The millennial generation hasn’t had to fight in a collective war together yet, we were too young for the attacks on September 11th to have been truly terrifying and we’re all around lazy. Video games and the internet in general are most likely why this generation is so complacent. It’s actually the video games that keep us from going outside and starting trouble. In the case of Grand Theft Auto, gamers can have their daily fix of muder-theft-auto-ing without ever having to sweat or get chased by real life police.

Violence in games is a controversial topic to say the least. However, if you believe everything you read on the internet or hear about on TV then you’re opinion is always going to be skewed. Before you go making judgments on these things try to investigate them yourselves. Now if you’ll excuse me I have to go rob a department store and fly a helicopter across Los Santos.



WHAT STUDENTS REALLY WANT TO KNOW :WHAT’S THE DIFFERENCE?



By Daniel Eisenberg
C.D./ Section Editor/ Staff Writer

When you actually stop and think about it, there are a number of things that many people simply do not know the difference between. These subtle, yet sometimes colossal differences can keep a person awake at night, and if never answered, may have them questioning reality. In the words of the Great Doctor, “What’s the difference between me and you? You talk a good one, but you don’t do what you supposed to do!” (-Dr. Dre). Let us explore some of society’s differences, and attempt to bring balance and understanding to our living.

A disc vs. a disk- At first glance, these two may be thought of to be the same thing, but indeed they are not. According to apple.com, possibly the most trusted source when it comes to electronics, a disc refers to optical media, such as a CD-ROM, audio CD, DVD-ROM, DVD-RAM, or DVD-Video. While some discs may be read- only, meaning you can only view what is already on the disc, others allow you to add information to them, called burning. A disk, on the other hand, refers to magnetic media, such as a floppy disk (remember those colorful squares which used to be so popular) or the disk inside your computer’s hard drive. External hard drives (which are extremely handy for backup storage by the way) also have disks in them. Unless they are intentionally locked, they are always rewritable. Most generally, disks are found with a metal or plastic case around them.

College vs. University- While sometimes interchangeable and often misused, there is a difference between a college and a university. A college is generally smaller than a university, and offers a number of degrees in a specific area. A university, on the other hand, is more of a collection of colleges. If you attend a university, you will graduate from one of their colleges, depending which area your field of study falls into. For example, our home away from home is WVU Tech, which is the combination of the College of Business, Humanities, and Social Sciences, and the Leonard C. Nelson College of Engineering and Sciences. Since we are a collection of two colleges, we are referred to as a university, and upon graduating, you will graduate from one of these two colleges.

Yams vs. Sweet Potatoes- Have you ever sat down for Thanksgiving dinner and called for someone to pass the yams? While they may have been real yams, they were probably sweet potatoes, and you simply called it the wrong thing. So what is the difference between the two? Yams are a monocot, meaning they are a plant which has only one embryonic seed leaf. Sweet potatoes are a dicot, a plant which has two embryonic

seed leaves. Yams are most prevalent in the world in Africa, and are starchier and drier than sweet potatoes. There are two main varieties of sweet potatoes, which may be the result of the confusion. Firm sweet potatoes are practically never confused with yams, and are simple always called by their name. Soft sweet potatoes, the other variety, are often called yams, even though they are not. This could be because when soft sweet potatoes were first introduced in mainstream society, there was a need to distinguish between the two types. African slaves, at that time, had already been calling the soft sweet potatoes yams because they resembled what they ate in Africa, which indeed were yams. The name stuck, however, and to this day, the two foods are often confused.

4- Wheel Drive vs. All-Wheel Drive- These two features found on vehicles may get confusing. Commonly thought of as the same feature, there are some differences. Without getting into the complicated vehicle jingo, a 4-wheel drive car is one that is generally run by 2 wheels. The rear wheels are the ones which are receiving the power and push the car, while the front wheels simply turn freely. When the driver so decides, they activate the 4 wheel drive feature, and the transfer case is activated in the vehicle which allows power to be transferred from the engine to the transmission through its own driveshaft and into the front wheels. All 4 of the vehicles’ wheels are now being powered by the engine. All-wheel drive is similar except that all four wheels are receiving power from the engine at all times, without the driver having to activate anything. In newer vehicles, which have advanced computing systems, sensors can sense situations where more power needs to be applied to a specific wheel, and it then gives that wheel the extra power. Pretty fancy, right?

Yoga vs. Pilates- While guys generally only care that the woman is wearing yoga pants during her workout, there are slight differences between yoga and Pilates. Both yoga and Pilates use moves that stimulate muscles, but Pilates moves are held for only about three seconds at a time. It also has more sitting, lying, and kneeling moves than yoga, which has more standing exercises. Also with Pilates, moves are done with resistance bands, and therefore burn a bit more calories than yoga, but both are still great workouts.

Such everyday terms confused and used incorrectly in our daily lives. Hopefully you learned a thing or two as to the differences in our society’s terms, and will use them correctly in the future.

TECH SPORTS



WINTERPLACE SKI TRIPS
By Daniel Eisenberg
C.D./ Section Editor/ Staff Writer

It is late into the winter season by now, and the frigid temperatures which were once desired by students (desired during the unbearably hot summer) have now become a huge annoyance and a major reason to not go outside. There are a lot of negative aspects about winter, and only a few positives. One of the most exiting positive aspects of winter would have to be the opportunity strap on some skis or a snowboard to your feet and find the most treacherous downhill slopes to slide down to spike your adrenaline rush and fulfill your need for speed. WVU Tech offers students the opportunity to go skiing, free of charge, and even provides transportation for those who are signed up. This trip includes a free lift ticket, free rentals, and even free lessons if a ski instructor is available.

Tech sponsors 5 trips during the spring semester for students to take advantage of. In order to go, a student must sign up in Old Main 325 with Karen Skaggs, and if they are one of the first 10 to do so for that trip, they are guaranteed a spot in the van. Once you made it on the list, you simply show up behind COBE at 4:30 pm on the day of the trip and have all your warm clothes with you, including gloves, hat, face mask, waterproof clothes, and many layers of socks. The van trip is just under an hour long, and the lines at the resort are rather short due to not a lot of people going for the twilight ski.

It is roughly 6:15 by the time you actually hit the slopes, and the lifts close at 10, so you have just under four solid hours of winter fun before the night is finished. To the beginners who have never had the opportunity to strap the implements of destruction on your legs, the large green circles are the types of slopes you want to hit. They are the least steep and provide the least amount of trouble while trying to learn the basics of the art. At the end of the first trip, a beginner will be able to get on the lift, ride up, get off the lift, turn left and right, and stop effectively. Being able to do these simple motions are enough to provide a fun filled trip. Some beginners, such as first time skier Andy Frohnappel, pick up the how-to rather quickly, and after an hour of the bunny slopes, decide they want to move on to bigger and better.

Frohnappel is a freshman at Tech, and wanted to try out this ski thing. He learned the basics quickly and got very confident in his abilities so he moved on

to the blue square slopes. These are a bit harder and steeper than their green circle adversaries, and will allow your speed to be much higher. Frohnappel rode the lift to the top of the mountain and chose a rather challenging blue slope to tackle next. Adrenaline pumped through his veins as he went over the face and began his weaving back and forth in an attempt to make it to the bottom without a yard sale (a yard sale is when you fall so hard that all your equipment and clothes get through far away from you and are scattered across the mountain, kind of how a yard sale is scattered). After some iffy turns and breaks, the bottom was reached, and Frohnappel succeeded in his goal, only boosting his confidence even higher, and inspiring the idea to try a black diamond, an expert slope.

Frohnappel stopped at the top of the mountain and looked over the edge. It was a very steep hill which seemed almost impossible for a beginner, but succeeding in this goal would prove his manhood to the maximum degree, and it had to be tried. The top came easy, with smooth sailing for the first 50 yards, but then, speed got the best of him, and an unbalanced turn combined with a high speed and lack of experience caused his feet to fly over his head as he began a barrel role down the ice covered mountain. He wasn't able to stop and in the midst of the disaster, his ski fell off his boot and shot down the mountain. After gathering his composure and losing his dizziness, Frohnappel began looking for his yard-saled equipment only to come up short one ski. Confused and annoyed, he scaled the mountainside, looking high and low, to the sides and in the middle, hoping to find the necessity to continue his skiing. Finally, after about 30 minutes of searching, a friend found the ski about 200 yards down the mountain and in a ditch. It was a classic case of runaway ski.

There are two morals of this story. Number one, take advantage of the free ski trips that the school offers! It provides an opportunity to learn how to ski and have fun in doing so, without having to pay any money. The second moral is to not get over confident in your abilities, especially if you are a first time skier, and respect the slope classifications. Black diamonds are reserved for the experienced, and provide the most challenging of obstacles.

