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GRIM & BEAR IT 11

Tech hosts A.I.I. Basketball tournament



Daniel Eisenberg
C.D./Section Editor/Staff Writer



For those of you who do not already know, the men's and women's basketball teams here at Tech are extremely talented and show off their skills for all those who attend their games. With high flying abilities and hawk-eye shooting, both teams put points up on the scoreboard with amazing fashion, and play with team chemistry that is impossible to break. A huge tournament is coming up soon in which both teams will compete and hopefully come out victorious. This tournament will take place in the Baisi Center and is a huge deal for both the teams as well as for the school as a whole. The competition is the A.I.I. Post-season tournament, and will take place on Friday March 1- Sunday March 3.

The A.I.I. is the Association of Independent Institutions. All NAIA independents automatically become members of this association. All schools that decide for themselves that they want to be independents, meaning that they are not members of a specific conference, are automatically included in the A.I.I. Tech is a

*See **Tourney** on page 10*

Jealously; the green-eyed monster

Ashley Quinn
Section Editor/Staff Writer



We all, at some point in our lives, have experience that all encompassing feeling of anger, fear and hurt all rolled into one. Someone smiles encouragingly at your significant other and feathers can quickly become ruffled. It is so easy to recognize the symptoms of jealousy and can be painfully difficult to control, but where does this ugliest of emotions come from? Lisa Firestone, Ph.D. explains in her article, What Drives Jealously, that jealousy is a natural emotion. It is something that is instinctive and can contain deep-seated feelings of possessiveness, insecurity and shame towards

or concerning a romantic or perceived romantic partner.

Dr. Firestone goes on to explain that jealousy is something that stems from negative experiences, typically early in life when everything is so new. Some major factors common in jealous individual's youths, Dr. Firestone states, are exposure to excessive criticism, having their needs ignored by a primary caregiver and being witness to destructive relationships. These things, when repeated over and over again, begin to develop into a pattern that is pervasive over the course of an individual's life.

Jealousy begins, Dr. Firestone describes, as something simple such as the errant thought "what does he see

*See **Jealousy** on page 14*

To live together or not to live together, that is the question

Andrea Joseph
Section Editor/Staff Writer



During the years of gaining your college education, many people find that significant that they will spend the rest of their life with. Many of these couples do not want to get married until after they finish their education, so to test their relationship they decide to live together during the college years/pre-marriage days. Is living together before marriage a good idea? Is living together during college a good idea? Let us go through some statistics, as well as pros and cons to see if living together before marriage is really a good idea.

According to www.learningblogs.nytimes.com, in 1960, 450,000 unmarried couples lived together. Now, the number has reached a booming 7.5 million unmarried couples live together. The reason the number was so low back in the day was majorly due to morality reasons. The older generations preached that you could only live together if you were married. Nevertheless, more and more people are straying from the ways of the old.

Lets say you are in a very serious relationship with someone, who you are at least 90 percent sure you will marry, and you are highly considering cohabitation before marriage. Many topics have to be talked about before even considering living together such as: Will we sleep in the same

*See **Live Together** on page 12*

Kick procrastination to the curb!

Joe Sherfey
Staff Writer



Procrastination is one of the many reasons students struggle in school. Procrastination is almost always negative and should be avoided at all costs. Many students do not feel like doing a long assignment right away because they would rather relax than work. Procrastination can also be from having a short assignment and thinking you can finish it quickly later.

Procrastination, however, is not the right way to get something done. If you want the best grades possible, it is best to start earlier with breaks in between.

Take a few days and set them aside to work on your assignment and plan how far you want to get. If you do this, you will get more done faster and the work will speak for itself.

There are many ways to avoid procrastination, starting with getting in the right mindset. You have to want to do well in your classes before you can start doing your best. Once you have done that, you will need to set a goal for the class and work towards achieving it. Since you have a goal, you will be more motivated to finish whatever project you are working on and feel better afterwards. Then it is best to find a good working pace that works well for you. I

*See **Procrastination** on page 6*

Need relationship advice?



See page 12

A word from your SGA President...

Robin Davis
Guest Writer



I hope your semester is going great so far and that your Valentine's Day brought you joy and love. The past few weeks have been busy ones, not only for me but for SGA and Tech. We have finalized the list of books that the Library Committee has requested based upon student requests and some of the national book lists. We are continuing to work on the SGA office and develop that entire wing into a space students will want to use. As always we are here for you, the students. If you have any questions or concerns, please contact us.
Tech-SGA@mail.wvu.edu

SGA Office Hours

Your SGA officers will be working office hours so each and every student has access to us outside of the biweekly meetings. Below are the hours for each officer:
Robin Davis, President - Tuesday and Thursday, 2:00PM - 4:30PM
Nathan Plymale, Vice President - TBA
Lindsay McDowall, Secretary - Wednesday and Thursday, 2:00PM - 4:30PM
Ashley Clark, Treasurer - Tuesday and Thursday, 11:00AM - 1:00PM

2013-2014 Academic Calendar

There are some changes in next year's calendar that you may not be aware of. Beginning in the Fall of 2013, WVU has instituted a fall break. This will be a two day

break, October 14th and 15th. With this new break from classes, changes have been made to the finals week in the fall. Finals are scheduled to run from December 12th thru 18th which will be a Thursday-Saturday and Monday-Wednesday. Spring semester only has one change to it. Students will be starting classes on a Wednesday (January 8th) in the Spring 2014 semester.

Nutrition Committee

The Nutrition Committee has met and we are pleased to say that not only were we able to make progress, but we are proud to announce that the morning favorite, waffles, will be offered all day every day! In addition, in the coming future the Bears Den will offer both vanilla and chocolate soymilk on a daily basis. The committee will be meeting monthly from here on out and will continue to work to offer the best dining experience for the entire Tech family.

SGA Elections

Although elections are not taking place until April, we are looking for the next great student leaders to take SGA and Tech even farther. If you think you are right person to lead your peers, feel free to contact one of your SGA officers for more information and any questions.

Robin W Davis
President, WVU Tech Student Government Association

Monty's Weekly Agenda

- Thursday February 21st
IEEE S-PAV's leadership workshop @ ENGR 311- 2 p.m.
Yoga and Ballroom dancing @ Tech Ballroom 5:30-7:30 p.m.
- Friday February 22nd
BINGO @ Bear's Den 11:30 a.m.- 1 p.m.
- Saturday February 23rd
Upward Bound Follow-Up Session @ Ballroom 10 a.m.- 3 p.m.
- Sunday February 24th
Intramural Frisbee @ Martin Field 6 p.m.
- Monday February 25th
Zumba @ Tech Ballroom 5:30-6:30 p.m.
Self Defense @ Tech Ballroom 7-9 p.m.
- Tuesday February 26th
SAB Movie night- Skyfall @ Tech Ballroom 8-10 p.m.
- Wednesday February 27th
National TRIO Day Open House @ old Main 11 a.m.- 3 p.m.
Self Defense @ Tech Ballroom 7-9 p.m.
- Thursday February 28th
Yoga and Ballroom dancing @ Tech Ballroom 5:30-7:30 p.m.
- Friday March 1st
BINGO @ Bear's Den 11:30 a.m.- 1 p.m.
- Sunday March 3rd
Intramural Frisbee @ Martin Field 6 p.m.

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WVU Tech IEEE



Attention all Electrical Engineering, Computer Engineering, Computer Science, Mathematics, and Electrical Engineering Technology majors: join WVU Tech's chapter of the Institute of Electrical and Electronic Engineering.

Meetings: every other Thursday at 1:00 ENG-414 starting January 24, 2013. Pizza provided every other meeting.

Chair: Amber Toney, 304-237-1054, atoney1@mix.wvu.edu
Vice Chair: Adam Kiger, 304-580-1685, akiger3@mix.wvu.edu
Secretary: Katie Pratt, 304-784-3167
Treasurer: Jeremy Anderson, 304-312-3197
Media Coordinator: Dylan Harrison, 304-610-5418

Need Community Service Hours?

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Morris Creek Watershed Association, Inc.
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**WANTED:
SGA Senators**

Contact: Robin Davis at rdavis32@mail.wvu.edu

Nore Davis Comedy

Joe Sherfey
Staff Writer



I attended the comedy show that was sponsored by SAB on Wednesday, February 6, 2013. This was very entertaining as the comedian, Nore Davis, exploited uncomfortable situations in most people’s life. He made the uncomfortable comfortable to say the least. Racism and sexism were two of the many joke topics that he used. The jokes he made were hilarious and he really knew how to make everyone laugh. Every now and then he would have some random input for an occurrence that the crowd would trigger. He would pick on the people leaving to go to the bathroom and even the random people in the audience would get a “dose of his medicine”. Whether he was picking on someone for being alone in the audience or for a strange laugh that came from someone, he always made light of the situation.

His entrance may not have been the greatest, but I could tell he was making use of whatever situation he could find. He was definitely improvising and he did a great job of the little bit that he had. Some of the jokes he used consisted of hillbilly references, sex, racism and dating. Like how women do not like bunk beds and that was the reason he was single in high school and college. He also made fun of MTV’s new show “Buckwild,” like how it is more reading than watching. He also made jokes about the term “born in the hood,” is not accurate at all. He said that when people ask if he was born in the hood he immediately imagined a drug

dealer on the side of the road with a woman giving birth. The joke was very comical and involved an imitation of the drug dealer’s reaction to the baby being born.

Not much of the show was slow either; he always had a comment for something. Sometimes it was a swing and a miss, but he nailed the performance most of the time. The show in my opinion was great and a lot of my friends enjoyed it as well. Even though I did not know what to expect, it would still have been surprising if I expected it. He just stated the obvious bluntly and addressed it as a big joke. He made fun of everyone equally and took punches at himself as well. He made jokes about his family, like his mom being crazy and his dad being a cop. His dad was always the one to get his other officers to help mess with his son. His mom was always concerned for his well-being, even scared he would get kidnapped. He made very contradicting statements to her fears, including the fact that there would not be a phone call because there would be no ransom.

All in all, I enjoyed his show very much and I would be glad to go to his show again.



What is the dish on Winterplace Ski Trips?

Joe Sherfey
Staff Writer



As you may have heard, the Student Activities Board (SAB) is sponsoring ski trips for WVU Tech students only to Winterplace. If you do not know where to sign up, you can find out in this article.

The first thing you need to know is that sign-ups are in Old Main room 325. To sign up you will need to give your email and phone number as well as sign your name on the list. There are only 11 openings for the trip itself and you are not allowed to go two weeks in a row. You are, however, allowed to sign up on a waiting list. This list is in case all 11 positions are not filled, then if you are next on the list, you will be able to go.

The trip is only open to WVU Tech students, as I said before. Students that need transportation will meet behind COBE underneath the overhang at 4:30 p.m. The bus will leave for the ski resort at that time. The bus will leave the resort when it closes at 10 p.m. The trip itself is free but any extra items such as food, drinks and souvenirs will not be paid for.

The resort is just a little past Beckley, about an hour and a half trip from WVU Tech. There are only 11 spots to fill and it is a first-come-first-serve deal. You will need your Tech IDs for sign-up and with you on the trip. Before you can ski, you will trade your ID for a ski pass and at the end of the trip will receive your IDs back. The students that sign up for a week must wait a week before they can go again. You may sign up for the waiting list though and if any openings come up, you may go that

week. Not only do they offer skiing, but family-friendly tubing. This is not paid for by the school, but if you have the money, you can do it. The trip is for skiing but they also offer tubing and snowboarding. It is known as the best place to go tubing in West Virginia. They offer lessons and places that you can work on your tricks. The resort is family oriented and great for big groups. The food is great at the resort.

Only two trips have been made to the ski resort due to bad weather, but the students that attended the trip enjoyed it a lot. I interviewed one of the students that went on the trip, Hayden Brooks. This is what he had to say about the trip, “I had a great time skiing and just hanging with the guys from the soccer team.” He said that he enjoyed the trip and it was a great way to spend the weekend. So if you are looking for a good, easy and cheap way to spend the weekend, sign up for the ski trip sponsored by SAB. The trip is literally being given away to 55 students. The trip is all paid for including your lift ticket, transportation to and from the school, and your skis and boots. On top of all this it is a guaranteed great time. So visit Old Main in room 325 for your chance to go on a limited time only ski trip.



Greek guys: Conference

Daniel Eisenberg
C.D./Section Editor/Staff Writer



The three fraternities on campus are all national organizations, which means that there are chapters of the same fraternity on campuses of other schools as well as WVU Tech. There are thousands of members in these three organizations, and it is not often that they have the opportunity to meet each other. However, due to national events, these occurrences do sometimes happen. There are numerous national events that each organization can attend, one of which being conference. All three fraternities at Tech recently had their national conference, and they all attended.

The biggest conference of the three was the one for Sigma Pi. 122 chapters and 43 colonies sent representatives to the event, which was in the Hilton Hotel in St. Louis, Missouri. At the event, there were several workshops that centered on leadership, accountability, philanthropy, growth and chapter finance. Five of the Sigma Pi’s from WVU Tech attended the event, and all of them received useful information on their position in the chapter as well as how to be a better man. They also received a lot of useful ideas from other chapters as well as some memorabilia with letters on them.

Delta Chi’s conference was held at Michigan University. There were 15 chapters present at this event, and 3 of the Chi’s from Tech attended. The numerous workshops that were provided were Membership Education, Risk management, Scholarship, Resume Writing & Job Interview Skills, So You Bought Some Friends Now

What?, How to Have Effective Alumni Relations, Crisis Management, Manpower, Involvement, Breaking Bad Habits & Bad Traditions, How to be more efficient: Time Management/Life Management, and Image is Everything. The brothers received a lot useful information here as well and brought it back to their chapter to implement.

The last fraternity on campus is Phi Kappa Tau. Their conference was held in Louisville, Kentucky and there were 12 chapters present. From Tech, 8 members traveled and attended the event. There were breakout sessions that dealt with the duties of the president, vice president, VP of alumni relations, membership orientation officer, scholarship chair, rush chair, treasurer and others. The members attended these sessions and received a lot of information from other chapters about how they are run.

