



EFFECTS OF MARIJUANA

Physical and Psychological Effects



Physical

SHORT TERM

- Increased heart rate
- Lack of coordination
- Increased awareness of senses
- Lethargy
- Increase in Appetite

LONG TERM

- Insomnia
- Lowers Testosterone levels and sperm count
- Disrupts periods in females
- Memory Loss
- Loss of Appetite



Physical

- Damages Brain cells that control emotion, thinking, pleasure, mood, memory, and coordination
- Increased heart rate can cause hypertension and heart disease
- Causes damage to lungs, reducing ability to bring in oxygen and release carbon dioxide.....Emphysema or chronic bronchitis
- Increase risk of lung cancer as Marijuana has 2x the amount of tar as cigarettes
- Breaks down the immune system and makes it harder for the body to fight off infection



Physiological/Psychological

SHORT TERM

- Euphoria
- Paranoia
- Agitation
- Anxiety
- Altered state of consciousness

LONG TERM

- Depression
- Irritability
- Anxiety
- Anger
- Lack of motivation



Other Effects

- Hallucinations/Distorted Images
- Decreased Interest in Completing Tasks
- Inability to perform tasks that require complex coordination
- Dry Mouth
- Decrease in Problem Solving Skills
- Reduced Muscle Strength