SPORTS SCHEDULES NOVEMBER - DECEMBER

2/4/2014	Wrestling	vs Ohio Valley University	Montgomery, WV	7:00 P.M.
2/5/2014	Men's Basketball	vs Ohio Valley University	Montgomery, WV	7:00 P.M.
2/6/2014	Women's Basketball	at Barber-Scotia College	Concord, NC	2:00 P.M.
2/9/2014	Wrestling	at USCAA Tournament	State College, PA	TBD
2/9/2014	Women's Basketball	vs Wilberforce University (Ohio)	Montgomery, WV	2:00 P.M.
2/9/2014	Men's Basketball	vs Wilberforce University (Ohio)		4:00 P.M.
2/12/2014	Women's Basketball	vs Bluefield State College	Montgomery, WV	6:00 P.M.
2/13/2014	Men's Swimming	vs Appalachian Swim Conference Championships	Christiansburg, VA	TBA
2/13/2014	Women's Swimming	vs Appalachian Swim Conference Championships	Christiansburg, VA	TBA
2/14/2014	Women's Swimming	vs Appalachian Swim Conference Championships	Christiansburg, VA	TBA
2/14/2014	Men's Swimming	vs Appalachian Swim Conference Championships	Christiansburg, VA	TBA
2/14/2014	Baseball	vs Fairmont State University	Myrtle Beach, SC	1:00 P.M.
2/15/2014	Men's Basketball	at Virginia University of Lynchburg	Lynchburg, VA	TBD
2/15/2014	Women's Swimming	vs Appalachian Swim Conference Championships	Christiansburg, VA	TBA
2/15/2014	Men's Swimming	vs Appalachian Swim Conference Championships	Christiansburg, VA	TBA
2/15/2014	Women's Basketball	at Virginia University of Lynchburg	Lynchburg, VA	2:00 P.M.
2/15/2014	Baseball	vs Wheeling Jesuit University	Myrtle Beach, SC	3:00 P.M.
2/16/2014	Baseball	vs Davis & Elkins College	Myrtle Beach, SC	2:00 P.M.
2/16/2014	Men's Basketball	at Washington Adventist University	Takoma Park, MD	6:00 P.M.
2/19/2014	Women's Basketball	vs Washington Adventist University	Montgomery, WV	6:00 P.M.
2/21/2014	Baseball	at Cumberland University (Tenn.) (DH)	Lebanon, TN	1:00 P.M.
2/22/2014	Wrestling	at NAIA Eastern Regional	Marietta, GA	TBD
2/22/2014	Baseball	at Cumberland University (Tenn.)	Lebanon, TN	11:00 A.M.



WOMEN'S BASKETBALL BRIEF

The lady Golden Bear basketball team had their first game of 2014 on the 12th when they traveled to Maryland to battle Washington Adventist University. Led by junior Nia Nolan who put 14 points on the board for her team, Tech came home victorious, 62-56. The lady bears proved their dominance in their next bout against the Virginia University of Lynchburg with 15 points coming from Nolan and another 15 from Freshman Elizabeth Evans. The final score of this match was 85-49. On the road to fight Davis and Elkins, this winning streak stopped for the lady Bears when they were defeated 86-62. Without spirits being broken, however, the ladies battled back in their following game two days later against Barber-Scotia College in the Baisi gymnasium. Junior Noelani Woodson put up a whopping 27 points off of 7 three-pointers and Lakisha Adkins contributed 24, making 11 out of 13 field goals. Tech took the victory 88-34.

SWIMMING BRIEF

The men's and women's swim team traveled to Bethany, WV on January 11th to compete against Franciscan University. Both teams swam their best, putting up their best times, and the men's team was only 2 points short of their opponents, but took the loss 131-129. The women's team didn't have quite as close of a margin, and lost 162-46. The men's team recorded a first place relay finish in the 400 yard medley relay and the 200 yard freestyle relay. The first relay consisted of Kyle Polczynski, Gabriel "Iron Patriot" Grauwde, Anderson Nagasaki, and Adam Westrick who finished with a time of 3:53.22. The 200 freestyle team consisted of Jack Cavanagh, Grauwde, Nagasaki, and Matheus Montarroyos. The finishing time of this race was 1:32.71. The Golden Bears also took many first place finishes in individual races. These winners were Montarroyos (200 freestyle- 1:47.84, 50 freestyle- 22.30, 500 freestyle- 5:01.83), Polczynski (100 backstroke- 58.50, 200 backstroke- 2:14.24) Cavanagh (100 breaststroke- 1:01.36, 400 Individual Medley- 4:29.16), Nagasaki (200 butterfly- 2:18.73, 100 butterfly- 58.32), and Grauwde (100 free- 50.25).

MEN'S BASKETBALL BRIEF

The first game for the Golden Bear basketball team in the month of January proved to be a tough fight, resulting in a close loss to Bluefield College with a score of 88-85. After getting this game out of the way, a winning streak hit the team for the next four games, 3 of which being in the Baisi gymnasium. On the 10th, the team took on Lindenwood University- Belleville and came out on top (94-74) off of Stephen Coles' 20 points and Leon Cooper's 17. Five days later, the team took on the Virginia University of Lynchburg and again came out victorious 89-71. The next battle came on the road when the team traveled to Wilberforce University in Ohio. Fed by 20 points coming from both Cooper and Coles and another 14 from Jaren Marino, our bears took the win 93-86. Back in the Baisi gym, the next game was against Washington Adventist on the 23rd. Coles put 24 points on the board and Cooper had 13 to bring another W to the record with a score of 79-73.

Nursing Section



BEAT THE SNEEZE: PREVENTING THE COMMON COLD

By Jamie Staunton
Staff Writer

Are you feeling a little down? Perhaps a little tired, or maybe under the weather? That is very likely, considering we are in the middle of winter. The weather is more indecisive than ever, and people with runny, snotty noses are running rampant among us. Flu season is upon us, but while many of us have gotten our flu shots to ward off the virus, that doesn't protect us from another aggravating menace: the common cold. This sneaky little illness can and will render you completely useless if it attacks your immune system at the right time. And let's face it, who has time to be sick these days?

To understand just how menacing the cold is, we need to look at some hard facts. According to medicinenet.com, the common cold is the number one reason cited in the United States for school absences. Roughly 22 million school excuses are from documented cold symptoms, which can be caused by a number of different viruses. Unfortunately for us, there are a number of ways to spread the cold. Some of these include, physical contact with an infected person, touching surfaces that a sick person may have touched, inhaling mucus droplets from the air that a sick person has expired, and touching your face, eyes, and mouth after coming into contact with contaminated surfaces.

While it is nearly impossible to completely prevent the common cold, there are ways to lessen the likelihood that you or members of your family will wind up with the illness. A few of these strategies include:

1. **Don't walk past the sink. Wash those hands!** Yes, sometimes the soap in bathrooms is not the most pleasant smelling. And sometimes it is easy to skip the sink and just dab some hand sanitizer on your hands and call it a day. However, washing your hands is the one of the most important things to do to prevent the spread of germs and viruses. When you are in public places it is exceptionally important to wash your hands frequently. Touching tables, doorknobs, buttons, etc. leaves you open to viruses, and washing your hands lowers those numbers. Using hand sanitizer does also help. Carrying a pocket sized container is extremely helpful, but if the hands are visibly soiled it is very important to make sure to wash them with soap and water.

2. **Don't touch your face if you can help it.** This is an important one to mention, because we all do this multiple times throughout the day. Touching the door handle to walk into your classroom means that you are touching all the germs from previous hands that have touched that door. It is also very easy to rest your hand on your chin in the middle of lecture without thinking about it. Try and avoid doing this if at all possible.

3. **Avoid laziness and wipe down the counters.** It does require extra household work, but making sure your counters are clean is a good way to kill excessive germs that may be lingering in your household. Wipe them down with a bleach-based cleaner.

4. **Save yourself the laundry. Use paper towels.** Germs can surprisingly survive for hours on bath towels. Besides, who really wants to do laundry that often? Save yourself the time, trouble, and laundry detergent by keeping paper towels accessible in your bathroom and kitchen. This way you can dry your hands on disposable towels and discard them after use.

5. **Throw tissues away after use.** This sounds like it should probably go without saying, but you would be surprised by the number of people that actually need to be reminded of this. So if you're secretly hoarding your snot rags in your backpack, please do us all a favor, yourself included, and toss those bad boys. You're giving the viruses wrapped in your tissue a chance to contaminate everything in your backpack. So please, just toss it.

6. **Control your stress levels.** This seems to be a common thread in most of my articles, but it is especially important during this season to keep your stress levels in check. Stress weakens the body's immune system, so make sure you leave time for you to do the things you want to do. Don't stress the small things.

There are plenty of additional ways to keep a cold at bay, so don't think that just because something you normally do is not on this list it doesn't work. During this season, you should simply be cautious and take some of these extra preventative measures so that you may stay happy, healthy, and avoid unnecessary absences. No one can afford to miss excessive labs and lectures because of a common cold.



GARDASIL: THE TRUTH BEHIND THE VACCINE

By Jamie Staunton
Staff Writer

Most people, more than likely, know about the Gardasil shot, the vaccine that claims to help prevent cervical cancer in women. The shot was originally suggested for girls as young as nine years old, gaining notoriety between 2007 and 2010, and since been administered to countless girls of various ages. If you hadn't heard of it before, you have probably seen at least one story floating around social media about the drug's researchers coming clean with the shocking truth about the supposedly helpful drug.

Let's start with a little history about the drug and the disease it supposedly prevents. Gardasil is a vaccine distributed by Merck & Co. that is administered to help prevent different strains of the human papilloma virus, also known as HPV. HPV is a very common sexually transmitted disease that can lead to some cancers. Merck's website cites HPV as causing roughly 70 percent of all cases of cervical cancer in women, which is why there was a necessity to develop the Gardasil shot. This was all fine and dandy for at least the last five or more years. That was until the truth came about.

There are several blogs dedicated to informing the public about Gardasil; one interesting blog that was found was truthaboutgardasil.org. The site starts out by explaining that the vaccine was designed originally to target nine year olds, but clinical testing first took place on fifteen year olds. This was cause for concern due to the vast age difference and possibility that adverse reactions that would take place in nine year olds and may not have been witnessed in the older subjects. According to the Center for Disease Control's website, over 22,000 girls have reported adverse reactions to the vaccine, including seizures, stroke, dizziness, fatigue, weakness, paralysis, temporary vision or hearing loss, hair loss, auto-immune problems, and hand and leg tremors, just to name a few. Some sites suggested that the vaccine has caused deaths, but none were officially confirmed. These are terrifying thoughts to take into consideration.