Every chapter of every fraternity in the chapter has problems. These problems can be range from apathy, to financial instabilities and new ideas are always needed to fix those problems. Having the chance to meet other brothers from other chapters and talk to them about problems and ways to fix them is an amazing opportunity. I have personally attended four national events now and had the opportunity to meet brothers from all across the country. This is my favorite part about being Greek. It is absolutely amazing to walk into a room full of strangers and feel like you already know every single one of them. Having conversations with these people is easy, and friendships are formed immediately. Not only is this great due to the fact that meeting new people is always good, but it also builds ties to people from across the country, and it is a good networking tool when it comes to your future. Going Greek is the way to go!

Lady Greeks

Lindsay McDowall
Staff Writer



As always, the Lady Greeks are busy, busy, busy! For each sorority, the month of February is a bit of a lull as they recover from Recruitment Week and prepare their New Members for Initiation, which typically occurs around the beginning of April.

Madison Neal says the best thing about being a Delta Kappa Theta is, “the closeness that we all have. Since we’re local, we all know each other. We don’t have chapters anywhere else so the bond that we share is even stronger because we’re the only ones who have ever experienced it.”

Tori Bragg says the best thing about being an Alpha Sigma Tau is “the bonds of sisterhood. We’re always there for each other, and you can find an Alpha Sigma Tau anywhere. It’s an immediate connection to another woman that’s special and almost indescribable.”

So what is the purpose of a sorority? The purpose of a sorority is described by its mission statement. The mission statements for both sororities are below.

“The ambition of Delta Kappa Theta is to assist college women to achieve their fullest potential. Delta Kappa Theta strives to rally the leadership abilities in each and every woman it calls ‘sister.’ Scholastic achievement is heavily encouraged amongst the sorority as a whole. Each sister aims for community

and philanthropic endeavors in an effort to better herself as well as the community in which she lives. The utmost aim of the sisters of Delta Kappa Theta to cultivate friendships that last a lifetime.”

Alpha Sigma Tau has both a national mission and purpose and a local mission statement. The National mission reads : “Alpha Sigma Tau promotes the ethical, cultural, and social development of its members, specifically:

- to develop the character of each member through a study of ethics so that she will show in all her relationships sincerity, honesty, love and understanding;
- to help each member enjoy the cultural advantages in life so that she will know how to select those things which are most worthwhile; and
- to develop in each member the social graces to the extent that she will be able to take her place in life with true dignity and poise.”

The National Purpose states: “To foster intellectual, cultural, ethical and social development; To instill a commitment to lifelong leadership; To develop women who enrich the lives of others; To promote an environment of shared understanding and respect for values, expectations and goals; To sustain relationships that transcend the collegiate experience.”

And finally, the local mission statement is as follows. “It is the mission of the Gamma Mu Chapter of Alpha Sigma Tau Sorority to cultivate in our members the core values of Alpha Sigma Tau (intellect, connections, excellence, graciousness, respect) and to exemplify these core values in our daily lives and in all our contacts with others.”



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The *Tech Collegian* is used for educational prowess purposes with the intent to educate students in forms of media, journalism, photojournalism, and a various collection of writing styles. With this in mind, all publications are produced with the intentions to fine tune and chance these writers, photographers, and designers and their individual abilities within the field of journalism.

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MLK Jr. Choir Recap

Daniel Eisenberg

C.D./Section Editor/Staff Writer



On Sunday February 16, WVU Tech hosted the Martin Luther King Jr. male chorus in the Tech Center Ballroom. The event was free for the campus and community and the seats were mostly filled by eager students, faculty, staff and other neighborhood residents who enjoyed the soothing voices of the group that belled out their songs with emotion and passion.

The group was formed back in 1996 and is made up of men from 24 different congregations that span anywhere between Hurricane to Oak Hill, several of which reside in the Montgomery area. There are 36 men in the group and each bring their own unique voice to the mix and blend together into one sound that soothes the mood and entertains the listeners. The songs are traditional African-American gospel that sing through the air and leaves all those who listen nodding their head with the beat.

The MLK choir has sung at some pretty impressive venues. They have performed in West Virginia, New York, Missouri, Ohio, North Carolina, Virginia, Illinois and Washington D.C. They recently sang at Governor Tomblin's inauguration and participated in the memorial service for Robert C. Byrd. Also, the group sang for President Obama at the memorial service for the

29 minors who were killed at the Upper Branch mine. They also sing for schools, prisons, hospitals, reunions and other gatherings.

On top of the concerts that they perform, the men are also avidly involved in philanthropy events. They raise money for numerous non-profit organizations including Boling Inc. in Lewisburg, and Manna Meals in Charleston. Also in 2006, the choir was one of the lead arts groups that performed in a benefit show that consisted of twelve different groups. The money that was raised at this event was given to Hurricane Katrina victims that were in West Virginia as a result of the disaster.

The method of choosing what songs to sing is a bit unique. Instead of the old fashioned way of having an entire playlist planned out before each concert, the group decides at the scene of the song what they are going to sing. Based on the diversity of the crowd, the reaction they give, and the energy in the room, the men decide which song will be best for that moment. This keeps the audience and the choir fresh, and they all get excited when they find out which song they will be performing next.

The group of men sang with soul and left the audience enjoying the harmony and softly smiling to themselves about what they were seeing. The event was a success and everyone in attendance enjoyed the entertainment that was provided.

Osteopathic School visit

Andrea Joseph

Section Editor/Staff Writer



Many students here at WVU Tech are pre-med students, as well as chemistry, biology and a variety of other majors. Many of these students are highly considering medical school as an option of graduate studies. If so, you should have attended the meeting with the staff of the West Virginia School of Osteopathic Medicine. The Biology Club invited the staff from the Osteopathic School down to WVU Tech to give us more information, and the staff included: Daniel Seams (Admissions) and Ashely Toler (Graduate Physician/Teacher), as well as Andrea (second-year medical student). These fine staff members and student came here to persuade us to consider practicing medicine with them at their fine location and also give us answers to any questions we might have.

Daniel Seams presented us with a detailed, well prepared PowerPoint that had information about the school, general location, core curriculum and admissions requirements. First, he explained what differed the Osteopathic Medicine School from the other traditional medical schools.

Most medical schools, such as Marshall and WVU are medical that give you the title of M.D., but the Osteopathic Medicine School gives you a title of D.O. These titles are essentially the same in regards to being a doctor. D.O.'s and M.D.'s get paid the same, both write prescriptions, do any form of surgery/medical examination, but the Doctors of Osteopathic Medicine focus more on the manipulation of the musculoskeletal structure to treat whatever problem a patient might have.

The West Virginia School of Osteopathic Medicine is located in the

heart of Lewisburg, WV. Unlike a usual graduate school, it is a very small, compact campus which is good for all students attending WVSOM since getting from one place to another is easy, and also can have a personal relationship with the entire faculty. Some of the buildings that are on campus are the following: Library, Fitness Center, Clinical Evaluation Center, Fredric W. Smith Science Building, and many more buildings. The library, which would be one of the main places you will find yourself, has a 24/7 access center where you can study all you need. The fitness center has 24/7 access with a basketball court and many machines such as cardio machines and weights. Places like the fitness center are crucial while you are in medical school because it is such an amazing place to relieve stress and anxiety. Another quite interesting building is the Science Center where you will be in a full cadaver lab, dissecting a whole cadaver and learning every aspect of the human body.

After Daniel explained the location and the campus, going over admissions and questions were vital in the meeting. Mr. Seams went over classes that were required and recommended, MCAT requirements and deadlines. Ashley Toler gave us answers to questions about deciding whether medical school was right for us and if medical school is possible for people who are married or even have children.

Andrea, a second year medical school, gave us her perspective on how hard medical school really is. Deciding on going to medical school will be the biggest decision of your life, financially, physically, emotionally, as well as mentally. Nevertheless, talking to people who see it everyday helps make the decision that much easier.

SPRING POOL HOURS

(Pool will be closed for all home athletic events and holidays.)

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Moody mother nature

Kassie Shope
Staff Writer



By now we are all aware of how bizarre the weather is around here. One day it can be sunny and 60 degrees and the next it is 20 degrees and snowing. Many people are questioning why these drastic weather changes may be occurring. Some say it is because of global warming, others say it is just nature working its own course, and some even believe a conspiracy theory that says the federal government is controlling these insane weather changes. Whatever you may believe, we can all agree that it is definitely annoying and inconvenient for all of us.

Global warming is a fairly common weather theory that most people today are familiar with. The basic theory of global warming states that the earth is heating up based on the earth’s surface temperature increasing over the past few years. There are thousands of studies out there that attempt to prove that global warming exists and that it is getting worse as the years go by. Those who believe in global warming also believe that global warming is responsible for the severe melting of the polar ice caps in the Arctic Ocean. Many species of animals, plants and other wildlife are losing their homes and the specific environment that they are adapted to. If you believe in global warming and would like to help, there are several ways that you can do so. The main things that you can do are reduce, reuse

and recycle everything that you can and become more energy efficient.

Although many people all around the world are worried, many weather experts along with meteorologists say that this off the wall weather is nothing to worry about. According to the Weather Channel, two major factors are causing this weather: timing and location. They state that weather is a cyclical thing and these periods of inconsistent weather are normal. According to Discover Magazine, an unusual jet stream may be to blame for much of the current weather. The jet stream over North America affects climate patterns, the sea levels of many oceans and pressure differences across the globe. Although, this strange jet stream is severely affecting the weather right now, weather experts say that it is nothing to worry about.

Some extreme conspirators believe that the federal government has control over the weather. According to Natural News, this theory is not very far off. They state in their article that weather control is very possible through modern science and technology. In Abu Dubai, scientists have successfully manipulated entire weather systems in dramatic ways, so this theory actually hold some truth; however, no one is certain if this technology is used in the United States or not. Obviously there are many theories to consider when discussing this insane weather, but personally I would just advise you to check the weather every day and be prepared for anything.

LA manhunt comes to an end

Ashley Quinn
Section Editor/Staff Writer



Nine days after Christopher Dorner began his alleged killing spree in Los Angeles, California, law officials and their families could finally rest easy. Jon Kelly, writer for BBC News Los Angeles, summarizes the ordeal in his article, How a good police officer went rogue. Dorner, Kelly explains, was an upstanding citizen up until he was relieved from his duties as a Los Angeles police officer in 2008 for reportedly making false statements. Dorner was known by his friends and family as a warm, personable man who was quick to smile. His former college friend James Usera, who attended Southern Utah University with Dorner, describes him as, “this smart, good man. He was honest and thoughtful, he had a lot of integrity- he was a really likeable guy.”

Even Dorner himself was aware of the mismatch between his most recent actions and the man those around him knew so well. Kelly states that Dorner posted online a six thousand word manifesto in which he begins by explaining that those closest to him would be bewildered by his actions and that they would not be able to believe such things of the man they knew. Growing up, Kelly explains, Dorner was in an area that was less than one percent African American. He attended schools in which he was the only child of color and Dorner recalled getting into fights with peers who racially abused him. However, Kelly states, Dorner did not aspire to be what he describes as a “gangster rapper”. Instead, Dorner grew up dreaming of becoming a law official. To serve and protect those in need. Kelly describes Dorner’s life briefly, he joined the United States

Navy where he was a noted marksman and was commended for his abilities. Dorner also attended Southern Utah University and obtained a degree in political science before signing up for the police academy. However, Kelly relates that Dorner did not have the wonderful experience in the academy that he had during his Navy and college years. Dorner was in the middle of several incidences in the police academy, one of which resulted in him being suspended. Kelly explains that once Dorner was accused of punching another recruit in the face as well as discharging firearms and having a problem with authority. Ron Martinelli tells Kelly that he, “was surprised Dorner was even selected to be an officer.” Kelly goes on to summarize that Martinelli thought Dorner was a bad choice and that he should never have aspired to be a member of the law if he could not control himself. Unfortunately, circumstances did not seem to improve for Dorner concerning the LAPD; as before mentioned, he was relieved of his duties in 2008. Recent events, Kelly describes, are believed to be connected to his being fired. On February 3, 2013, Dorner allegedly killed the daughter of an ex-police chief and her fiancé as well as another officer. Three more members of the LAPD were injured and one more died in the siege that ended with Dorner’s death.



Community Service Opportunities:

Montgomery Community Garden

Community Work Days:
3rd Saturday of Every Month

For More Info

Email: Montgomerycommunitygardenwv@gmail.com

or

Call or Text: (304)228-1200

or

Add us on Facebook: [Mongomery Garden](#)

Radioactive waste

Ashley Quinn
Section Editor/Staff Writer



Hanford Nuclear Reservation is among the most radioactive sites in the United States. Korva Coleman of NPR News recounts in her recent article Nuclear Waste Seeping from Container in Hazardous Wash. State Facility, that there has been an escalation to a problem that began a few years ago at the plant. It was brought to the attention of Washington State Governor, Jay Inslee, that nuclear waste has been seeping from the holding tanks at an increased rate. Korva reports that Energy Secretary Steven Chu alerted Inslee to the problem and that the single shelled containment tanks are losing anywhere between 150 and 300 gallons of nuclear waste a year.

When asked about the status of the situation, Governor Inslee reported that, “Fortunately, there is no immediate health risk. The newly discovered leak may not hit the groundwater for many years, and we have a groundwater treatment system in place that provides a last defense for the river. However, the fact that this tank is one of the farthest from the river is not an excuse to delay. It is a call to act now.” Korva goes on to explain that there are currently 177 containment tanks at the Hanford Nuclear Reservation and of those, 149 of the tanks are single shelled just like the tank that is leaking.

The Hanford Nuclear Reservation was established in the 1940’s as a site to prepare plutonium for bombs, Korva states. The tanks themselves were built to last for approximately fifty years, Governor Inslee explains, which means that the containment units have already outlasted their expectancy for a little over twenty years. Korva describes that this is

a problem in several ways; the first is that the federal government has already spent billions of dollars and many years cleaning up the Hanford Reservation and protecting the Columbia River that is nearby. The second issue is that petitions to the Department of Energy to build new containment tanks to house the radioactive waste have fallen on deaf ears.