What draws attention to the question

of the vaccine's safety is an article circulating of Facebook, stating that the lead researcher for the vaccine has come forward to say that the vaccine is not completely necessary. The Gardasil shot is actually only affective against four strains of HPV, and according to Dr. Diane Harper, 90 percent of HPV cases resolve themselves without treatment. This being said, the doctor went on to say that the vaccine's potency may not hold, and revaccination could be necessary. The real question that comes into play is whether or not the side effects of the Gardasil shot are more risky than the cervical cancer it is marketed to prevent. In an interview with the Huffington Post, Dr. Harper even stated that the real way to reduce cervical cancer deaths is early detection by pap smears.

I personally remember getting ready to have all of my shots and boosters updated during my senior year of high school and being pressured to agree to get the series of three vaccinations. Counselors at school suggested it to me, my primary care provider prodded me with the idea. When it came down to it, I chickened out. Why? Because as soon as my doctor prepared to draw up the shot, she mentioned how terribly the first shot in the series would hurt, and how each one subsequently would hurt at each follow up. My low pain threshold decided for me, and now I am pretty happy about that. When interviewed, a current sophomore nursing student described her experience with receiving all three shots. She recalled them as painful and an awful experience. "My doctor pretty much forced it on me in the ninth grade and now hearing the facts is a little nerve racking," she said. "It makes me wonder if it was all for nothing. My little sister just got the first shot about a month ago. I'm begging my mom not to let her get the second two!"

The Gardasil shot is a serious cause for controversy, and there are multiple sides to the story. However, it seems that the safest option is to be safe and think before you're vaccinated.



A FRIENDLY WORD FROM YOUR NEIGHBORHOOD NURSING STUDENTS

By Jamie Staunton
Staff Writer

The semester has just started up, and everyone is starting to get into the swing of things: getting back into old study habits, and just dealing with balancing studying, sleep, and socializing. Socializing just usually happens to fall off of that list sometimes. Way, way off of the list.

While the Student Nurses Association at Tech has not had a chance to meet yet, each class of nursing students has their hands full. It is spring, after all, and that means that we are halfway through the school year. This year's freshmen, the pre-nursing students, have been busy perfecting their applications to join the nursing program, and are now anxiously awaiting their acceptance letters that will come in a few months. This process by itself is extremely nerve-wracking, as you keep finding things you want to change or perfect – I know, I did it last year.

My class, the sophomores, are searching hard for externship opportunities. This gives students the opportunity to work in a hospital or clinical setting, letting them gain experience in their field and learn new things. Most of us have already put in our applications, and are now awaiting the interview process, coming in around April. Yes, more anxious, impatient waiting. While we are waiting on that, the juniors are

diligently working on their clinical skills and also on some community projects.

The class of the hour that definitely comes to mind is the seniors. Graduation is on the horizon, as so many people already know. The stress is on, not only to make it through classes and get that degree, but to also pass Boards in order to become licensed and to find a job. Stress is becoming much more than a word to them, as they prepare thoroughly for NCLEX review, hoping that all of the information that has been instilled in them for the past three years has stuck. The struggle has become real.

All in all, the nursing department is a busy one during this time, but once things get back into a routine we will be able to give you more information on community service and fundraisers performed by our department. But the stress isn't only real for us, it's real for everyone. So just remember to take deep breaths, and stay calm. This is just another semester, and we are almost through the whole year. Just stay positive and think of summer break, just off there in the distance. And if none of that helps, CVS sells some pretty tasty holistic stress relief gum; give it a try. Good luck on your semester, Golden Bears!

Nurses Make a Difference





WHAT IS PETROLEUM ENGINEERING?

By Andrew Frohnapfel

Staff Writer

With Marcellus Shale thriving in West Virginia, Maryland, Pennsylvania, New York, and Ohio, it is not all that surprising that last year the highest paid college graduates were in the technical field. While all majors in this category earned hearty salaries, there was one in particular that stuck far above and beyond the rest. Petroleum engineers earned an average starting salary of a back breaking \$96,000 with the highest paid professionals earning \$265,000 in the United States.

Considered as young in the engineering world, petroleum engineering has been around since the late 19th century and was originally considered part of the mining field, not actually becoming its own distinct branch until 1913 through the creation of the Society of Petroleum Engineers (SPE). Improvements in computer modeling, the application of statistics, probability analysis, and vast new technologies like horizontal drilling and oil recovery, have allowed petroleum engineering to become the complex study it is today. Petroleum engineering involves the extraction of compounds of hydrogen and carbon called hydrocarbons from beneath the earth's surface and floors of the ocean, whether that is natural gas or crude oil.

As a new petroleum engineer, one can expect a lot of field work, long hours, and vast travel between different sights. While this may not be for everyone, it can lead to a promising, well-rounded career. Fresh graduates often work alongside seasoned veterans of the trade until they learn the ropes and later become professional engineers. Petroleum Engineers may find themselves switching companies due to receiving higher offers, for a good engineer is hard to come by. In doing this, their pay check will get a little larger each time they transfer. After several

years of working in the field one could find themselves in a laboratory doing extensive research with the latest drilling technologies, teaching at an accredited university, or as a project manager overseeing hundreds of employees out in the general industry.

While WVU Tech does not offer a Bachelors of Science in Petroleum Natural Gas Engineering, West Virginia University does. Other top colleges in the nation which also offer the program include the University of Texas- Austin, Stanford University, and the University of Tulsa, just to name a select few. About one third of petroleum engineers continue on to receive their masters and the highly elite even follow through on earning a doctorate, but the majority earn only a bachelors which allows them to go straight into the work field and gain the kind of training that only comes with real world experience. Another reason so few earn a doctorate is created by the fact that it will not pay for itself as pay raises are not based off of education alone but rather a blend of work experience, social connections, and the quality of the work an individual does.

If money is what motivates you the most, petroleum engineering is not for you. To succeed in this branch you need more motivation than money. A good engineer is one that loves every second of what they do and doesn't mind working long hours, often far from their home and family. They become so engaged in their work that they strive for nothing less than being the best at what they do. So, if drilling thousands of feet into the earth excites you, take a look at petroleum engineering. Learn about this exciting, fairly new career path, and see if it is right for you!

DRAWBACKS TO HYDROGEN CARS

By Cameron Waterbury

Staff Writer



With the vast advancements and technology in our daily lives, it is only natural that cars, our everyday way of travel, should also be affected. The internal combustion engine, developed before the 19th century, began to advance significantly around 1850 due to the drilling and production of petroleum. Used in every mass produced car on the road, the engineering aspect of this machine still continues to improve.

Internal combustion engines work by combusting a fuel (normally fossil fuels) and mixing it with an oxidizer (usually air) inside of a chamber. This expansion causes a force which is then applied to the pistons, thus turning chemical energy into mechanical energy. Because other chemicals and elements are also capable of exploding, this gives engineers the opportunity to possibly replace fossils fuels for something else, something cheaper than gasoline. Water, composed of hydrogen and oxygen, can be separated by a couple of processes, the main process being electrolysis. Electrolysis uses a direct electric current through an ionic substance, such as water, to separate the elements.

Hydrogen gas is highly flammable and forms explosive mixtures with air if it is 4-74% concentrated. The mixture of air and hydrogen can be ignited by a spark, or even sunlight. Hydrogen is also a colorless, odorless, tasteless, and non-toxic, thus proving to be a perfect alternative to fossil fuels.

So why aren't we putting water in our cars yet? Well, for starters the cost of developing hydrogen technologies is extremely high. There is a reason engineers are paid the big bucks after all. It is also not only about the fuel cells, but the entire engine itself. These engines must be built much stronger to support the extremely

explosive gasses. The cost of the car itself is also a setback. Because platinum is the most widely used catalyst in fuel cells, the price of a single hydrogen fuel vehicle can cost more than \$100,000. So theoretically speaking you're not really saving any money by purchasing an even more expensive car. Hydrogen, while sitting in a warm engine, is likely to expand which means that it needs some sort of vent in order to reduce the risks of an unexpected explosion. Venting this hydrogen also leads to other dangers as hydrogen is extremely explosive. The exhaust from electrolysis also produces carbon emissions when hydrogen is extracted from natural gas.

While fueling cars with water has been an ongoing project for years, with a couple cars actually achieving its goal, the time before a mass produced, affordable, hydrogen fueled car has years to come before it sees the public. The market for these cars is also important. An affordable water car may not be as desirable as the new Ford Probe that rumbles from the juices of dead dinosaurs. Driving a small car that makes no noise at all is not the ideal car for a teenage boy who has always dreamed of impressing that one girl who accidentally makes eye contact with him in the hall.

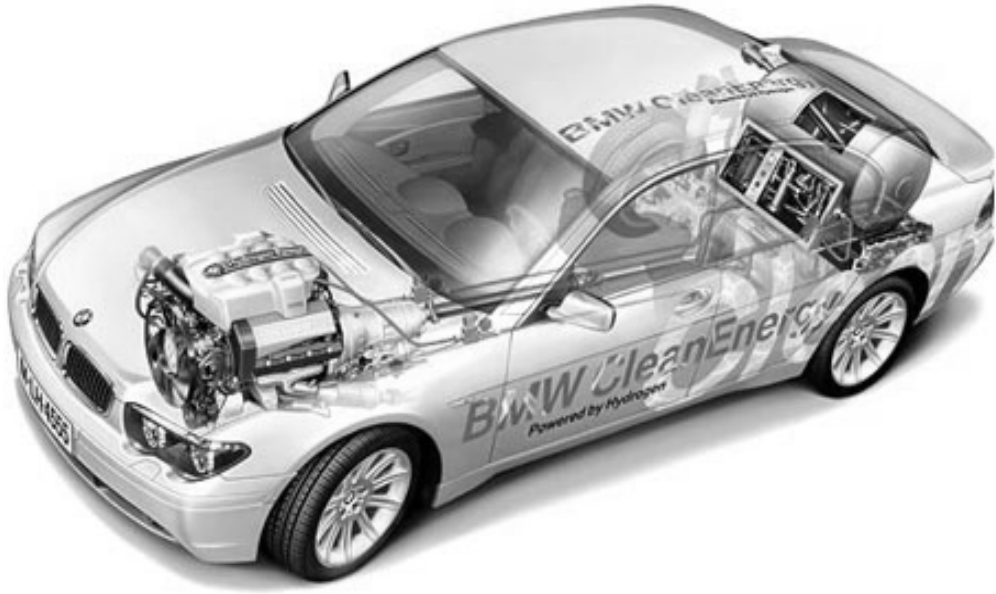
In conclusion, the hydrogen fuel cell has gone through many hours of vast research and discoveries, but the technology is not yet here. There are still many things our country has to do before we are able to drive them around. Many will also use a high tech battery that will require lots of energy necessary for recharging. This means stations will need to be set up which will in turn require more energy. So now where do we get this energy? It's a long circle of problems that the world just isn't ready for yet.

MATH TUTORIAL LAB

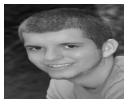
Spring 2013

Engineering Lab - Room 107

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00	Susan Barton				
9:00	Ranjith Munasinghe	Bing Yang	Ranjith Munasinghe	Bing Yang	J.T. Hird
10:00	Fred Cavalier	Chengmin Yang	Fred Cavalier		J.T. Hird
11:00					
12:00				Sue Barton	
1:00					Deb Chun
2:00	Chengmin Yang		Deb Chun		
3:00	Phil Redden		Phil Redden		



SEASONAL DEPRESSION



Brian Warden

Staff Writer

Seasonal Affective Disorder (SAD), also known as seasonal depression, is a real and common condition that occurs mainly around winter, but also other times, just in less frequency. SAD is a type of depression that affects a person during the same season each year. If you get depressed in the winter but feel much better in spring and summer, you may have Seasonal Affective Disorder. While anyone can get Seasonal Affective Disorder, it is most commonly found in:

- People who live in areas where winter days are very short or there are big changes in the amount of daylight in different seasons.
- Women.
- People between the ages of 15 and 55.
- People who have a close relative with Seasonal Affective Disorder.
- Seasons associated with a lost loved one, birth date, holidays, death date, can increase the chances of Seasonal Affective Disorder.

Here in West Virginia, people are susceptible to Seasonal Affective Disorder due to the amount of temperature and daylight changes that the state undergoes with the changing of each season. Experts are not sure what causes Seasonal Affective Disorder, but they think it may be caused by a lack of sunlight. Lack of light may upset your sleeping and waking cycles and other physiological rhythms. This disorder may cause problems with a chemical found in the brain called serotonin which affects moods.

A person suffering from Seasonal Affective Disorder may show these symptoms:

- Feel sad, grumpy, moody, or anxious.
- Be more subject to radical mood swings.
- Lose interest in your usual activities.
- Eat more and crave carbohydrates, such as bread and pasta.
- Gain weight.
- Sleep more and feel drowsy during the daytime.

These symptoms are temporary, and they tend to come and go at about the same time each year. For most people that are affected by Seasonal Affective Disorder

in the winter, the symptoms start in September or October and end in April or May. This time frame is not by chance. As stated above, shortening of daylight has a major impact on when the disorder takes place and how long it tends to stay. The key signs that you, or preferably your doctor, will need to see is to determine if you actually have SAD is if your depression symptoms last for close to the same amount of time each year, in the same time frame, and consist of the same symptoms. If your symptoms do not match this, then you probably have non-seasonal depression, which is much more common but generally not as long lasting and much more sporadic. Even though this disorder literally changes with the seasons, there are a few treatment options available. Doctors often prescribe light therapy to treat this disorder. There are two different types of light therapy, the first of which is called Bright Light Treatment. In this treatment, the patient sits in front of a box that has a light inside, usually in the morning. This therapy, quite literally, brightens the day and can help the patient feel that some of the daylight lost has been regained. Sessions tend to last half an hour or longer if the doctor prescribes. The other type of therapy is called dawn simulation. This therapy is exactly how it sounds. In the mornings, a light, dim at first, appears while the patient is asleep and gradually grows brighter as the morning advances. This creates a synthetic dawn in the person's own bedroom. The timing of the "first crack of dawn" is set to consist with that of summer time and is most beneficial in a dark room and the light does not go off until the natural light outdoors can match it. Other treatments include typical anti-depressants that are used in most depression cases. These medicines stimulate chemicals in the brain that are suppressed by the lack of sunlight. Also, counseling helps some patients and can even be done without medications. Winter Depression, the most common of all seasons, affects each of the 50 states. Cases are as low as 1% of the population in southern Florida and Hawaii and increases to as much as 10-15% in areas such as Alaska. Between the 30th Parallels seasonal depression is almost non-existent but steadily increases toward the poles. Depression, whether seasonal or not, is not unusual or a laughing matter. It can destroy a person's health as well as self-esteem and personality. If you or someone you know is suffering

OFFSEASON POLITICS



By Brian Warden
Staff Writer

Election season is a time of mass media and public opinion. It seems every four years the nation turns into political experts. The truth of the matter is this hype is just the “harvest” of three years of hard work, sleepless nights, and stressful meetings. The “offseason” of mainstream politics, is when the candidates reveal their actions without being under the spotlight. During the election season we hear what politicians say they will do, but when the hype has died away, usually a few weeks after the inauguration, candidates put their true words into action.

This “offseason” is where candidates who were not elected in the previous election or are new to the race begin to rise in popularity and their staff tries to paint a positive picture to aid their campaign. Also during each presidential election there are state and local elections that prove to be just as vital to the population, even though there is a lower amount voter turnout.

The local elections, in theory, should bring more of a participation rate than other, more national elections because the candidates tend to represent local people. This is no longer the case. Why? Media coverage of national elections begin months in advance and consistently occupies nearly every television channel, radio station, and billboard for the general public to encounter. Local elections may put up signs or notify citizens just before the election but don’t have anywhere near the amount of media coverage that the national elections bring.

Time between elections also levels the odds for both candidates; the incumbent has a chance to add accomplishments to his resumé but still must fulfill the duties of the office. On the other hand, the opponent, which likely does not hold a political office,

has more time to rally and inspire supporters to help him in the oncoming election. The incumbent has time to do constituency work to boost morale in supporters, while his opponent has the opportunity to reveal weak points in his campaign.

State and local elections, if publicized, have a tendency to attract good debate, mudslinging, and a challenging race. However, in order for this to happen, the “offseason” must be seen as a working season instead of a holiday. One prime example of a brutal race that happened locally and recently was the U.S. Senate election between former governor, and current senator, Joe Manchin III and John Raese, a well-to-do business man, as they faced off to fill the seat vacated after the death of Robert Byrd. This example is prime representation of how important non-election years are, as well as a political resumé. Senator Manchin utilized his past record of office and the accomplishments he was able to achieve to aid him to the seat. In Manchin’s terms the state had undergone many disasters and changes that the general public saw as progress in the right direction.

As national election inches closer there is no doubt we will begin to hear of the candidates’ track records as governors, congressmen, mayors, and other positions. This presidential election will be particularly interesting. With President Obama reaching his term limit and many different events having taken place in his second term, it should make the next presidential election a toss-up between rising candidates in both political parties.

DON'T DRINK THE WATER CONT.

Nearly two dozen lawsuits have been reported so far, the first filed less than 12 hours after a “do not use” order was issued. Many more lawsuits are expected to follow, and of all existing suits filed, Freedom Industries is named as the defendant.

- Charleston resident Daniel Cleve Stewart sued because his kidney transplant had to be canceled, claiming negligence by Freedom Industries and WVAWC exposed him to continued pain and suffering. Stewart’s suit, filed in Kanawha County Circuit Court by Forbes Law Offices and The Sutter Law Firm, said his Jan. 10 transplant was nixed because he unknowingly consumed some of the contaminated water.
- The Webb Law Firm and DiTrapano, Barrett, DiPiero, McGinley & Simmons filed a class action lawsuit in Kanawha County seeking damages for businesses impacted by the water emergency.
- Charleston’s 5 Corners Cafe and The Vintage Barber Shop are seeking damages from Freedom Industries for themselves and other businesses harmed by the water emergency, claiming breach of duty, negligence, concealment and fraud by Freedom Industries. Kanawha County resident Laura Gandee wants medical monitoring and damages for anyone who ingested or was otherwise exposed to the 4-methylcyclohexane methanol in the tainted water. Both were filed in Kanawha County Circuit Court by Kathy Brown Law.
- The first to file, EJ&K Enterprises and South Hills Market & Cafe, are seeking damages from Freedom Industries for themselves and others in the food service industry impacted by the mandatory shutdown. The class action was

filed in Kanawha County Circuit Court by Mani, Ellis & Layne and The Sutter Law Firm, both of Charleston.