Anna King, a reporter for Northwest News Network, has been following the situation closely, Korva explains. King has spoken with activists in the area that believe that there is an immediate danger other than the breach in the containment system. If the Department of Energy is not going to build a new tank, where will the waste that is leaking out be stored? Korva explains that this fear is heightened by the impending deadline for the Sequester. If the federal government fails to reach an agreement concerning the spending cuts marked to take place on March 1, then Hanford could be in serious trouble. Korva mentions that Governor Inslee fears that with cuts to the program there would be layoffs at the nuclear reservation and possibly some of the works would have to cease all together. Inslee states that the combination of the sequester and the radioactive leak make for “the perfect radioactive storm.”



Procrastination from front page

find it easier to sit down and finish it before I take a break and move on to the next assignment. This might not work for you though, so try to find what does. When you finally find what works for you, you will be able to use it to your advantage when it comes down to the big assignments. Not everyone works at the same pace, so some people's ways will not work for others. Also, make sure that the work you plan to do will not be too much to handle. Once you have all this set, begin working and see if any of the tips in the following paragraphs are helpful. Another helpful piece of advice is to listen to music while working. If you have a hard time focusing without sound around you, this will fill in the void. Drinking water and eating mints are also said to increase effectiveness in students' grades. The next piece of advice I have for you is to work on the hardest parts first, then worry about the easy work later. This will

make the last part of your work less overwhelming. Working in groups to complete an assignment is another great tip. Try to set a time to work on homework between noon and evening, this is when you are the most aware. I have also heard that working out before studying can improve grades. This does not mean to wear yourself out before you study, just some light cardio. Work out just enough to get your heart rate up. If this does not work for you there are plenty of tips that can be found by talking to your counselor. Be sure to remember to reward yourself after you finish your assignments. I do not mean to go all out for a celebration, but something to make up for the time you used on studying and working. I know this saying is cliché, but you only live once so enjoy it as much as possible. Try to make the best of every situation and make up for lost time.



for more info e-mail tech-collegian.mail.wvu.edu



Vining Library Hours

Sunday:
12:30pm - 9pm

Monday-Thursday:
7:30am - 9pm

Friday:
7:30am - 4:30pm

Saturday:
Closed



A balancing act: The working college student

Andrea Joseph
Section Editor/Staff Writer



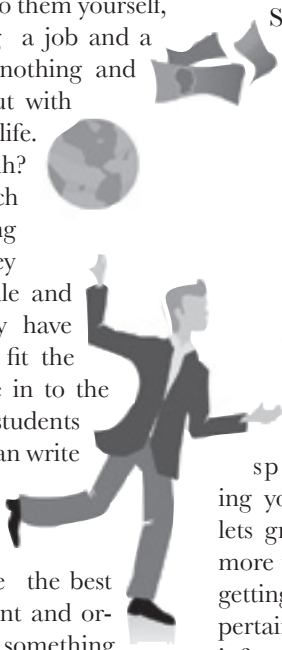
Many students that go to WVU Tech battle 18 hours of school and study their butts off. Nevertheless, many other students that attend WVU Tech balance not only 18 hours of school, but also either a part/full time job and sometimes more! So how do these students balance such strenuous schedules? Many things come into account when taking on such responsibilities. Thinking about getting a job on top of your education to make some side money? We will make sure to go through some pros and cons for you along the way.

Students that are balancing school and work have very tough schedules, but when you talk to them yourself, most will say balancing a job and a full time education is nothing and still have time to go out with friends and a have a life. Seems impossible, huh? Students balancing such a schedule have amazing time management. They have a set class schedule and work schedule, so they have good ideas on how to fit the other parts of their life in to the schedule. Most of these students have a planner so they can write in deadlines, days they have to work or important events they have to attend. Planners are the best tool to time management and organizing, and definitely something every student should own. I, myself, battle a strenuous schedule every semester. I currently am taking on

20 hours of school, 16 hours of work at a hospital, a job with the newspaper (obviously), and am also a very dedicated girlfriend with many friends. My main source of organization is a planner! That little book keeps my life in check every day, and everything that involves my life goes into it. Even though times can get tough and overwhelming, just remember that everyone that is close to you knows how much is on your plate and will help you to get around it. Students that battle these crazy schedules should get all the praise in the world.

If you are currently in school and wanting to get a job, it is a tough decision to make. Getting a job though, is something you should highly consider. Many graduate schools love to see students who have more to do than just study. They like to see students that are holding more on their plate than just school, such as a job, community service activities and clubs!

Some of the pros to having a job include: having more money, looks better on a resume and something other to do than school. A few cons to having a job are: it is overwhelming, more responsibilities and hard to balance with school. Even though at first a job can be stressful and overwhelming, getting a job will give you extra money to spend on whatever you want, allowing you to have some independence and lets graduate schools know that you have more to your life than just school! Consider getting an externship with a company that pertains to your major! You will be learning information you will need for the future as well as making money and having fun!



MATH TUTORIAL LAB Spring 2013					
Engineering Lab - Room 107					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00	Susan Barton				
9:00	Ranjith Munasinghe	Bing Yang	Ranjith Munasinghe	Bing Yang	J.T. Hird
10:00	Fred Cavalier	Chengmin Yang	Fred Cavalier		J.T. Hird
11:00					
12:00				Sue Barton	
1:00					Deb Chun
2:00	Chengmin Yang		Deb Chun		
3:00	Phil Redden		Phil Redden		

Tech Collegian's Tip of the Week

If you have a break between classes or free time in the evening, study the notes that you took that day in class. Try to do that every day for 15-30 minutes. It may not seem like much, but when you start to study for an exam it will be review rather than cramming. It will surprise you the difference it can make and how less overwhelming and stressful preparing for an exam will be once you commit this to being a regular habit.

What can we say? Students love his class! Featured class: Psychology

Joe Sherfey
Staff Writer



Psychology is a very interesting class, especially with Dr. Lieving. He adds a little humor to even the darkest parts of society.

When learning about the reasons we do what we do, there are a few things to keep in mind. The first is to remember that most of the statements in the textbook are theories or opinions. Even though they may only be partially right, it might still be on the test. The second is to pay attention to even the smallest details, because they will be addressed in the test or quiz. There is no denying his quizzes can be difficult, but studying the slides and reading the textbook will help. The third is to read your text book. If you do not read the textbook, there will be questions on the quiz you will not know. And there is a quiz once a week for the entire semester, so remember to stay prepared and ready for every quiz. Finally the fourth and final thing to remember is to try to enjoy the class. If you enjoy the class, you are more likely to pass.

Most people just take a class because they have to or because it is easy, but this class

is different. While it is required for some majors, it could also be helpful in everyday life. It can inform you of the problems in your life and help you find the answer. This class is not something you want to take regardless of what your major may be.

The class requires an interest in the subject and a basic understanding of what is going on in the world. There will be many topics covered, between DNA and its effect on humans and the reasons that people get addicted to certain drugs. The issues are covered almost in full and give a better understanding of what goes through some people's head. If you are interested in knowing why some people do what they do, then you should take this class. You will learn more and more about how the human mind functions and why we do what we do. You will also learn strange effects on the body from outside sources. One example can be how artificial lights can cause cancer and how it can mess up your sleeping pattern. But this is just one of the many things you will learn if you take the class. So if you are interested in topics such as these, sign up for the class next semester; you will thank yourself for it.

Test taking: Getting the upper hand

Lindsay McDowall
Staff Writer



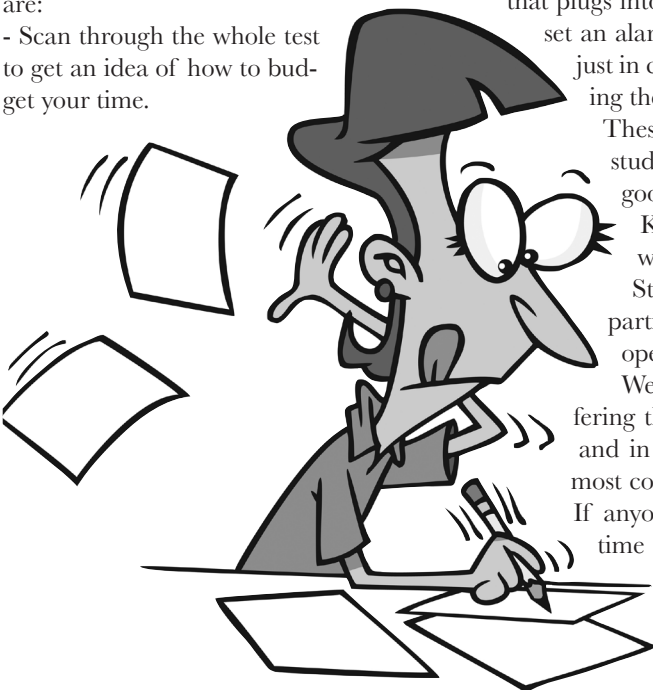
On February 12, 2013 at 5:30 p.m., Kitty Paulasky and Student Support Services hosted a workshop titled "Test Taking: Getting the Upper Hand." It was a workshop to help students learn good test taking skills and how to prepare for tests. There have been a few of these workshops over the course of the academic year.

"We did not have a very large crowd, but we talked about different steps for getting ready to take a test and taking different kinds of tests such as multiple choice, essay, True/False and fill in the blank," says Kitty. "We developed some new handouts to give students which are really helpful. One of the flyers is, 'Taking an Essay Exam', and on back of it is 'Multiple Choice Exam Check List.' The other new flyer is 'Test Taking' with many bullet points to consider during each of the steps from 'Before the Test' to 'In General.'"

Some important test taking tips are:

- Scan through the whole test to get an idea of how to budget your time.

- Do not spend a lot of time on a question that is hard. Get the easiest ones done first, and then use extra time to work on the harder problems. This way, you know you have done a good portion of the test.
 - If you have enough time, go through and do the test twice, especially if it is a math test. You will be more likely to catch mistakes if you rework all of the problems rather than quickly glancing over it just before you turn it in.
 - The day you know when your exam is the day you should start studying! Do not put off studying. As you get older, there is more information on your exams, and it is more complex. It will be harder to cram it all in your head a day or two before the exam.
 - "Well rested, well tested!" This old adage has been proved time and time again! Get at least seven hours of sleep before your exam – you will be focus and you will remember more.
 - Set multiple alarms the morning of your exam. If you use an alarm clock that plugs into the wall, make sure you set an alarm on your phone as well just in case the power surges during the night.
- These tips along with proper study habits will ensure a good grade on your exam!
- Kitty also adds, "These workshops are directed to Student Support Services participants, but they are open to all Tech students. We would be interested in offering these workshops at a time and in a place which would be most conducive to a good crowd. If anyone has suggestions about time or place, please contact Student Support Services at 442-3477."



Drop it like it's hot (classes that is)

Daniel Eisenberg
C.D./Section Editor/Staff Writer



The beginning of every semester proves time and time again that college is a pain in the ass that will grind into your back a bolt of homework and responsibility that will turn your hair gray through stress. During the first few weeks, you will realize what will be required for the class and the amount of work that will be loaded on top of your shoulders. The decision that then rests upon you is whether or not you want to endure this work load, or possibly put it off until another semester and try then once more to test your luck and give it another go.

Deciding whether or not to withdraw from a class can be a tough decision. Nobody wants to be a quitter and drop a class. This means that you completely wasted all the time you already spent in that class and have to do it again another semester, and "ain't nobody got time for that!" However, if you have fallen to far behind and do not see a possibly way to bring your grade up, then you may not want to spend any more time in that class because you will receive a failing grade anyway, and then a lot of time was wasted. You must decide if you are able to bring your grade up to one that you approve of, or to withdraw from

the class and try it again another semester, hopefully with a better start.

If you think that you are able to bring your grade up, then this is the best decision. You can apply for a tutor in the Student Support Services office on the third floor of Old Main and have a seasoned-veteran from the class spend time with you so that you can grasp the information better. If you decide that you do want to withdraw from a course, then it is not too late. You are permitted to officially withdraw from a class up until the Friday of the tenth week of class. So since classes started this year on January 14, you can withdraw from a class up until March 22.

In order to do this, you must get the okay from your advisor to make sure that you will still have the required amount of academic hours and that the course is not a prerequisite for another class that you must take for the following semester. If everything is kosher and your advisor gives you the go ahead, then you can continue with the process. This includes filling out a withdrawal form that your advisor must sign and turn it in to the office of the registrar. Remember, once this is done, you cannot go back, and make sure that you get a better start the next time you attempt the class.

Sometimes you fall behind and it is simply impossible to come out of the class at the end of the semester with a desired grade. There is no shame in calling it quits and trying it again another semester. Just make sure that you take advantage of your second chance and get a good start in the course.

History of President's Day

Kassie Shope
Staff Writer



President's Day, it is marked on our calendars and we sometimes get the day off from school or work in honor of it, but do most of us really know what the occasion is? Let us all just stop and think about it, how much do we actually know about the history of President's Day? Not much, right?

Well first of all, President's Day is always celebrated on the third Monday in February. Although many of us have a preconceived notion that President's Day was started to celebrate all presidents, it was not. President's Day began in 1796 when the nation's people begged George Washington to celebrate his birthday which was the February 22 and just so happened to fall on the third Monday of the month. The celebration of Washington's Birthday continued on for the next ninety years, until it was finally declared the first national holiday to honor a person by Congress in 1880.

Many people often question why we ever made George Washington's birthday a holiday in the first place. George Washington was the first leader of our country and considered to be one of the greatest leaders in American history. Washington was very active in the military in his early life, fighting in the primary battles of the French and Indian War as well as playing a major role in the entire American Revolution. Washington was later elected Commander in Chief of the Continental Army and fought in the war for six long years. In 1787, the Constitution was ratified and Washington was unanimously elected president. Throughout his presidency, Washing-

ton accomplished many amazing things in his two terms. Many historians would consider Washington to be one of the best presidents ever.

This holiday was celebrated every year up until 1968, when many Congressmen contemplated the idea of renaming the holiday to President's Day to include Abraham Lincoln's February 12 birthday. Lincoln's birthday was already considered a holiday in several states, although it was not recognized as a federal holiday. Abraham Lincoln was the 16th president of the United States and often, along with George Washington, considered to be one of the best leaders in United States history. Lincoln came from very humble beginnings, growing up in a log cabin in Hardin County, Kentucky. Lincoln began his political career in Illinois when he was elected to the state legislature in 1834. After working his way up the political ladder, Lincoln ran for president in 1860 and won. The majority of Lincoln's presidency was spent working through the Civil War and the complex process of total reconstruction afterwards. Abraham Lincoln was assassinated in 1865, leaving the nation shocked. Lincoln has since gone down in history as one of the best presidents to grace our nation, by historians and citizens alike.