- The Bell Law Firm filed class-action complaints on January 10 in Kanawha County Circuit Court.

Most law suits have been filed as class action suits, which allow the courts to combine like cases into one.

Freedom Industries has filed for bankruptcy under the crushing weight of the pending suits, not including the insurance bills that will result from victims visiting the hospital.

Freedom Industries is a company that supplies a variance of goods such as float reagents, freeze conditioning chemicals, dust control, mining chemicals, water treatment, and chemicals used by household commodities. Freedom Industries is a local leading supplier of chemicals with two locations. The two locations are in Nitro, WV and in Charleston, WV on the banks of the Elk River. The Charleston location has the capability to hold 4,000,000 gallons of chemicals in holding tanks on location, says the website for the company.

Needless to say, progress is enhanced by lessons learned. For the Charleston area and Freedom Industries alike, this harsh lesson was taken to heart. From chaos at local retailers over bottled water, to ER staffs working tirelessly to help victims, to the FEMA and other government agencies helping to put an plan in place to prevent this sort of situation from occurring again and to help eliminate the ongoing crisis, this ordeal has had a major impact on our communities and as a region together.



THIS MONTH IN HISTORY

January 1, 1892 off the coast of New York, an island will open her gates and forever change the face of a nation. This island is named Ellis Island and from 1892 to 1954, over twelve million immigrants entered the United States through the portal often described by immigrants as the “Golden Doors of Opportunity”. Although this island is known mainly as an immigration portal into America for many European refugees, it was also used as a detainment camp for suspected enemy aliens, until they could be transported to other camps within the mainland United States, during World War I.

This Month in History

On January 6, 1921, Anderson “Devil Anse” Hatfield died of pneumonia in Logan County. Due to recent increase in media exposure, the Hatfield and McCoy feud has expanded broadly across the nation. Devil Anse was the leader of the Hatfield family during the feud.



VIOLENCE IN HUNTINGTON



By Andrew Frohnappfel
Staff Writer

When tourists come to West Virginia, they all say that the people from this beautiful state are some of the most laid back, friendliest folks they have ever met in their lives. With the mountain state being the 14th safest state in the nation with a crime rate below the national average, it is no wonder visitors are welcomed with open arms. While West Virginia on paper and in flow charts looks like it is nothing but smiles and hand holding, it actually has a few small glitches when it comes to safety. Huntington is always on the news and in the paper as it is only safer than three percent of the cities in the United States, making it the most dangerous city in the state with its robberies, murders, drug sales, and constant other crimes. Marshall University, lying at the heart of the city along the Ohio River, is often looked down upon due solely to the fact that the city has so much violence. While students there are happy with the education they are receiving and say the college is pleasant, almost all of them wish the town was a safer place to live. Daytime travel is relatively safe but once the sun goes down it is best to not go out by yourself unless you are looking to be beaten down and mugged. Many students rely on the buddy system when it comes to late night outings for they always travel in a group of two or more to ensure their safety. Even yet, this is not

flawless for incidents can still occur. It is best not to linger around in the bad parts of town and always take the long way if it means a safer route. Methamphetamine, heroin, LSD, and cocaine are some of the worst drugs in the city along the Ohio River. The local news in this part of the state has a drug bust story almost every week, usually about different drugs. With addicts constantly buying and selling it is not an uncommon sight to see two strangers making a deal in the back ally. Students and citizens alike are asked to , in the event of witnessing criminal activity, not be a hero by intervening but rather dial 911 or call the anonymous tip line at (304) 696-4444 if they do not wish to have any ties to the event. Those that live in Huntington do not live in so much fear they refuse to go out, but there is a real problem in the city that needs to be gotten under control. However, with so many people and law officers stretched thin it is a task that will take a new plan of action and time. The next time you take a trip to Huntington for a night out on the town remember not to linger off from the group and keep your eyes open for anything suspicious. Chances are you may see some form of illegal activity but if you keep a level head you should not encounter any grave danger.



By Brian Warden

WAR ON COAL

Coal mining is a way of life for many Appalachian residents and residents in various areas around the nation. As we all know, the Obama administration and the Environmental Protection Agency (EPA) have made a strong stand against coal energies. Federal regulations and taxes have more than tripled the price for retrieving coal in most mines which is causing many companies to close their doors and send workers out to search for new employment.

President Obama has made large steps to choking out coal production in his terms as president and his hostility has never been stronger. When he was a candidate, President Obama made it clear he was not a friend to coal. In 2008, he told the editorial board at the San Francisco Chronicle: “If somebody wants to build a coal-powered plant, they can. It’s just that it will bankrupt them because they’re going to be charged a huge sum for all the greenhouse gas that’s being emitted.”

Daniel McIntire, a vice president of the Tennessee Valley Authority, says coal is more efficient and cheaper as a fuel source, but federal regulations are forcing the change. “Each year there seems to be a new regulation,” McIntire said. As the plant makes the change, Paradise will buy less coal and lay off nearly 200 employees. “Inasmuch as regulations come from our leaders ... this is a man-made issue,” he said.

What does this decrease in usage of coal mean for us as Appalachian residents? Quite bluntly, it means less demands, and ultimately, less jobs. Coal miners aren’t the only ones losing their jobs due to inevitable layoffs. In eastern Kentucky, since 2012, 6,000 miners have lost their jobs and for every one, three other related jobs, such as trucking, administering, etc, also disappear.

Coal is the most popular source of energy used in the United States and is even being sent to various countries after demand has been reduced in the U.S. So why the sudden change? Many experts say coal is creating a large and harmful fossil foot print and destroying the environment that it is used in and the area the mine is located. This is true to some extent, but all energy sources have dangers and risks that are required to make the source work. Gas lines often malfunction and explode, as witnessed recently in Sissonville, WV. Wind farms are not as efficient and can be a threat to birds and are quite noisy. Hydro-powered energy is not efficient enough to power a large quantity of areas. The best solution to the energy crisis is to end the “War on Coal” as it has been called by those who are on the receiving end of the harmful effects of the EPA regulations, and utilize all energy sources co-operatively to build a brighter, healthier, more efficient tomorrow.



by Scotty Stone
Staff Writer

E-SPORTS

Had the term “e-sports” been mentioned ten years ago very few people, if any, would have a clue what you were talking about. E-sports is the term used when talking about competitive gaming that is now quickly becoming one of the most viewed and sponsored spectator sports. Games like League of Legends and Call of Duty are now starting their competition seasons and teams are already switching members and picking up new guys to play.

League of Legends Champion Series Season 4 took off during the third week of January and has already begun streaming. Thousands upon thousands of gamers tuned into the live streams to watch their favorite teams face off and to see some of their favorites get eliminated. The thing that attracted so many viewers so quickly in comparison to other sports like football and basketball is that you don’t have to hunt down a TV channel or go to a super loud venue. You can watch an e-sport competition unfold from the comfort of your own home, at your own pace. That means that if you’re anti-social you never have to worry about the jock in the third row spilling his drink when he cheers.

Call of Duty is sponsoring a competition in March of 2014 with a one million dollar prize to the team that can pull off the win. Sponsors and YouTube sensations from around the world will

all gather to compete for fun and money and it should be interesting to see how it turns out. Sponsorships are also a big part of e-sports. Never before has there been this much of a rush for energy drink providers to give away free drinks to people that barely move. However, it’s working. Niche accessories like G-Fuel, Scuf Controllers and Kontrol Freeks are selling more than they ever have before.

Really, though, there’s almost no barrier to entry in the e-sports world as well. Nearly anyone who wants to can form a team and show up to compete. However this can be a real catch-22. E-sports teams right now are in an iffy spot where they are constantly trading members to other teams or they’re dropping someone who was loyal to the team for years before they ever “made it big.” This causes a little bit of instability in the sport that can be fatal especially if some real regulations aren’t added soon.

E-sports aren’t a sport to laugh at anymore. As nerdy stuff is finally becoming “cool” and more and more people begin to partake in these competitions, you’ll see a change in the way e-sports are handled in the very near future. Keep an eye on this as it unfolds because a sport like this is ever-changing!



ORIGINS OF VALENTINE’S DAY.

By Scotty Stone
Staff Writer

Valentine’s Day- A day of happiness and cuddles for everyone with a significant other. It is the holiday where you go out and buy something super expensive just to prove that you’re the better half of your relationship. It’s also the day known for mass rejections and friendzone-ifaction for the less lucky individuals who aren’t already coupled up. So how did this day get its start?

There are actually many origin stories for this popular holiday. The most popular story is that of Saint Valentine in Rome who would marry soldiers who were not allowed to be wed at that time. Saint Valentine was also a minister for Christians of Rome who were prosecuted at the time. Due to his bad habit of breaking the law, Saint Valentine was locked up in the slammer and while he was there he began a relationship with the jailer’s daughter. After a little bit of sneaking around and doing all that adorable stuff that people do when they love someone in prison, she got sick, and Valentine, being a doctor, cured her fever. Of course in Rome nobody was ever grateful for anything so he was still set for the chopping block, however he sent his lady-love one last note signed: “Your Valentine.”

It wasn’t until the 1000s that Valentine’s Day was associated with romance and flowers. It was mostly just celebrated by the rich people who wanted to eat more sweet foods than usual. However after another seven hundred years the holiday had evolved into something much more. The English would give cute little greeting cards to each other as a way to add some validity to their relationships which, at the time, were pretty much under constant scrutiny from their neighbors. It was also during this time period that hearts and doves and Cupid became more prevalent in the hand-written card scene.

Now-a-days those cute little handwritten cards that got you Eskimo

kisses and hugs have been replaced by mass marketed Valentine cards. These new cards are almost evil in such a way that they cause you to get all kinds of paper cuts and they’re mostly unoriginal in every way. Not only are the cards themselves unoriginal and potentially painful, but most elementary schools force students to buy them for all of their classmates; even the gross ones with cooties. Because of Valentine’s Day card exchange rituals, children had to adapt a way to survive the holiday, so they invented a magic spell. To use the spell the children recite “X.X. Dot. Dot. Now you got your cootie shot.” And somehow it makes them immune to the “cooties” disease.

Currently Valentine’s Day has become somewhat of a joke holiday where couples have an excuse to go out to dinner and leave their kids home alone with the babysitter who couldn’t find a date. It’s also a day for all those that were dumped after purchasing their ex a Valentine’s gift to get together and create a bonfire to burn everything their ex had ever given them. Some of the more risky kids like to buy a balloon for their crush and maybe get them a box of chocolates while being all around adorable about it.

Dates are important on Valentine’s Day so try taking someone you like ice skating because if they aren’t good at it they have to hold your hand (and that’s awesome.) You could also try taking them to the movies if you’re socially awkward because you literally never have to speak to them (you can even do that corny thing where you wrap your arm around them.) This Valentine’s Day don’t forget what the holiday is actually all about, and get yourself out there and find that special someone. Most importantly, however, remember to never cry in front of those who rejected you.



By Andy Frohnappfel
Staff Writer

TOP TEN DISCOVERIES AND ADVANCEMENTS OF 2013

10. The Galaxy Gear is an all new smart watch. Though you must have a Galaxy smartphone to use the Gear, it is a truly innovative design. It allows you to accept calls and texts, connect to the web, and even take pictures without actually pulling out your mobile phone.

9. Amazon Prime announced that they planned on using drone technology to deliver packages by 2015. Amazon wishes to deliver packages under five pounds and in a ten mile radius within thirty minutes. While test runs were made, it will be at least a few years until drone delivery becomes possible due to the legal aspects.

8. Three dimensional printers made leaps and bounds this past year. These machines have been around for some time but in 2013 the whole world turned to them to make everything you could imagine, whether it be a fully functioning gun, jewelry, or even furniture. Who knows if they will be short lived or whether they will continue to impact our lives.

7. Eleven billion planets in the Milky Way alone are believed to have the right conditions and locations to have a chance at supporting life. While it will not be any time soon that we are taking a vacation to a foreign planet, scientists say not to totally forget the idea as it may be possible.

6. Developers officially created the first human embryonic stem cells through the use of cloning. In the future these cells could be used to grow organs for the chronically ill. While the cell was created, it was not implanted into an embryo due to the fact researchers say they are not ready for such a large measure.

5. The number five scientific breakthrough of 2013 was the discovery of the olinquito, pronounced (oh-lin-GHEE-toe), a carnivorous mammal indigenous to South American Andean cloud forest. The raccoon like animal only comes out at night in the cover of heavy fog and is the first discovery of a new meat eating animal in thirty-five years.

4. If you think 1080p HD movies streamed to your computer have some of the best graphics you’ve ever seen, think again. Researchers have developed 4k displays that make a person question life in general, and in the near future, quality of this capacity could become the norm.

3. NASA announced Voyager 1 to be the first man-made object to leave our heliosphere, the border that separates our solar system from the rest of the Milky Way Galaxy. This is a huge break through as we will now be observing other solar systems, where scientists expect to find planets that could sustain life.

2. Google Glass is an all new technology that is like nothing you have ever seen, for it is a combination of a smart phone and pair of glasses. Controlled by a touch pad on the side of the frames the headset has a single monocle that can record video and uses innovative technologies that allow the user to do everything they previously did with their smartphone.

1. Geologists discovered a new canyon and say it is about twice the size of Arizona’s Grand Canyon. The canyon itself is trapped beneath a vast amount of ice that is believed to have formed more than four million years ago in Greenland.



By Andrew Frohnapfel
Staff Writer

WINTER PREDATOR CALLING

With hunting season at a close and the miserable months of January and February here to stay, outdoorsmen of all types are looking for something to do until spring fishing and turkey season comes around. So rather than sit around and watch the outdoor channel and dream of sunnier days, why not do something a little more productive like build your own electronic coyote call for less than \$50?

You will need a horn speaker, mini amplifier, two auxiliary cords, and that old backpack hidden deep in that catastrophe called a closet to begin building. First things first, cut the end off of one auxiliary cord and solder the cut end to the horn speaker. Second you will need to plug the speaker into the amplifier slot marked out and then plug the spare auxiliary cord into the amplifier slot marked in. Next you will need either a smartphone, mp3 player, or even an old cd player that more than likely you have lying around. With a smartphone there are several apps that have animal calls that provide quality sound. If you don't have a smart phone, no need to worry; all you have to do is go online search "free coyote sounds" and download them to your computer where you will then be able to either load them onto your mp3 player or burn them to a compact disk if you really want to kick it old school. Once you have your sounds, all you have to do is plug your device into the auxiliary cord that runs into the amplifier and press play.

You have your electronic call built, sounds downloaded, and have drove the neighborhood dogs crazy with howling and animal distress sounds, but have no idea how to predator hunt. You are going to need a weapon so take what you like best whether it be a shotgun you usually turkey hunt with or the rifle you normally

deer hunt with, whichever you chose just remember to take responsible shots and you will not encounter any problems. Throw your call in the backpack mentioned earlier, dress warm and pack a quality flashlight as your hunting will be done after dusk. Splurging in this department you can buy a light that mounts to your scope or barrel that it is hands free, yet if you are on a budget grab some rubber bands and mount your own flashlight right to the gun and it will work just as well.

Hunting with a partner can be really beneficially as one person can run the call and the other can be the shooter, rotating in and out of these positions at each location will allow both hunters to get calling and hunting time. Upon arriving at the area you are going to call, you should start with soft quiet calls and gradually work up to louder harsher calls. Using the simple sequence of calling for two to three minutes and then pausing for three to five minutes between sounds. After thirty minutes of no action you should use a locator call such as a howl and then listen closely. In the event of no response you should try a new stand, in the event you get a response that is close by you should continue with a bird or rabbit in distress noise.

Finally, after a few unsuccessful quest you have called in a coyote and you see him coming into range it is an absolute must to remain calm and wait for the perfect moment. The coyote will more than likely pause for a split second just as he comes into range to evaluate the situation and you as a hunter must act immediately as this is your only chance at bagging a dog. So get your butt off the couch bring out your inner handy man and get to work as there are coyotes out there calling your name.

HOW TO MAKE VALENTINE'S DAY AMAZING FOR YOU AND YOUR GIRLFRIEND



By Cameron Waterbury
Staff Writer

Valentine's Day, every man's favorite day. Only falling on the calendar once every year, this day is highly appreciated by all men worldwide. This is the day all money is put aside and all the attention is put on your significant other in hopes of hanky spanky. This has to be special for her though, and you need to make sure she doesn't pick up on your mischievous moves, and instead focuses on the fact that you're actually caring about her. So here are some tips on how to make sure the day starts well for her and ends well for you.

Shave, unless your woman has a weird beard fetish make sure you are cleanly shaven. No matter how good or manly you think you look, it's not working. It also wouldn't hurt to mow the grass if it's getting a little long. If you plan on taking her in that sweet whip of yours make sure it's clean. Rent a Ford Probe if you have to, this will surely seal the deal. For most out there this usually isn't a problem, but that used condom and empty bag of fast food need to go, considering she doesn't even know about it. Dress nice, every man looks good in a suit and it definitely scores you some style points. Get a haircut, every girl agrees that a fresh cut man is most desirable. Taking a shower probably wouldn't hurt either; if you can't remember the last time you showered it's about that time. I suggest using AXE body wash, according to the instructions you should have your girlfriends attached to you like glue the second you lather that stuff on.

Now that you're all ready to go, it's time to start planning the events of the big day. For a quick simple kiss ass idea, take her out to where you first met or where you had your first date. This will mean a lot to her, and also proves that you remembered. Women love it when you actually remember important times in your relationship for it shows you actually care. Get her flowers, or chocolate, and make sure to bring them to her before you pick her up. If she is allergic

to chocolate get her white chocolate, it's not actually chocolate and is made of 100% sugar. If she is allergic to sugar, get her 100% cacao. Make sure to act like she's the last woman left on planet Earth. Flirt with her like you did to get her in the first place and treat her like you would a unicorn, with respect. She will love all the attention. If you played your cards right you should have about 10 points by now. If the first place you went out wasn't at a restaurant take her out to a very fancy restaurant, like Arby's. Home cooked meals are worth 3 points as well. Cup of Noodles, Mac 'n Cheese and rice are some of the easier meals that women go head over heels for.

After dinner take her back to your place for a glass of wine. Make a path of rose petals; for some odd reason ripped up flowers really turn the female species on. To score a couple extra points tear the petals off yourself to show dominance. Small lit candles go really well with the roses, but location is key. Consider also getting a hotel room or private room, different scenery may spice up the coitus. If you played your cards right the extra space will play to your advantage and you won't have to worry about cleaning the large mess later. That's what illegal immigrants are for.

If it's possible try and get out of town, a different romantic environment may spark just the fire you wanted. The most important thing to remember is that Valentine's Day is for her, not you, and it's all up to how much she enjoys it. Do everything out of your way for her, after all you're together for a reason; give her that reason. Don't bring anything up in conversation that would kill the vibe. Set all arguments aside and avoid all sketchy topics in your relationship. No one knows her better than you do. Do what you feel right and make this a day she will never forget.