When the federal holiday began in 1971, the name of President's Day quickly caught on in several large states and soon spread to the entire nation. However, it still was not considered a federal holiday until 1999 when a bill was passed to include the celebration of all Presidents as well as their achievements and accomplishments. It was then that President's Day became an official federal holiday. So this President's Day I hope we all tried and take a look back into history; just one moment to think about all of the presidents who have fought for our freedom, liberty and rights while sacrificing so much. I would say that alone is worth a national holiday.

GOLDEN BEAR SPORTS BRIEFS

MEN’S BASKETBALL

The men’s Golden Bear basketball team had four games in the first half of February before their senior night game against Central State University. Out of these four games, only one loss was added to the team’s record which was against Campbellsville University, 95-83. On February 6, the guys took on Southern Virginia University in the Baisi Center and walked out victorious 87-74. On the road against the Virginia University of Lynchburg, the Bears picked up another win with a score of 73-67. Battling again in the Baisi Center against Ohio Midwestern, the Bears had an 18 point lead after the half, but their opponents battled back to make it a one point game. Tension was thick but when the final buzzer blew the final score was 100-97 in Tech’s favor



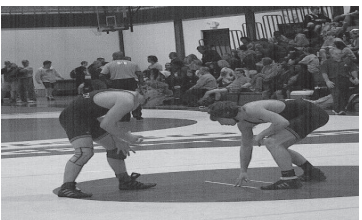
WOMEN’S BASKETBALL

The women’s basketball team played three games in the first half of February before senior night against Point Park University. The first game was against Notre Dame College and took place at home in the Baisi Center. After a tough fight and a battle for the ball, the final score ended up in Notre Dames favor 81-52. The second match took place on the 6th against the University of Rio Grande. This was an extremely close game that kept everyone on the edge of their seats and ended with the Golden Bears on top 76-75. The last game before senior night was against the Virginia University of Lynchburg on the 10th. This was a battle of defense but in the end, the Bears fell only three points short with a score of 55-52.



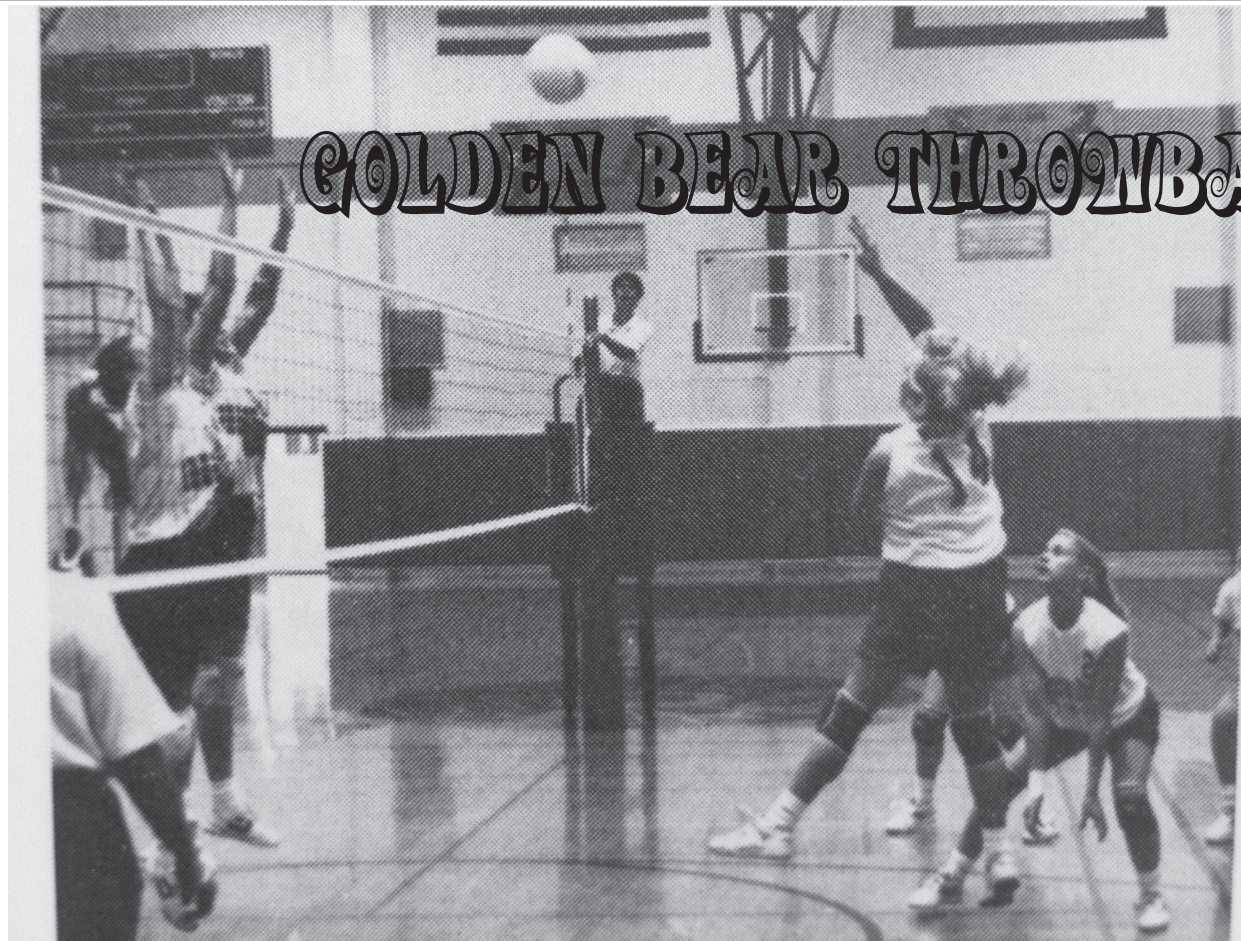
WRESTLING

The Golden Bear wrestling team had two dual tournaments that were held in the Baisi Center. The first of which was on February 8 and was against Southern Virginia University, the second was on the 13th against Ohio Valley University. With a score of 25-0, the Bears proved their dominance over SVU with pinfall victories going to Chance Smith and Conrad Lacey. Steve Hurt, John Walters and Dirk Ponchak won their divisions. The second dual was a bit closer in score, but Tech still walked out victoriously with a score of 22-21. Conrad Lacey and Chance Smith won their matches with a pin, while Dirk Ponchak won his match by decision.



SWIMMING

The men’s and women’s swimming teams traveled to Union College to show off their technique in the Appalachian Swimming Conference Championships on February 15- 17. The men’s team ended with an 8th place finish with 142 points. Freshman Jack Cavanagh led his team with a 5th place finish in the 400 yard individual medley and a 6th place finish in the 200 yard breaststroke. The women’s team was led by junior Frankie Hilbert who had a 2nd place finish in the 100 yard freestyle race. Her team finished in the 14th place spot.



GOLDEN BEAR THROWBACK



The Tech Collegian

Wants to Know what YOU think!

What happened on your worst Valentine’s Day?

email us as tech-collegian@mail.wvu.edu

USCAA rankings; Spectacular seniors

Daniel Eisenberg
C.D./Section Editor/Staff Writer



Two of the most dynamic sports teams here at Tech are the men's and women's basketball teams. During the winter months, the most exciting evening event that can be experienced on campus is to attend a game, and watch David Rawlinson steal a ball from an opponent, pass the ball to teammate Terrale Clark, and witness a dunk with authority, or watch Amy Gardener hit every three point shot from behind the line. Recently, both of these teams received national USCAA rankings.

The men's team received 7th place in the national poll and senior Rawlinson holds a few records. In the NAIA, he is in 3rd place for scoring and in second place for assists. He is also in sixth place for points per game which averaging 21.52. The women's team holds a 5th place spot in the USCAA. One of their seniors, Amber Tully, also reached the 1000 point club against Voorhees College on January 30.

The seniors of both teams are leaders on and off the court. "[Rawlinson] is a natural scorer, but also leads in assists, meaning that he can score the ball but can also pass it," says men's head coach Bob Williams. "He works on his game all the time. He goes to the gym or the weight room on his own year round and works on his game. Players that are good players at the college level are self-driven, and he does that. He is definitely deserving, and we are hoping that he garnishes the respect of being an all-American in the NAIA this year; but us being an Independent may hurt our players chances, but we won't know until the awards come out."

The other senior on the team is Terrale Clark, who hails from Columbus, Ohio. "Clark has been with us for all four years," continues Williams. "He is a great team ambassador. He keeps everyone in the loop in the summer and keeps in the loop with recruiting. While David is a great leader on

the court, Terrale is a great leader off the court or in the locker room or team bus. He is really unselfish. He's paid his dues during the past three years and is now a full time starter. He has improved tremendously every year and works on his game to further improve."

The women's basketball team has three seniors this year, and they all bring their talents to the court every game. Amber Tully, shooting guard from Mason County, WV, recently reached 1000 career points last month. "Doing some research," says women's head coach Jenna Everhart, "Amber is the first player to reach 1000 points since we moved to the NAIA, possibly the first in Tech history. Unfortunately we do not have all the stats from all past seasons, so we aren't sure about that. If she is not the first, then she is one of maybe two or three. She has been with us for four years and has really grown as a player. We also expect senior Amy Gardener to reach her 1000 point mark. To have two players reach 1000 points in one season, and have it never been done before, or have been more than a couple times, is pretty amazing. These two players are both ranked nationally and will help carry us into our AII tournament which we are hosting March 1-3. Our last senior on the team is Courtney Sturdivant. She is our leading scorer and leading rebounder on the season at 5'6. This makes her third season with us. Unfortunately, she had a lot of injury in her first two years with us and only played 12 games in two years. This has been her first full season and has done a great job leading the team on the perimeter."

Amazing players on both of these amazing teams makes every show they put on one that cannot be missed. We hope that everyone will mark their calendars and come support their Golden Bears during the AII tournament held in the Baisi Center on March 1-3.

Golden Bear Wrestling: NAIA East Regional Tourney

Ryan Stevens
Staff Writer



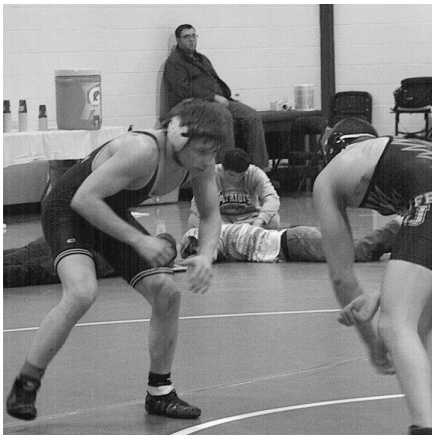
The East Regional Tournament is neither about who has the most skill nor about who placed higher than whom. All that matters is who has the most heart and how they will get better and grow day by day. This past weekend our wrestling team went to the regional tournament with intent to place and prove themselves.

Unfortunately, the team did not place as well as they wanted but definitely proved something to many peers around them. Fighting through match by match each wrestler Conrad Lacey, Dirk, Chance Smith, Al Yasin, and Jdub all made their own impact. Jdub took fifth place and made a mark for the whole team. The rest of the team won a few matches but just barely fell short of placing.

The one thing to remember though is not how many matches they won but how hard they fought and how much they wanted those wins. The wrestlers who had beaten our team just barely won their matches due to years of experience on the mat. The one thing that our team has over

all others is that we have the heart and determination to win. Any given wrestler can be beat on any given day, it is all about who has the will power to keep pushing forward.

With this said, the team does have the mentality to prove to the world that they are a force to be reckoned with. All that needs to happen next is to finally have what the team has been waiting for all season, a chance to wrestle at the National Tournament and qualify among many great wrestlers. Two weeks of training starts for these athletes as they make their way into the final showdown of the season.



MEET THE WVU TECH BASKETBALL SENIORS

An incredible thrill during a Golden Bear basketball game is to watch senior David Rawlinson steal a ball from the defender, skillfully dribble past another opponent, break away with incredibly speed and show off some hops by gracefully dunking the ball.

Rawlinson began playing basketball at the age of 4 years old in Law Vegas, Nevada. He is a point guard on the team and is a criminal justice major. After college, Rawlinson plans to continue his basketball career, whether that be overseas or in the NBA. "One inspiration to play is my cousin Ricky Clemons, who played for Missouri when I was in middle school," he says. "Another is just a true love and respect for the game I have developed."

"This season so far has taught me a lot about how to be a better player, point guard and leader," continues Rawlinson. "Teammates like Brandon Burgraff and Jaren Marino help me out daily with that. [As far as my stats go,] I have a general idea [what they are] this season but I try not to look at them and just keep playing so I don't get caught up in all those individual stats. I try to keep focused on our team goal of winning a national title."



Amber Tully
Hometown: Mason County, WV
Position: Shooting Guard
Major: Sports Management
Q: Why do you love basketball?

A: Basketball is my life basically it's all I've ever done my entire life.
Q: When and where did you start playing basketball?
A: I started playing in 4th grade, and I always would play out in the driveway with my older cousins since I could walk and it just turned into something I truly love and will always be involved in my life somehow.

Amy Gardner
Hometown: Medina, Ohio
Position: Shooting Guard
Major: Criminal Justice
Q: Why do you love basketball?

A: I love basketball because ever since I was little if I needed something to take my mind off school or any problem that I was having I would go play basketball and immediately forget about everything. When I'm on the court nothing else matters.
Q: When and where did you start playing basketball?



To anyone who has made the trip to the Baisi Center to watch the Golden Bear basketball team play, one of your favorite parts of the game is watching number 24 Terrale Clark sail jump up, catch the basketball in mid-air and slam it down into the basket, putting 2 more points up on the scoreboard.

T. Clark hails from Columbus Ohio and started playing basketball when he was 7. He plays shooting guard and small forward and plans to continue his basketball career overseas after this season is over. If that does not work out, he has his sports management degree to fall back on. "I'm also thinking about going into coaching," says Clark, "I think I will be good at coaching."