Reviews

2014 CHEVROLET CORVETTE STINGRAY REVIEW



By: Andrew Frohnapfel
Staff Writer

The 2014 Chevrolet Corvette Stingray is off to a roaring, hot start with over twenty awards including the coveted North American Car of the Year Award. Sporting a 6.2 liter V8 engine with either a six speed paddle shift automatic or seven speed manual transmission, the Stingray has 460 horses of raw power along with 450 ft. /lb. of torque. With a complete aluminum frame that is some 57% stiffer than previous models and 99 pounds lighter the latest Stingray, this year's version will be the fastest Corvette ever built, going from zero to sixty in a mere four seconds or less while still managing 17 mpg in the city and 29 mpg on the highway.

Now if motor size and speed is not enough then have no fear as the Stingray has some of the coolest gadgets for 2014 including a rear view camera, OnStar, Bluetooth, Bose surround sound system, two USB ports, an audio port, satellite radio and an eight inch touch screen that can be synced to your smart phone. Not to mention the driver selector mode which allows the pilot to choose between five different settings ranging from weather to track, making changes in the gauges, throttle response, shift points, and slip differential. The track setting mimics the C6.R racecar in the fact that it has a lap timer and traction control is

eliminated, while the weather setting makes adjustment in suspension to help cope with horrid road conditions.

Available upgrades to the Vette include the Z51 package that adds dry sump oiling, larger slotted brake rotors, nineteen and twenty inch wheels, improved gear ratios, and a better engine cooling system. As far as color is concerned there are six standard colors to choose from and four premium colors along with three different interior colors and three different wheel color options. Competition style racing seats and harnesses are an available option to give the Stingray that sleek sexy look; even a set of specially engineered luggage to make the most use of trunk space and match the car are all available for an extra charge.

To be the proud owner of the innovative 2014 Chevrolet Corvette Stingray, you are going to have to make a trip to the piggy bank and shake him for all his riches as in today's age a true factory race car doesn't come cheap with a base price of \$51,000 MSRP. However, let's face it to have a dream come true price isn't a concern, so the next time you are looking for an all new amazing ride go check out the latest Stingray at your local Chevrolet dealer and give it a quick spin around the block. .

BIG 12 BASKETBALL SCHEDULE

Mon, Feb 03	Oklahoma State	Iowa State	Stillwater, Okla.	8:00 p.m.
* Tue, Feb 04	Baylor	Kansas	Waco, Texas	6:00 p.m.
* Tue, Feb 04	TCU	Texas	Fort Worth, Texas	7:00 p.m.
* Wed, Feb 05	West Virginia	Oklahoma	Morgantown, W.Va.	6:00 p.m.
* Sat, Feb 08	Kansas State	Texas	Manhattan, Kan.	12:30 p.m.
* Sat, Feb 08	Iowa State	TCU	Ames, Iowa	3:00 p.m.
* Sat, Feb 08	Kansas	West Virginia	Lawrence, Kan.	3:00 p.m.
* Sat, Feb 08	Oklahoma	Baylor	Norman, Okla.	6:00 p.m.
* Sat, Feb 08	Texas Tech	Oklahoma State	Lubbock, Texas	8:30 p.m.
* Mon, Feb 10	West Virginia	Iowa State	Morgantown, W.Va.	6:00 p.m.
* Mon, Feb 10	Kansas State	Kansas	Manhattan, Kan.	8:00 p.m.
* Tue, Feb 11	Texas	Oklahoma State	Austin, Texas	6:00 p.m.
* Wed, Feb 12	TCU	Baylor	Fort Worth, Texas	6:00 p.m.
* Wed, Feb 12	Oklahoma	Texas Tech	Norman, Okla.	7:00 p.m.
* Sat, Feb 15	Iowa State	Texas Tech	Ames, Iowa	12:30 p.m.
* Sat, Feb 15	Oklahoma State	Oklahoma	Stillwater, Okla.	1:00 p.m.
* Sat, Feb 15	Kansas	TCU	Lawrence, Kan.	3:00 p.m.
* Sat, Feb 15	Baylor	Kansas State	Waco, Texas	6:00 p.m.
* Sat, Feb 15	Texas	West Virginia	Austin, Texas	7:00 p.m.
* Mon, Feb 17	Baylor	Oklahoma State	Waco, Texas	8:00 p.m.
* Tue, Feb 18	Iowa State	Texas	Ames, Iowa	6:00 p.m.
* Tue, Feb 18	Texas Tech	Kansas	Lubbock, Texas	7:00 p.m.
* Wed, Feb 19	Kansas State	TCU	Manhattan, Kan.	8:00 p.m.

10 THINGS GIRLS WANT FOR VALENTINE’S DAY

- 1. Heart shaped pizza
- 2. Michael Kors, Coach, or Vera Bradley purse
- 3. Diamond rings, necklaces, or bracelets
- 4. Chocolate
- 5. Flowers
- 6. Victoria’s Secret clothes
- 7. Michael Kors watch
- 8. Card
- 9. Money
- 10. A fancy dinner



CLEANING OUT YOUR CLOSET



Kassie Shope, Staff Writer

I recently cleaned out my closet after months and months of letting clothes and other random items pile up in the floor. My closet was so bad that I could hardly walk through it without stepping on something and nearly falling. At first it seemed as if I would never be able to clean everything up, but I made a plan of where everything was going to go and that made my organization process much easier. With these simply tips you’ll, have your closet spotless in no time!

First, I took a piece of paper and literally drew a picture of my closet and wrote where I was going to put everything in order to make my closet the most functional. I utilized all the shelving, dressers, and totes that I have in my closet for extra hidden organization.

Next, it is very important that you get rid of clothes that you haven’t worn in a while. That was my problem for the longest time and my closet just kept getting cluttered again. If you haven’t worn it in the last three months, it’s pretty safe to say that you don’t need to keep it. Once you get all your unwanted clothes out, I would suggest hanging your clothes by color. You don’t have to, but it was just easier

for me to find things when I needed them and it didn’t take too long to find that perfect top to match my outfit.

After that, I cleaned out all the junk that I didn’t need to keep. I had a ton of things that I had just put in my closet because I was too lazy to organize them and just left them. At this point I could finally see the floor so I began organizing my t-shirts and lounge clothes. I just folded them and put them in my drawers and totes so they would be organized but not taking up space hanging up. I managed to just hang up my nice clothes so they would all be in the same place and wouldn’t get wrinkled.

Lastly, I organized and dusted my shelves and ran the vacuum cleaner to finish up my organization. After organizing your closet, it is important to keep it that way. If you take something off the hanger, make sure you put it back and make sure you put up all your clothes where they’re supposed to go so you can find them. If you follow all of these tips then your closet will stay clean and organized for a tidy, well-structured space for your most valuable pieces of clothing.

ALL AROUND HEALTHY FOODS AND SNACKS



By Kassie Shope Staff Writer

At the beginning of every New Year, many of us make the resolution to lose weight. However, this year it is advised you not only try and lose weight, but make a lifestyle change and eat healthier. Don’t just focus on how much weight your losing or how flat your stomach is, also think about how the foods you put into your body are affecting it and how healthy or unhealthy they are. While it doesn’t sound fun to eat healthy foods; once you eat healthy for a week or so you will see a change in your body and energy levels. If you’re going to eat healthy then you may as well eat foods that will be good for your skin, hair, and overall health. If you eat the foods listed below then you are guaranteed a great start to a healthy lifestyle without feeling deprived or hungry.

- 1) Frozen peas and corn
Just because these vegetables aren’t fresh off the shelf doesn’t mean they’re not healthy! Frozen vegetables hold in their naturally flavors and don’t turn into starch or rot like fresh vegetables would. A cup of frozen peas has 55 calories and 3 grams of fiber and a cup of frozen carrots has 72 calories and 2 grams of fiber. The combination of low calorie and high fiber makes these vegetables really filling while still giving you great nutritional value
- 2) Quaker Express Oatmeal
Not only is oatmeal delicious, but you can get it in several flavors so you never get bored of eating the same one. Studies show that oatmeal is more filling than regular cereal with the amount of calories and fiber content.
- 3) Granola Bars
They are so many different types and flavors of granola bars; the possibilities are almost endless. The chewy peanut butter chocolate chip and s’mores flavors from Quaker and especially delicious, if you like peanut butter and chocolate. They are really good and only have 100 calories! The Kashi chewy granola bars are also highly recommended because they have 130 calories, 4 grams of fiber, as well as 5 grams of protein. Many granola bars are made with whole grains and nuts which are amazing for your body as well as your skin.
- 4) Avocados
Although avocados have a high calorie count of 320, they are a healthy fat and your body needs this. Avocados also contain tons of vitamins such as vitamin A, C, E, K, and B6, as well as a large amount of potassium. They have also been

- proven to be great for your overall health by reducing aging, regulating blood sugar, and improving eye and skin health.
- 5) Almonds
Almonds are another snack that you can eat to feel full without eating a lot. Not only are they really tasty, but are also great source of nutritional value and a large amount of essential vitamins. A half cup of almonds contains significant percentages of biotin, vitamin E, manganese, vitamin B2, magnesium, and fiber. Of course all of these vitamins are great for your body, but they are also great for your hair and skin.
- 6) Biotin
Lately, people have been taking biotin supplements more and more. It seems to be a trend as it helps your hair grow and makes your skin clear. However, many people probably don’t know all of the vitamins they are gaining by taking biotin. Biotin contains vitamin B7 or vitamin H, which occurs in your body naturally and is related to your metabolism. Biotin supplements are known to help speed up metabolisms and make weight loss easier. As mentioned earlier, it also rapidly stimulates hair and nail growth.
- 7) Apples
This one seems simple, but apples are incredible for losing weight. Studies show that eating just one apple a day can drastically help with weight loss. Apples are also full of antioxidants that help prevent belly fat. As the common saying goes, “An apple a day keeps the doctor away!”
- 8) Salmon
Salmon is great for your heart as well as great for creating a skinny waist. It is also full of Omega-3 fatty acids which improve insulin sensitivity. This helps you build muscle and decrease fat. However, if possible, opt for wild salmon as it often contains fewer pollutants.
- 9) Kale
One cup of kale contains only 34 calories and 1.3 grams of fiber. It also contains a hearty helping of iron and calcium, both essential for a healthy body.
- 10) Blueberries
All berries are healthy as well as delicious, but blueberries are among the healthiest of the bunch. They have the highest antioxidant level of all fruit and they also contain 3.6 grams of fiber.