Currently, Clark is averaging 15 points per game and 6 rebounds, and is only 125 points shy from reaching the 1000 point mark. "It's being a good year for us," continues Clark. "We are 15-10 and 2nd in the AII. We have really come together as team. I think I had a great career here at Tech. I want to thank Coach Williams for bringing me into the Tech family. I appreciate everything he done for me. If I had to do it all over again I would do it the same way."

Courtney Sturdivant
Hometown: New Haven, CT
Position: Shooting Guard
Major: Borad if Regions.
Q: Why do you love basketball?



A: I love basketball because it sets me free from all the negativity around me and I just love how it makes me feel to win and make people feel good around me.
Q: When and where did you start playing basketball?
A: I started going to this basketball camp called CT Shoot-out when I was like 6 and I always played with kids older than me; doing that made me get better each day so I grew a passion for the game.
Q: Who inspires you to play basketball?
A: My grandma inspired me, she always said I could do whatever I put my mind to do so I listened and now I'm doing what I love the most.

A: I started playing basketball with my brothers when I was as little as 5 years old. I officially started in the 3rd grade for my CYO team at my grade school.
Q: Who inspires you to play basketball?
A: My brothers and cousin Joe inspired me to start playing because they would play every single day out in the driveway. I looked up to my cousin because he was very good and I wanted to be as good as he was. They would always let me play and teach me things about the game even when I was very little

Tourney from front page

former member of the Mid-South conference, but withdrew with the sole intention of become an NAIA independent. Once that decision was made, we were automatically added to the A.I.I. association.

There are only six schools that are in the Division I A.I.I association, and they will all battle it out in the Baisi Center to see who can take the crown of being tournament champions. The schools participating are Morris College, California State University San Marcos, WVU Tech, Voorhees College, Allen University and Robert Morris College. All these schools are bringing both their men's and women's teams to Montgomery. The seeds are not set in stone just yet, so we do not quite know when Tech's teams will play, but when they do, sweat will drip from their foreheads and hearts will be put on the line. The challenge for our men's team and what will go down as a great game in Tech history will be against CSU San Marcos who has a 21-4 record on the season thus far. For our women, the team with the best record as it stands is Voorhees College, which we already defeated during the regular season.

"This is a postseason NAIA tournament that has a grand prize of an automatic bid to the NAIA national tournament," says Frank Pergolizzi, Tech's athletic Director. "This is a big deal. If there wasn't an automatic bid, I'm not sure if the tournament would even happen. If you don't get an automatic bid, you have to qualify as an at large team. This means that you don't get a bid from a conference, and have to be picked based on your merit. This is very competitive and very difficult and it is highly unlikely that any team from this tournament would get chosen. Because the winner receives an automatic bid and because it is on our campus and in our own gym makes it a big deal for our teams."

Men's head basketball coach Bob Williams also has some words to say about the tournament. "It's going to be pretty exciting," he says. "For us to host a post season event on our campus is huge. It's a big advantage for our team and it's exciting for the community and the campus to have an event of this magnitude in town.

There will be games all day Friday and Saturday and then the championship games on Sunday. We are really excited about that."

Jenna Everhart, the women's head coach also added, "The winner of the tournament goes to Frankfort to the national tournament, and that's our ultimate goal."

If you wish to get involved with this event and help out with the tournament, several volunteers are needed. This is a great way to show that you are a supporter of your home team and that you are willing to lend a hand and be a part of the action. Volunteers are needed to be ticket takers, concessions workers, referee greeters, team greeters, team hosts, gymnasium workers and others. There needs to be a person to show the teams and the referees where to go and where the locker rooms are. Also, there are a variety of jobs that need to be performed inside the gym during play. If you wish to be a part of the action and help out in any way, call the athletic department at 304-442-3121 and tell them what position you wish to volunteer for.

This is a big event for the little town of Montgomery. Twelve basketball teams from across the country will be in the Baisi Center showing off their skills and talents, and everyone should get out of their rooms to go support. If you are a student here at Tech, you technically already paid to go considering that you already paid your student activity fee, so attending this game is free. "It's not very often that we have that many people come into town," says Everhart, "and it would be cool to have a lot of our students there to support."

Paint your body, grab your foam fingers, put on your favorite Tech shirt and bring your friends to the Baisi Center while your school team takes the court and tries to walk out with a National tournament bid. Let's give our team an extreme home court advantage by filling the stands and applauding our blue and gold soldiers as they do what they were born to do. See you there!

Pink Out basketball game

Kassie Shope
Staff Writer



On Wednesday February 6, 2013, WVU Tech held basketball games in support of breast cancer awareness. The gym was decorated in everything and anything pink; streamers, balloons, signs and even the net hanging from the basket. The Tech Cheerleaders were there to cheer on both teams wearing pink breast cancer awareness shirts. The lady Golden Bears were up first in the 5:30 p.m. game against the Univer-

sity of Rio Grande Red Storm. The ladies came out onto the floor dressed in their pink uniforms and matching tennis shoes. The game was very competitive right from the start. Within just a few minutes of the first half, the lady Golden Bears took the lead with a score of 19-14. By halftime, the score was 40-26 with the lady Golden Bears leading.

Throughout the second half the Rio Grande Red Storm was still behind, but they began gaining on Tech. With just a few seconds left in the game the lady Golden Bears had the lead with a score of 67-65 until Rio Grande evened up the score with only 21 seconds remaining. Just when the crowd was getting nervous, senior Tech scored again sending the game into overtime.

In the last seconds of overtime, senior Amy Gardner made the winning shot with just two short seconds remaining on the clock. This win moves the lady Golden Bears to 12-12 for the season. The Pink Out game was a great event overall. Between the win of the lady Golden Bears and all the money and awareness raised for breast cancer, I would say this was a winning situation for everyone involved.



How to establish a good workout routine

Ryan Stevens
Staff Writer



College is probably one of the most difficult and life changing experiences in anyone's life. Those very students tend to let certain aspects of their life suffer. The most important of those changes is that of everyone's very own personal health and workout regimen. Keeping up with work, school and staying in shape can be very difficult especially for full time students. In this article we will be showing the everyday college student/athlete how to stay in shape and manage a healthy life style.

The very first step into creating a more healthy and realistic lifestyle is that of managing your stress. Most college students let school work stress them out to a point where they do not feel like they have time to work out or their energy is too low. To achieve relieving that stress, finding ways to control headaches and hard times is key. In most cases people who workout or find some way to exercise tend to be happier with their lives.

Now you may be asking, well what kind of work out or exercise does that point to? The answer is very simple. Creating a good sweat and making sure that you feel good coming out of a workout will slowly begin to improve your performance as an individual. As well, keep in mind that when you do workout you will have to have a rest day to let your body recover. Your workout weeks, if you create one, should be something as shown here: Monday workout, Tuesday workout, Wednesday rest, and

Thursday workout, then choosing one extra day to either work on cardio or an area you feel you are most weak. To concur, the majority of people who schedule workout periods tend to be more positive and do well in school.

The next steps to include are as follows: Creating a calendar to keep track of school and workouts, making appropriate time for studying, and pushing yourself to not quit. Creating a calendar is fairly simple. Take all the times you need to do school work, then find out where you have free time and fill in the appropriate time slots to workout. The main focus of this exercise is to keep true to your workout and not make excuses to just stop. Once you have the main calendar, the next concern of many individuals is that they do not have much time to study for tests. When preparing for tests make sure to start studying at least, at minimum, a week before the test. The longer you wait the more stress will build up. As well, it is critical that you get your workouts in early if the time you chose beforehand would interfere with school work.

College is the reason that you will get a job out of school, that always comes first, but not being active can cause a negative effect on test performance and cause you to have unnecessary stress in your life. Keeping control of your activities each day keeps your mind and your abilities to succeed intact. Knowing your limits but also pushing yourself to be the best that you can be shows exactly who you are to everyone around you. Influence your friends and family to do the things that you strive to do. Having more people in your life to help motivate you will give you the edge that most people do not have. Stay fit. Stay healthy. Most of all, stay focused.



I was late for class because...

- ...my suitemates were drunk this weekend and one of them left the water running until I got back on Monday morning. It flooded our entire suite and I have been dealing with idiots and housing.
- ...I fell asleep in the shower.
- ...A townie wouldn't stop talking to me.
- ...I got caught by the train. (When there was no train.)
- ...I got stuck behind a coal truck going really slow on Route 61 between Oak Hill and Montgomery.
- ...My phone died, meaning my alarm clock.
- ...my life is a compulsory manifestation of Murphy's Law.
- ...I set my alarm for P.M. instead of A.M.
- ...I was answering the call of nature.
- ...my car would not start so I had to call a cab.
- ...I left my keys in my house and my door locked right behind me.
- ...the guy in-front of me had his swag on.
- ...I was just trying to look cool with a red bandanna tied around my arm when some dudes started chasing me and pelting me with nerf-guns yelling "Zombie"!!!
- ...I was in a meeting.
- ...I was drinking at Mexican...
- ...I had to climb the mountain of stares in-front of Old Main.
- ...NO PARKING SPACES!



GRIN AND BEAR IT! GOLD STARS FOR EVERYONE!



Ashley Quinn
Section Editor/Staff Writer



We have all heard for years now that the Chinese are overtaking Americans on just about everything; economic growth, education, you name it and it seems as though they are doing it better. In my opinion, education is the biggest issue. It seems as though any time education is in the news it is something negative. The drop-out rates are growing, the standardized test scores are falling and teachers are being overworked and under paid. Very rarely is education highlighted in a positive manner. And yet, while the United States students are doing worse, the best and the brightest from countries like China are being sent here to further their secondary education. This is an extreme disconnect from my point of view. What is it about the American education system that is holding back our primary education?

If I had to pick one single thing, I would say humanism. For those of you that do not know, the Humanistic movement began in the 1970's with psychologists Carl Rogers and others like Abraham Maslow as a response to the Freudian and Behaviorism movements of earlier years. Humanism embraced a practice known as "self-actualization" that I still do not quite understand. Any time I read about Humanism all I see are some floral, pretty words such as, "love yourself, seek your highest potential, be happy and you can do anything"...blah, blah, blah. Perhaps this is an unfair view, but it is what it is.

At any rate, as the years went by, this practice began to be introduced into education. Students had to "feel good" about themselves in order to do well. I am

sure everyone remembers at some point in their early education years receiving a gold star for something cute that you did, or maybe you had a card system and you had a green card if you were a good boy or girl. Yay for you! Sadly, as harmless as it sounds, it is practices such as these that began to crumble the foundations of great education.

And that is not to say that I believe teachers are doing a horrible job of teaching. I had some amazing teachers growing up who shaped me in wonderful ways. However, I do believe that teachers are confined to a system, and a flawed system at that.

The focus of education has been shifted from boosting up the extraordinary to patting everyone on the back for giving it a go. Do not get me wrong, everyone loves to feel good about what they do. Understandable. But when a student who comes to class every day, does their homework, gets A's on all their tests and is an overall exemplary student is held to the same standards as Little Suzie who sleeps half the day and barely gets by, there is a problem.

This is where I view Humanism as having a negative impact on education. It was introduced that everyone was to have a happy, wonderful learning environment where nothing bad ever happened and everyone learned to their maximum ability. What is something that makes everyone feel bad? Failing. No one likes to fail. It is a horrendous feeling, knowing that what you have done is not good enough. Of course no

student wants that. So, remove that horrible stigma and half the battle is won. Students are swept along this happy course in which they are encouraged and applauded for dismal effort and achievement, because to tell them they failed would be to ruin their happy bubble and therefore hinder their learning capabilities.

And of course this trend caught on. So now all little kids were going home and telling their mommies and daddies what a lovely time they had at school, that the teacher gave them a little gold star. However, Little Sally got a gold star too and she is the best and brightest in the class. So here we find ourselves, two children at two complete different levels with gold stars. To a child this appears as equality, and apparently parents view it this way too. Yay my baby brought home a gold star! The brightest kid in the class got one, but so did my baby! So that means everyone is amazing and a winner.

This sort of nonsensical thing goes on and on and becomes the norm. Everyone is happy, everyone is getting gold stars and life is great. However, there are starting to be ripples of discontent. One day a little boy or girl comes home without their gold star. But how could this be?! They always get a gold star. And because they always come home with a gold star it could obviously not be the child's doing, it must be the teacher! That horrid lady must not have taught the subject right; my baby brings home gold stars and could not possibly have done a bad job on their own. It must be that the teacher cannot teach!

And so the terrible downward spiral had begun. If a teacher did not make all students feel exemplary they were a bad teacher who could not teach, but if they singled out a student who was doing a fantastic job they were playing favorites. The American education system found itself in a catch-22 situation that it still has not been able to dig itself out of.

The response to this situation has been to level the playing field, as it were. Just lower the standards that are expected of all students so that everyone is able to make it in under the bar. Unfortunately, this is holding the exceptional students back. Due to this flawed system, it is possible that the truly gifted are not being pushed and are therefore not accomplishing all that they could. As horrible as it sounds, that is why some educational stereotypes exist. "Oh, all Asians are so smart." Yes, well, the Asian education system is much different and does not cater to everyone's feelings and instead focuses on ability.

So, the only way I can see that this situation can ever be resolved is to step on toes. It is all right and understandable that everyone has different circumstances and different levels of ability. Everyone should be encouraged, but at a level that is appropriate for their situation. It is only when we stop holding back the excellent and pushing through the less fortunate without truly teaching them that America will be able to once again lay claim to a higher standard of education.



- Yay:** Career fair
- Nay:** Midterms
- Yay:** Cancelled classes!
- Yay:** Cheap V-day candy
- Yay:** Ravens win!
- Nay:** Bipolar Mother Nature
- Nay:** Runny noses
- Yay:** Pay day!
- Nay:** Unhelpful people
- Yay:** Live Epic Rap Battles
- Yay:** Turning 22!
- Nay:** Broken elevators
- Yay:** Montgomery community gardens
- Nay:** Being late
- Yay:** The Charleston Comedy club

Senate proposes gas tax increase

Jordan Hill
Staff Writer



Are you ready to pay even more at the pump when gasoline is nearing \$4.00 per gallon? Ready or not, it will likely happen if the Democratic leadership in the State Senate gets their way. "We need to have enough money to fix the roads," said Jeff Kessler, State Senate President, "And if it means raising the gas tax a penny or whatever to get it done, I truly believe most folks won't mind paying it." Maybe he wouldn't mind because the state generously compensates him for traveling fees to the capitol; although I would, along with many other West Virginians.