VALENTINES DAY STATS

- 180 million valentine cards exchanged every year
- 73% of men buy flowers
- 11,000 children are conceived each Valentine’s Day
- 196 million roses are purchased every Valentine’s Day
- The average person spends \$116.21 on Valentine’s Day presents

PINTEREST VALENTINE’S DAY CRAFT



Kassie Shope, Staff Writer

Conversation Heart Tree
What you need:

- ☐ Canvas
- ☐ Paint
- ☐ Glue
- ☐ Conversation Hearts

How to:

- 1) Paint the canvas solid blue for your background of the sky
- 2) Paint a tree with many branches on the canvas
- 3) Allow to dry and glue hearts onto the branches
- 4) Now you have an adorable Valentine’s Day decoration!



By: Cameron Waterbury
Staff Writer

HOROSCOPES

Aries (March 21 – April 19) – Despite now reaching an older age, you find yourself enjoying the same things you did as a child. You are convinced you will never truly grow up. The mere thought of going to Neverland and staying young forever intrigues you and you find yourself daydreaming in class a lot. While this brings happy thoughts and promotes the chance of flying, you need to concentrate on your studies and study for your tests.

Taurus (April 20 – May 20) – While dusky days seem to look over your head more prevalently, you realize the importance of increasing your own happiness and promoting good deeds. Nothing makes you happier than brightening someone else’s day, and you find yourself trying to make others smile more often, thus making your own life brighter.

Gemini (May 21 – June 20) While you don’t believe in bad luck, it sure seems to have it out for you. You wish to break down in a cursing rampage to express your anger but feel as though only bad reactions would result. Instead, you keep it bottled up which will build and build and eventually erupt on all those around you and will make yourself seem like a fool and an ass. Try to avoid this.

Cancer (June 21 – July 22) – Eat food less. You eat too much to try to fill a void in your life. You cannot replace this with food unless you have the desire to look like the infamous ginger Fat Bastard (Austin Powers reference) (insert laugh here). There are treadmills located in both residence halls which can help burn off some of those awful calories found in the delicious ice cream bowls and soda cans.

Leo (July 23 – August 22) – Although it’s a dead art, you seem to be getting a serious craving for the original super Mario Brothers game. It can easily be played online or on the ancient game boy, and can provide hours of entertainment. If you are the type that doesn’t want to play, but has a simple appreciation for the game, try searching “super Mario frustration” on youtube and you will be entertained with laughter for a good 20 minutes.

Virgo (August 23 – September 22) – Despite all your hard work, you never feel confident. For hours you have spent either studying or working on a recent project, only to complete it with a look of disgust. The motivation you had before just isn’t there anymore and this frustrates you even more. The only way to fix this is through relaxation. Find a movie you have been dying to see, or a comedy that will surely make you laugh. Spend a day with you friends, putting everything aside to finally enjoy what you want to do.

Libra (September 23 – October 22) – Even on a 50/50 bet you would have bad luck. Luck has never been on your side since day

one. Lucky for you something exciting will happen to you today. You will find yourself in a familiar situation but with a slight twist. This twist will not only make your day, but possibly one of those moments you never forget. On top of that everyone seems to be delighted by your presence, the casual “hey” turns into a “hey!” followed by a conversation. The only thing stopping you is you.

Scorpio (October 23 – November 21) – There will always be that one person that rubs you the wrong way. Today, you get your revenge. You will need to do nothing, but as you are sitting in the café and they walk in, revenge strikes. Something will happen to them and this makes you happy. An evil sort of happy. Despite all this hatred for them, inside you feel for them, in years to come you will later realize how much of a fool you were for once hating them.

Sagittarius (November 22 – December 21) – While going out all the time with your friends is great, sometimes you just want to kick it back and relax. You simply cannot catch a break. You come back from a long day of classes, sit down, and immediately your best friend comes knocking. As good as this is, a movie and a bag of popcorn to yourself sounds a lot better. You feel as if this lack of alone time affects your grades as well, but this is the least of your worries.

Capricorn (December 22 – January 19) – There are not a lot of things in this life that keep you going. Music is one of those. No matter what mood you are in music is always there to cheer you up when you are down or get you hyped up for that big game. You can listen to almost any genre of music and get a vibe from it. Today you will find one of those songs that you won’t stop listening to until its gets old and bad, but for that first couple of days this will be your jam.

Aquarius (January 20 – February 18) – There is not much in this world that will truly get you motivated. Motivation just doesn’t seem to exist in you. Lucky for you today is the day you get motivated for something. You have something big coming up soon and motivation will help you push through it. It will be something small, but enough to get the job done. On top of that, today is the day that everything seems to go your way. You wake up refreshed from a long night ready to go, everyone notices your presence, and you get a better grade on your test than you thought.

Pisces (February 19 – March 20) – Your world revolves around money, whether you have it or not. There is always something you want to buy, and you might not even need it. Money had never really been a problem until you realized just how much you had and how much things really cost. Fortunately for you today you will realize you have enough to buy what you have been wanted to get for a long time.

CROSSWORD

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ACROSS

DOWN

3. Symbol of love
6. Circular shape resembles infinity for love
7. The _____ of February is a Valentine's Day
9. Certain day that celebrates love.
10. People who are there for you
11. This type of person might enjoy Valentine's Day
1. Month with two of a certain letter
2. Literature that conveys emotion
4. What can be given with a present
5. Four letter word with ties to another
8. Way to show effection
10. A gift that can be given on Valentine's Day



By Cameron Waterbury
Staff Writer

MOVIE REVIEW: THE INTERNSHIP

The Internship, starring Vince Vaughn and Owen Wilson, features two salesmen who lost their jobs due to the rapid growth of technology. Previously selling designer watches, Billy (Vince Vaughn) and Nick (Owen Wilson) soon find themselves unemployed and in search of a new job. With little to no actual skill besides sales and no college education, Billy and Nick decide to apply for an internship with Google. This movie explains the story of how Billy and Nick start at the bottom and get to the top. The Internship is rated R due to crime, but besides a couple nut shots and a fight at a strip club, there was no crime in the movie. It is also considered to be a comedy and had great previews which led viewers to believe this was going to be a funny movie. Unfortunately it wasn’t. In a weak case of “good guy vs. bad guy” the ending to this movie was more obvious than desired. From the start it was way too obvious as to what exactly was going to happen. (Spoiler!) Billy and Nick get the job. Unlike many other weak comedies that try too hard to make it funny, The Internship

gave the impression that the writers didn’t even try. For an almost two hour movie they had plenty of time to make at least a couple of jokes that would have made the audience laugh. The Internship ranked number 4 upon release and had a domestic total gross of \$44,672,764. The 13th week after release it dropped to rank 69, making a total of \$14,129 in one week compared to the \$17,325,307 the first week of its release. Despite the harsh criticism of The Internship, it is a movie worth watching. That is, if you have two hours to kill and literally nothing else on your agenda. For the guys out there, at about one hour into the movie there is a scene worth watching, but other than that, it’s a pretty slow movie. For the amount of great comedies out there today, and those that are coming out shortly, The Internship just doesn’t compare. Had this movie been made with less famous actors it would have been a flop. To its defense, The Internship did have a great story line and proved its point that all of us stand a chance in this world, we just have to try really hard for what we want.



HOMEMADE COCONUT BALLS & PEANUT BUTTER BALLS

Joe Sherfey
Staff Writer

Coconut Balls Ingredients: One cup of toasted chopped Macadamia nuts One cup of sweetened condensed milk One and half teaspoons of almond extract Eight ounces of sweetened shredded coconut One half-ounce bag of semisweet chocolate morsels One tablespoon shortening Two Sheet Trays Aluminum foil	the chocolate to coat evenly and lightly. Finally, place onto a foil lined surface to dry.
Instructions: First, in a bowl mix together the nuts, condensed milk, almond extract and coconut. Next, press the mixture into balls about 3/4-inch round. Now, place onto the sheet trays and let rest at room temperature for an hour in the refrigerator. After the balls have set up, go ahead and melt the chocolate and shortening until no chunks are left. Then, dip the balls into	One cup of sifted powdered sugar A half cup of creamy peanut butter Three tablespoons of butter One lb. of dipping chocolate
	Peanut Butter Balls
	Instructions: First, stir together powdered sugar, peanut butter and butter in a bowl. Now, shape the peanut butter mixture into balls like the coconut balls. Next, place them on a baking sheet covered with wax paper. Then, let the balls sit for an hour in the fridge. Next, melt the dipping chocolate. Now, dip the balls one at a time in the melted chocolate. Finally, place on a foiled surface and allow to set.