West Virginia currently has the fourth highest gas tax in the United States at 34 cents per gallon, 15 cents higher than the national average. The gas tax already went up this year alone from last year's legislative action coming down from the state legislature. The question is, when do the tax increases stop? Maybe some didn't mind it last time and maybe they don't mind it this time, but what about the time after that, or the time after that. It eventually adds up.

Higher prices at the pump in West Virginia have caused many people in the tri-state area to fill up in border states where it is cheaper. WSAZ reported about a woman named Madi-

son Brown who lives in Lawrence County, Ohio, but works in Huntington. "Usually you can find a good deal in Ohio, maybe about twenty cents cheaper...It's never that big of a difference in West Virginia, she said. "It's cheaper than really anywhere else. I only get gas in West Virginia if I have to, if I'm close to empty."

Republican and conservative politicians were quick to criticize Senator Kessler for his proposal. He was the talk of the day on Twitter when the news came to light. Senator Kessler may want to think long and hard about the political ramifications of pushing a hike in the gas tax. Some may recall the contentious State Senate race between Chris Walters and Joshua Martin last year. Martin had personal skeletons that hurt his campaign, but Walters hit him hard for his alleged support of a hike in the gas tax via a campaign commercial. Martin claimed he never supported rais-



ing the fuel tax and tried to do some damage control by doing a "robocall" denying the allegations and calling Walters a liar. In the end it did not seem to help. Walters won the seat and now serves the 8th Senate District.

If gas prices were cheaper, the people may not mind hiking the tax a few cents to pay for road repairs, but the idea is not popular at this point in time when many are jobless or working for very little. They understand that there has to be a way to pay for the road construction, but they also have to be able to afford to get to work.

The idea of reevaluating how tax dollars are spent must not be dismissed. West Virginia is well known for its centralized government, and with a centralized government comes an expensive government. Possibly with reforms in other areas, money saved can be moved into the transportation fund. The problem with that idea is that the word "reform" is rarely heard in the West Virginia State House. Even if it is heard, it is hardly ever taken seriously.



Everyone is in my bubble!

Lindsay McDowall
Staff Writer



Everyone knows that Tech is like a small family. Everyone knows everyone and support for others is rampant across the campus. We laugh together, cry together and celebrate together, just like a real family. But we all know that one problem that every family has... no privacy whatsoever, no matter how hard you try.

One of Tech's biggest selling points to potential students is its size. This year we started out with just over 1100 students attending Tech. With such a small campus, everyone generally knows everyone. You pass the same people to class every day, you can recognize who lives in your building and you know most everyone in your major. But because Tech's campus is so small and everyone knows each other, it is hard to get away with anything on this campus. Did you get a new boyfriend? Did you get hammered at the fraternity party? Are you fighting with your teammates? Everyone will know by morning!

Brittany Doran, sophomore Civil Engineering Major, comments on the size of campus saying, "I like that it's a small campus because everyone knows pretty much everyone. I don't like the fact that bad news travels fast but I do like when good news travels fast."

This can be both a good thing and a bad thing. The good part is that if something important happens, like a school closing or a big event you can guarantee most of the campus will know fast. If something great happens, like the Men's Soccer Team going to the national tournament, they can know that they will have an enormous amount of support for them that will even follow them across the country. However, the down side is that

everyone seems to know your personal business, and occasionally they know things about you that you did not even know!

Carla Woods, junior Criminal Justice Major, said, "I love the small campus because everyone knows everyone, but I hate that word spreads so quickly and within a day's time the whole campus knows and usually it's not correct information."

Brittany Smith, freshman Criminal Justice Major, expressed the same sentiment, saying, "I like the small campus it brings everyone together, and the fact that news travels fast can be a good thing, but along with the negative things can also spread quickly. The positive usually outweighs the bad though."

I do see all the ups and downs of the issue, but I personally do not like everyone knowing my business all the time. I do love that Tech is a little family, but sometimes I wish I could be in a bad mood or breakup with someone without the entire world knowing in two seconds. It reminds me very much of high school, especially when people stoop to creating petty rumors just to pass their time.

The only way to stop such a spread of information is for everyone to stop gossiping and just mind their own business. However, we all know that will never happen! So for now, let us just be the little loving dysfunctional family that we are. The family that laughs together, cries together, celebrates together, and talks about each other 24/7!



Live Together from front page

room? Who will pay the rent/utilities? Are we both financially ready for such a big commitment? What will both of our parents think? If we do move in, how fast will we get married? All of these questions come into play when thinking about moving in with someone.

Financial problems will surely come up, as well as privacy problems and other many important topics. According to Women's Health Magazine, studies show that only 40 percent of couples were married after living together for five to seven years. Living together is a major step in your life because you are not only starting a complete life with a totally different person, you are making an investment of some sort together whether it be a rental or owning. Next, let us jot down a few pros and cons.

PROS

- more time together
- big step in your relationship
- higher chance of getting married
- more overall emotional support
- getting to know someone more

CONS

- less privacy time
- big financial commitment

- no wedding date set in stone
- getting to know someone too much
- bigger chance of splitting up when it becomes too much

Overall, the pros and cons weigh out the same, but that is a rather short list and just the tip of the iceberg. I spoke with a girl who would like to remain anonymous that attends WVU TECH; she lives with her fiancé and is currently in nursing school while he works in the mines. She said, "I think it helps you really get to know that person, and if you will be able to live with them once you get married." They have been living together for over year, and are going strong. They have their differences and they struggle, but because they are not married, each still have financial support from their parental figures.

Many people have big opinions on the matter, but personally I think living together should wait until marriage. Staying 4 out of 7 nights a week with someone is okay, but moving every bit of dust into a new place should wait. If you move in and do everything before marriage, what is left? You are now married and nothing has changed which is a reason for fewer cohabiting couples tend to get married after living together. Whatever you decide to do, just communicate and love like crazy.

dear sophia

Dear Sophia,

I want to do something fun with my boyfriend over spring break. I know it is a long time away, but we need to start planning and saving in advance. Any cheap ideas close by?

Sincerely,
Carried Away Couple

Dear Carried Away Couple,

You guys are very lucky you live in a state with such a wide variety of attractions, and that neighbors some pretty awesome states with amazing amenities. If you are trying to stay in state and just go on a day trip, take a trip towards Gauley Bridge and go zip-lining across the Appalachian Mountains. It runs around \$100 per person but the experience is well worth the money. Make sure to stop by a little restaurant to try some homemade West Virginia cooking. If you are looking to spend a little more money and stay away for a few days you could either spend a few days up in Cincinnati and tour many attractions such as visiting the Zoo, going to a concert and also shopping at some amazing stores. Do not forget that the night life is awesome too. Also, there are some amazingly cheap, all inclusive cruises available in the Caribbean. One set cost and you will have the time of your life. Look on the internet and you will find so many options to spend your spring break while relaxing from the stresses of school.

Yours truly,
Sophia

Dear Sophia,

I have gained the freshman 15. I never thought I would gain weight, but now I am starting to see it and my self confidence is going down. What do I do?

Sincerely,
Fat Freshman

Dear Fat Freshman,

First off, you are not FAT. Try a different word like fabulous. Just because you put on a few pounds does not change the amazing person you are inside and out. You have not changed, but I can understand why you might be getting self conscious. It is easy to take off those few pounds, so just do a few things. Watch your food, such as limiting yourself to nothing but water and only one sweet a day. Do not take elevators or short cuts, just stairs. With being so young, our metabolism is still fast so take advantage of it and build yours back up! Just take a little more responsibility with what you put in your mouth, and what you do on a normal day. Try and get more active and before you know it, you will be back to the beautiful person you are.

Yours truly,
Sophia

Write to Sophia
at tech-collegian@mail.wvu.edu

Searching for answers to life's questions?

Featured Golden Bear Alumni: Tiffany White

Daniel Eisenberg
C.D./Section Editor/Staff Writer



The next chapter in the collection of alumni updates is one that is about a certain individual who spent a lot of their time in the Ordorff building, which is the building that specializes in science. Personally, I try to avoid this building, because the entire concept of science blows my mind and leaves me in a daze about what nature has done and can do, and I would much rather stay in the COBE building studying laws and law concepts. This particular alumna, however, thrived in the science building at Tech, and walked across the stage in the gymnasium with a degree in two different areas of science.

Tiffany White began her studies at Tech in the fall of 2007 as a business major. However, after only one week of study, she decided that she wanted a different degree, and switched her major to Biology. Diving into the mitochondria and photosynthesis lectures, Miss White enjoyed her new program of study. After two years of learning about living organisms, she decided to add another major to her curriculum, thus adding even more science to her daily life. Psychology was added to the Biology and the study of the mental functions and behaviors became intertwined with the living organisms that were already studied, thus making this particular person very knowledgeable.

On top of all of the studies that are required for a double major to succeed, Miss White went above and beyond

and even left a mark on Tech. “I started a Pilates class while I was at Tech, and I really enjoyed instructing classes with students and staff.” My old housemate at Tech was a former student of the class, and he always enjoyed going and learning the moves that were taught.

Miss White received her diploma and walked across the stage of the probably over heated gymnasium in the spring of 2011. This was only four short years after enrolling at the college, and after completing two courses of study. It takes other students five years to reach only one degree, and Miss White was able to get two in only four years. This is an incredibly impressive achievement. Upon graduating, times did not slow down, and Miss White jumped into the action by working for an independent consultant in the field of psychology. Currently she works as a substitute teach for the Clay County school system. She teaches any and all subjects from grades pre-k all the way up to high school. Having two degrees in two difficult courses of study gives a person all the education they need to be able to teach other subjects. Having that knowledge allows a person to pick up on other subjects and be a master of all trades, instead of simply knowing only one topic. In the fall, Miss White will begin attending medical school, which she has already been accepted to.

Montgomery has its effect on people. A lot of people hate the town with a burning passion of a thousand suns while they are enrolled to go to classes here, but upon graduating and

moving out of town, begin to miss the sound of the train whistle at night and walk up the stairs to get to class or to get food. This causes them to make visits back to the school, to think back about the times they used to have. Miss White is no exception. She likes to go back and visit her old professors and friends. Things have changed since she left, however. “There have been quite a few changes since I left,” she says. “There have been changes within the faculty--a lot of new faces. I’ve had to say good-bye to some really great professors since I’ve left. Co-Ed and the football program are now gone, and campus also got a facelift with new roads and the pool is now operating.”

College is a special time for a lot of people. It is a place to meet new people, learn new knowledge and set the cornerstone of life as it is to follow. Always keep in mind when you are in college that when times get tough, there is a light at the end of the tunnel and determination will prevail and allow you to succeed, thus leading you to a successful and happy life



How was
your
V-day?

“It went wonderful! My boyfriend made me a homemade dinner, and then the next night we went out to dinner. He got me flowers and chocolate and we watched two movies together.”
-Mary Cunningham

“It went okay.” -Tori Bragg

“Well we’re going out so hopefully it’ll go good!”
-Madison Neal

“Very interesting and unique.”
-Brittany Alcorn

“Amazing! I got a Delta Kappa Theta cookie and a flower from Sigma Pi.”
-Taylor Miltenberger

“I didn’t get any nasty chocolate – that’s a plus. I’m not used to celebrating Valentine’s Day since it’s not a big holiday in Germany, but it’s my parents’ anniversary so I called them and wished them a happy anniversary.”

-Monika Becker

“Dwight and I set the fire alarms off in Maclin trying to make chocolate covered strawberries for our Valentine’s Day. It was great!”
-Jenn Lyons

National RA Appreciation Day

Lindsay McDowall
Staff Writer



National RA Appreciation Day falls on February 20 this year. This holiday is held each year on the third Wednesday of February, and was created to recognize RAs for all that they do to help keep their universities and colleges running smoothly. Here at Tech, there are two sets of RAs – Maclin RAs and Ratliff RAs.

To be an RA, you first must have an overall GPA of at least 2.70. Then you fill out an application, which includes essays such as why you think you would make a good RA. Next, you have two interviews. One with either Mike Sheldon or Emily Sands (depending on the building you applied for), and another in a group. In your group session, your teamwork skills are evaluated.

If you are chosen to be an RA, you have to come to school in August, a week and a half before everyone else, to go through training. You will learn how to communicate, teamwork and how to handle different situations. You sit through presentations on drug and alcohol abuse, sexual assault and safe zone training. You have to go through your entire hall and fill out the room condition reports, two for each room. You have to create door

decorations for each person that will be living on your hallway, and create your first bulletin board that will later be changed once a month. You have to help run new student orientation, as well as help check in students as they move in.

Once the school year officially starts, you will have to balance your schoolwork, your extracurriculars and your RA duties. Your RA duties will include doing your bulletin boards, attending staff meetings and other required events and your special duties (i.e., hall council advisor, staff development, wellness). You also have to schedule seven programs per semester – four social programs, one academic, one community service, one wellness, and one cultural/diversity. Occasionally you will have to deal with parties in the residence halls, but most often someone has just locked themselves out. Which sounds easy...until someone is knocking on your door at two in the morning needing to be let in their room.

Being an RA is by no means an easy task. You are supposed to serve as a role model for all students, and the very best is expected out of you. Most of our RAs here on campus are athletes, meaning that their schedules are full to begin with. Other RAs are leaders elsewhere on campus rather than just in the residence halls. For example, Jordan Brooksher, Ratliff RA, is the captain of

the soccer team and active member of SAB. Lindsay McDowall, Ratliff RA, is the president of Alpha Sigma Tau Sorority. But above all, all our RAs look out for all of their residents, making sure that if they go out they come back safe or that they have someone to talk to when they need it.

If you see your RA, thank them. Without them, you would not get your packages, you would not get let in your room when you lock yourself out and you would not have someone looking out for you. Thank them for all that they do, and will continue to do, no matter how much you may berate them, make fun of them or how much trouble you cause.

Maclin RAs
Hayley Pauley – Ground Floor
Rami Shamout – 1st Floor
Tyler Fabian – 1st Floor
Patrick Kinser – 2nd Floor
Craig Mitchell – 2nd Floor
Jacki Wood – 3rd Floor
Edson Borja – 3rd Floor

Ratliff RAs
Jordan Brooksher – SAB Representative, 1st Floor
LS Wang – 1st Floor
Lindsay McDowall – 1st Floor
Mary Cunningham – 2nd Floor
Neal Edwards – 3rd Floor
Monika Becker – 3rd Floor



What college students *really* want to know: How to make a drinking mug

Daniel Eisenberg
C.D./Section Editor/Staff Writer



Whenever the sensation of thirst enters your body, the natural reaction is to grab a bottle of beverage and put the bottom up, thus forming a whirlpool effect downward using gravity and funneling the liquid down your throat. This procedure is performed probably numerous times daily by basically every student on campus. The next time you wish to quench your dying thirst, wouldn't it be amazing if you had a large drinking mug that you made with your own bare hands that has character and possibly a set of wings that extend out of the sides? Surely, this is every person's fantasy.

When wanting to make such an item, I believe that material of choice should be clay, which will turn into ceramic once finished. This will allow a person to mold the substance into any shape you want, and therefore create the character desired, and possibly the incredible wings that were spoken of earlier. Clay is basically just dirt and water. If you combine the right ration of dirt and water, a thick mud will result and is perfect for molding into the desired shapes. As ceramics instructor Randy Yoho says, "If you imagine what it felt like to pick up a cat turd and squeeze it...that is about the consistency you want your clay to be. By the way, I've never squeezed a cat turd; I can just imagine that that is a good comparison."

Once you have your clay at a good thickness, you must wedge it. This involves simply smashing the clay into itself, thus thickening it, and eliminating any air bubbles that may be inside it. To make a giant mug, you will need a very large ball of clay, and wedging said clay may take numerous minutes to ensure all the air bubbles are out of it. If you were to finish your project and there were air

still in the clay, it may explode when it is in the kiln, the super oven that bakes the art.

After I wedged my clay, I rolled it into a sheet using a rolling pin until it was a large round sheet about a half inch thick. I then cut it into a square and rolled one end to the other and used slip to "glue" the two ends together, thus making a cylinder. Slip is just very wet clay that is used whenever putting two pieces of clay together. I then cut out a bottom for the mug and used slip to connect it to one end of the cylinder. The next step was to make a handle. I got a good sized ball of clay and began rolling it into a coil. I rolled it out until it was the right length and about an inch in diameter. I then connected the top and bottom of the coil to the top and bottom of my mug, and put a curve in it that I thought looked like a good handle.

Next, I found a picture of a wing online and printed it out and traced it into a slab of clay. I followed this same procedure again so that I had two wings, and connected them to the side of my mug and extending out to touch my handle. I then smoothed out the edges to make it appear as though the wings were simply coming out of the mug. The next thing to do is let the art piece dry so that it can be fired in the kiln. The first fire will be at about 1650 degrees and is called the bisk fire. After the bisk fire, the clay will be ceramic and is ready to be glazed. Glaze is essentially liquid glass that is used to paint a piece of ceramic. Once it is painted, it is fired again at about 2150 degrees. After this fire, your art piece is finished.

Now the next time I have a quenching thirst, I will pour my delicious liquid energy into my one of a kind ceramic flying mug and drink it down with pride knowing that my fantasy of owning and using such item has come true.

in the absence of the real or imagined threat. Pines continues to explain that jealousy is a fostered reaction and is in agreement with Dr. Firestone in that the pattern of jealousy is established early in life regarding attachment styles.

The research suggests, states Pines, that women are more jealous over emotional infidelity while men are more jealous over sexual infidelity and that jealousy is an issue for more than one third of married couples. Pines explains research by Levy and Kelly in which it was found that people with a dismissing attachment style are more likely to be upset by sexual infidelity (including women). Men of this attachment style, explains Pine, are more likely to resort to violence when presented with real or perceived evidence of infidelity of their romantic partner. Levy and Kelly go on to report that people who were of a secure attachment style were more likely to be upset by emotional infidelity (including men). Levy and Kelly explain that with dismissing attachment and jealousy there is an elevated risk of domestic violence and possibly that scenario can be averted if secure attachment can be promoted in children.

How to nix the winter blues

Kassie Shope
Staff Writer



Are you feeling down because of the cold weather? Are you counting down the days until warmer weather and no school? Then keep reading because this article is for you! I have several tips on how to get rid of these blues and get back your happiness. Now if you are feeling down do not get upset, you are definitely not alone. Research by psychologists has shown that this is very common in humans and there is actually a named disorder for it. It is called Seasonal Affective Disorder. People with SAD are experiencing more than just winter blues, they are experiencing a form of clinical depression that starts around fall or winter when the days get shorter and leaves in spring or summer when the days begin to get longer.

According to Kelly Rohan, Ph.D, associate professor of psychology at University of Vermont, SAD affects about 14 million people and about 14 percent of adults struggle with these winter time blues. Individuals with SAD experience a variety of physical, emotional and cognitive symptoms. Their ability to think decreases drastically especially in the work place, they experience decreased concentration, lack of motivation, inability to complete tasks, as well as many other symptoms. Physical symptoms can be lack of or trouble sleeping, fatigue, increase in appetite, loss of interest in once enjoyed

activities and diminished sex drive. In order to treat SAD, light cognitive behavioral therapy and antidepressants are typically used. Some studies show that light therapy can help in a huge way because it may remind the person of summer or just make them feel much more energized.

Although SAD is a valid and treatable psychological disorder, just because you are a little sad and feeling droop during the winter does not mean that you should freak out and diagnose yourself. Almost all of us feel a little down during the winter. I am not really sure why, it probably has a lot to do with the weather and the dreariness of everyday life. However, I have severally tips on how to help cheer you up and make you feel like you are in the middle of summer.

If you are feeling lazy and out of shape, you would be amazed at how much better exercise might make you feel. Go to a gym and run on the treadmill, go to an indoor sports court and play basketball, tennis or volleyball, or even go to an indoor pool if you really want to get in the spirit of summer. If you are a girl, you can do many simple inexpensive things to cheer yourself up. Going to the tanning bed, changing your hair color or even painting your nails a fresh summer color can really lift your mood. If you are a guy you could go play football or baseball with friends, build something you can use in the summer or even try out a new hobby. Just find something that makes you happy and makes your stress go away and you will be well on your way to eliminating your winter blues.

Cooking with Chef Sherfey

Joe Sherfey
Staff Writer



Chicken and Dumplings

Ingredients:

- 7 pounds of cut up chicken pieces
- 4 cups of chicken stock
- 2 chopped onions
- 3 stalks of chopped celery
- 3 teaspoons of salt
- 1 egg
- 1/4 cup of milk
- 1 and a half cups of all-purpose flour
- 1 and a half teaspoons of baking powder
- 2 tablespoons of unsalted butter
- 2 tablespoons of chopped fresh parsley
- 1 cup of water
- Half a teaspoon of ground black pepper

Directions:

Place chicken pieces in a large pot and then add the onion, chicken stock, celery and 3 teaspoons of the salt. Put the heat on medium low and simmer only partially covered for 15-20 minutes. Beat together the egg and milk in a large mixing bowl. Add the flour, remaining salt and baking powder and mix. Cut the butter and add it to the flour mixture until the mixture is powder-like. Add one tablespoon of the parsley and mix.

In six large spoonfuls, drop the dumpling mixture over the simmering chicken. Cover the pot and let it simmer for 10 minutes more. Then remove chicken and dumplings to a large serving bowl. Cover the dish and set it

aside. Strain the stock left in the pot, pressing out any leftover vegetable juice. Now return the stock to the pot. Combine water with the remaining flour and stir into the strained stock. Bring the dish to a boil, while stirring constantly. Finally return the chicken and dumplings to the pot and prepare to feast.

http://allrecipes.com/recipe/old-fashioned-chicken-and-dumplings/detail.aspx?event8=1&prop24=SR_Title&el1=chicken%20and%20dumplings&c8=Quick%2Search&event10=1&el3=A%3aSearch%20Results-List%28control%29&c7=Home%20Page

Buttered Biscuits

Ingredients:

- 2 cups of all-purpose flour
- 2 teaspoons of baking powder
- A half a teaspoon of salt
- 4 tablespoons of butter
- 3/4 cup of milk

Directions:

First add baking powder and salt and sift. Then slice the butter and mix with the salt and flour. Now add the milk gradually, stirring slowly. Add only enough milk to bring the flour together in a soft ball. Turn the mix onto a floured surface and knead it carefully, just enough to incorporate all the milk. Now gently pat the dough into a half-inch tall layer. Handle the dough as little as possible so the biscuits will be tender. Then cut the dough into squares and place in a buttered pan. Bake for 12-15 minutes at 400 degrees. Once they have finished baking, feel free to add shredded cheese or any other special ingredients to the batch and enjoy with your meal.

Jealousy from front page

in her?" Dr. Firestone continues that for women this question then develops into further self-deprecating thoughts such as "she is much thinner/prettier/more successful than I am." Unfortunately, women who feel as though their relationship is threatened by another woman have the tendency to develop unfavorable behaviors like going through text messages and emails, being overly critical of all relationships, and forbidding their boyfriend/husband/lover from having any friends that are of the opposite sex; all of which can culminate in a self-fulfilling prophesy and ruin the relationship.

A.M. Pines, in an article published in Psychology Today, also explains the beginnings of jealousy. In everyday language, Pines describes jealousy as being closely tied to the potential loss of something you hold most dear. Or in other words, if you have something or someone that is very important to you the threat of that person being taken away from you will evoke very strong feelings of jealousy. This extends itself into two types of jealousy according to Pine; normal jealousy and delusional jealousy. Normal jealousy is based on a real threat to a relationship while delusional jealousy is based upon either a real or perceived threat and persists even

Saving the World

Ryan Stevens
Staff Writer



Recently in Saving the World:

After meeting with the girl Jason had such hard feelings for, he suddenly realized how crazy his beloved town was becoming. The memory of a man bashing his head against a wall and muttering to him what seemed to be that of a fallen angel or worse. Barely escaping the crazed man, Jason sets off to sleep where, in his dreams, he is taken to a unfamiliar place starring up at a spectacle unknown to him.

Saving the World Part Three - The Beast Rises

Dark ancient walls creaking, echoing throughout each hallway, had given Jax the creeps since he had been there. He had woken up a few hours ago covered in his own blood, hurting from head to toe and was tied high on a cross suspended over some kind of ditch. Jax had no recollection of where he had been or what had grabbed him back at the park on his daily morning runs. Everything was a blur but none of that mattered now.

He watched as a group of people dressed in long robes slowly walked and circled around him. The lights dimmed and everything was dark and deceiving. Out of nowhere a sharp piercing cry flew from his mouth as a small dagger went into his side labeled with some demonic lettering. They began speaking in different tongues chanting louder and louder as they began to continuously stab Jax over and over until his body had become numb and his heart faint of several beats. Suddenly his body fell into the ditch which he soon realized was a pool of his own blood and several other poor souls sadly caught by these inhuman people.

Everything seemed hopeless but the blood had soon started to levitate off the ground circling him. He could hear a voice faintly in the background getting closer to him each second he stood there. Now the voice was clear and Jax was cowering in fear. "I am the right hand of hell, you cannot push me away for I am your god, and you my vessel to destroy this inferior world." Jax was thrown abruptly into the air and taken over by the evil being destroying anything left of his human nature. Dark bloody eyes stared blankly at the sky laughing hysterically to the non-

existence of the light inside his new tomb.

Back to reality:

Jason awoke abruptly shaking and sweating not knowing what he had just witnessed. A man just like him being stabbed and taken over by a demonic being. The crazy man was right, Jason thought to himself. The question he had left to ask himself was who exactly is this being? What does it want? Most of all, how am I a part of all of this?

A few knocks came from the background of what seemed like Jason's door. When he answered he saw two fairly large, muscular police officers staring down at him. "Are you Jason?" the police officer asked.

"Yes, that is me, did I do something wrong officers?" asked Jason.

"I'm sorry but may we come in, we have some news for you," said the second officer.

"Sure come on in," Jason replied.

"We know that you may not be aware of this yet, Jason, but we do not know how to tell you this so we will just skip the small talk. We were investigating many unseen cases of missing peoples and we came across some information relevant to your life. We found evidence that your father, by blood, is still alive and living in the state as well."

Jason had no clue how to react to this information. He was angry and pissed off, but knew that if it was not for these two men, he would never have even known he had a father.

"Where can I find him?" Jason asked.

The officers began to speak more slowly; "You may find your father in a research facility in a place called The Devil's Circle. The place is located about two hundred miles away from this location."

"Thank you for this," said Jason.

The police officer's finally got up and began to walk out of the door. Suddenly, a bang came from down the hall and the first officer outside of the door dropped with blood gushing from the hole in his head. The second officer began to pull his gun and was shot down, this time more concentrated and speedy shots ranged from his neck to the center of his chest. Jason ran and dove for the gun under his pillow laying on the far end of his bed, waiting for whatever or whoever was coming for him. God only knew what would come of this next riot.

UPCOMING ENTERTAINMENT

EVENT: LITTLE BIG TOWN CONCERT
WHEN: MARCH 1ST AT 8PM
WHERE: KEITH ALBEE THEATER IN HUNTINGTON
TICKET PRICE: \$50-\$80

EVENT: HABLEM GLOBETROTTERS
WHEN: MARCH 5TH AT 7PM
WHERE: CHARLESTON CIVIC CENTER
TICKET PRICE: \$20

EVENT: CARRIE UNDERWOOD CONCERT
WHEN: MAY 8TH AT 7:30PM
WHERE: CHARLESTON CIVIC CENTER
TICKET PRICE: \$43-\$63

EVENT: BINGLING BROTHERS BARNUM AND BAILEY CIRCUS
WHEN: APRIL 24TH-28TH
WHERE: CHARLESTON CIVIC CENTER
TICKET PRICE: \$15-\$85

EVENT: DISNEY ON ICE
WHEN: FEBRUARY 21ST-24TH
WHERE: CHARLESTON CIVIC CENTER
TICKET PRICE: \$20-\$45

Featured product: Origami Owl

Andrea Joseph
Section Editor/Staff Writer



Origami Owl is the newest, hottest fashion statement in the industry. Origami Owl was founded in 2010 by a 14 year old girl named Bella, who was just trying to raise enough money to buy a car for her 16th birthday. Little did she know, the business ended up being an amazing hit and is now booming!

Origami Owl is a high end jewelry product where you pick out a necklace with a locket that includes small charms and plates inside. The charms can fit any of your likes and/or hobbies such as birthstones, faith, food, travel, hobbies, occupations, sororities and so much more! Origami Owl is designed to show exactly who you are, in every way!

Prices that these necklaces run are more than reasonable. Necklaces run around \$20, lockets around \$25, plates run around \$7, dangles around

\$10 and each charm is only \$5! Origami Owl parties are happening all over the nation and these clever necklaces are ending up on thousands of women everywhere! So next time if you need something special to give to a special woman in your life, think of Origami Owl and personalize it to show exactly who they are!



Movie Review: "Identity Thief"

Kassie Shope
Staff Writer



I am sure most of you all have seen the previews for the brand new movie, Identity Thief. It stars the hilarious Melissa McCarthy as well as actor Jason Bateman. McCarthy plays a colorful woman who lives the good life by stealing the identities of others and making duplicates of their credit cards. Bateman who plays an accountant living in Denver, Colorado, begins receiving mysterious phone calls saying that his credit card is being used in Winter Park, Florida. Once Sandy is arrested due to Diana (McCarthy) having a warrant out for her arrest under Sandy's name, his boss warns him that they may have to let him go. Sandy makes a deal with the local police and his boss that he will go find this woman and

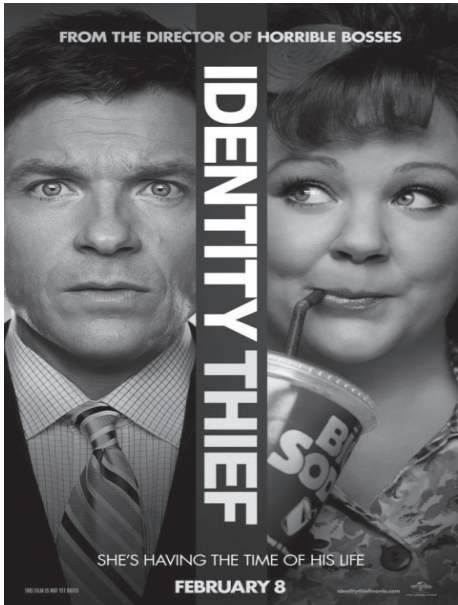
bring her back so he can keep his job and get his life back to normal. His boss gives him one week to accomplish the mission, so he sets out to find the woman who stole his identity.

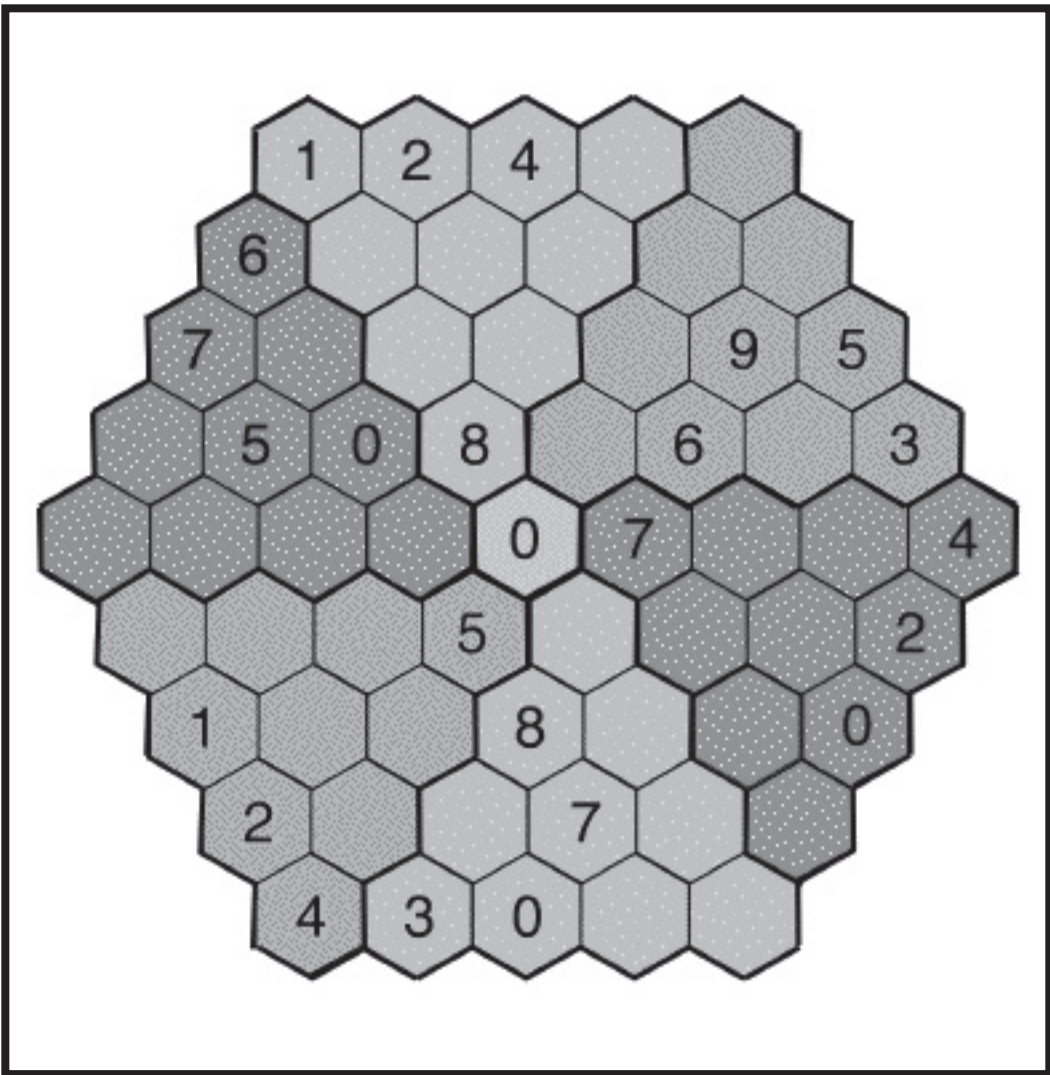
A call from a hair salon in Winter Park, Florida tipped off Sandy on where Diana would be the following day so he goes there and waits for her to come outside. Once on the highway, Sandy rear ends Diana and confronts her about stealing his identity. She then traps him in her car and steals his rental car. Sandy manages to find a piece of paper with her address on it and goes to her house. When he gets there, he and Diana barely get to talk before two members of a gang show up telling Diana to come out because one of the credit cards she made for them got busted. She tries to stall them, but they shoot through the door. It is then when Diana decides that she has no other

choice but to go with Sandy right then if she wants to stay alive. They jump in the rental car and speed away.

They soon discover that they will not be able to get on a plane like they have originally planned because the airport security would probably get suspicious of their matching names. They reluctantly decide to make the long drive from Florida to Colorado. Along the way they encounter many interesting people and many interesting events. In the end, Diana ends up turning herself in to the police even though Sandy has no plans of turning her in. She is then sent to a federal prison where she can be paroled after three years with good behavior. Sandy, his wife and kids become friends with Diana and visit her often in prison. Although it is a really funny movie, it teaches the important lessons of understanding and forgiveness. So if you are

looking for a movie that will make you laugh and warm your heart, then go see Identity Thief. I promise you will not regret it!





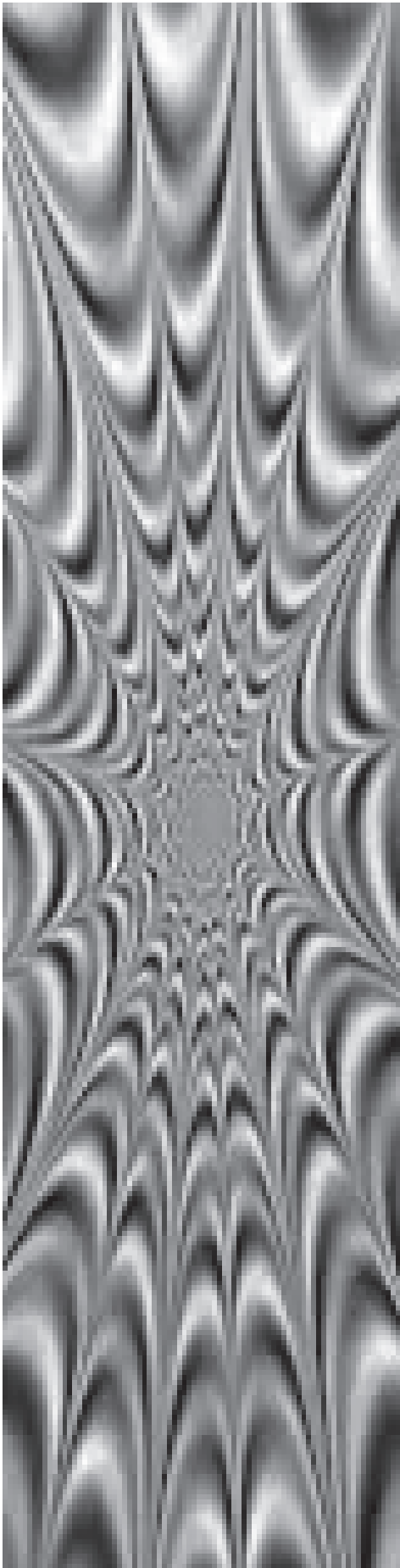
Songs of the Week

Staff Favorites

- 1.) "Some Nights"
fun.
- 2.) "Say My Name"
Destiny's Child
- 3.) "Go Rest High On That Mountain"
Vince Gill
- 4.) "Waving Flag"
K'aan
- 5.) "C'mon"
Kesh'a
- 6.) "Let's Have a Kiki"
The Glee Cast ft. Rachel Burdette
- 7.) "More"
Usher

Collegian's To-Do List

- Visit Hawk's Nest
- Work for the Collegian
- Go Greek!
- Climb Tech Mountain
- Play intramurals
- Go to the rope swing
- Get a tan on top of a Tech building
- Visit the Mystery Hole
- Read the history of Tech book
- Have a conversation with Gordon
- Make something at the Pottery Place
- Hug all the lunch ladies
- Have pizza with the Dean
- Work for the Collegian
- Chat with Cantrell Miller
- Shoot pool at Benny's
- Eat Potamkin's eggrolls



"The real failure is the one from which we learn nothing."
-John Powell

Your Weekly Horoscope

Aquarius- Spring is approaching and many people are waiting for break. They are hoping they can get that break they so long for. Maybe you will be able to get that week off for vacation from your job. You have plenty of vacation time that you saved up. Too bad that girl who always has a way of getting under your skin has already taken that week off. She must have done something horrible to the boss or maybe just asked a few weeks ahead of time. Either way, you are going to be pretty upset with the outcome and spread lies and rumors about her.

Pisces- So your significant other has decided it would be great to take a cruise for a few weeks and bring you along. With everything planned and set to go, one minor detail has been left out. You forgot your camera... I mean it would not be a problem if it was not for the fact that you were planning to make a scrapbook. You only have ten minutes to get back to the house and hope you do not miss the cruise or just forget the camera. The funny thing is that if you go for the camera, I am not going to tell you if you will miss your boat.

Aries- Today will be an average day, except for the random stalker you might run into. If you find yourself in this situation, just ignore them. They will eventually leave... with or without using the chloroform in their back pocket. But other than that it will be an average day.

Taurus- A New Year has begun and it is time you show that you are sticking to your resolution. You promised to exercise every day and stay in shape. Many obstacles will come your way this week such as chocolate, extra food and that day off. You might feel like sleeping in and say, "Oh, it is just one day, I can work out tomorrow."

But then you will say that more and more until you quit. Will you rise to the challenge or gain weight and lose a few steps?

Gemini- School is starting to take its toll on your life and you need a break. There is no waiting for one either; you need it now. You pack your bags to spend some time to yourself in your hometown. As you get your bags packed though, your phone rings. It is your friend in Louisiana, and she asks if you can come see her. After a change of a few minor details (like your destination and how long to stay) you get on a plane to leave. Should be fun, especially since Mardi Gras is coming up, but a word of advice; stay away from the bottles they throw to the crowd.

Cancer- You have seen so much snow recently that you do not care if you see it ever again. Little do you know that a blizzard is approaching and will cover all of West Virginia. I am sorry for your luck, but that is my prediction.

Leo- Not everyone is enjoying the weather like you are. Cool mornings are freezing to everyone else and you cannot help but enjoy the cold weather. Good thing that a blizzard is coming soon. I am sure that you will enjoy the snow. You will be able to go sledding and build snowmen. Not everyone will enjoy it, but the few like you will join in on the fun.

Virgo- This semester is sure to bring some things into perspective. Everything will change before your eyes, like a blanket was pulled over your face the entire time. Just know everything will be fine in the end. Even though your best friend might betray you, another friend will move in. This one will be a better friend than the last, but she too will betray you. Eventually you will begin to think that you are the problem. But that cannot be the reason. You are a kind,

compassionate person that only talks about people behind their back when they deserve it. So do not worry, I am sure they are the problem.

Libra- Today is a new day and presents a new opportunity. Your friend seems to have come into money and is willing to share some with you. Today could be a great day, with a few thousand dollars to do you through college, life is going well. Just do not let the money get to your head and go on a big shopping spree. That money will only last so long... But that friend will be around for a while.

Scorpio- You and a few friends decided to take a camping trip. It will be a good time to spend fishing and telling ghost stories around a camp fire. Not many bears are spotted around this area, so it should not be too dangerous. But bears will not be the problem on this trip. Raccoons will get into all your food and ruin your plans. At least you will get to spend a few days having fun.

Sagittarius- Seems like everyone has plans for spring break except for you. I guess watching "The Walking Dead" is close enough. But still, you are going to stay home watching television all week. I am sure you will get up every now and then to get food, but other than that, I doubt you will move.

Capricorn- March is approaching soon and warm weather with it. What will the day hold of Saint Patty's Day? Will you have luck, like the Irish? Or bad luck from the mirrors you break? One way or another, the day will be special. It will be anything but casual. So for those that believe in luck: be prepared for this day. It may very well be the best in some way. Or the worst you will ever have. So beware and be prepared.